

|  | Vidar Benjaminse | 37.56 | +0.00 | 2.07 | (1) | 5.31 | (1) | 2.11 | (1) | 1.06 | (1) | 3.04 | (1) | 1.50 | (1) | 7.30 | (1) | 0.41 | (1) | 3.05 | (9) | 2.42 | (3) | 2.35 | (1) | 99 | (1) | . 08 | (21) | 17 | (7) | ar Benjaminsen |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Lillomarka OL |  |  | 2.07 | (1) | 7.38 | (1) | 9.49 | (1) | 10.55 | (1) | 13.59 | (1) | 15.49 | (1) | 23.19 | (1) | 24.00 | (1) | 27.05 | (1) | 29.47 | (1) | 32.22 | (1) | 35.31 | (1) | 37.39 | (1) | 37.56 | (1) | Lillomarka OL |
| 2 | Øystein Holo | 39.10 | +1.14 | 2.07 | (1) | 6.14 | (2) | 2.16 | (2) | 1.09 | (4) | 3.20 | (2) | 2.31 | (8) | 7.40 | (2) | 0.57 | (4) | 2.36 | (1) | 2.40 | (2) | 2.43 | (2) | 3.23 | (4) | 1.19 | (1) | 0.15 | (1) | Øystein Holo |
|  | Fossum IF |  |  | 2.07 | (1) | 8.21 | (2) | 10.37 | (2) | 11.46 | (2) | 15.06 | (2) | 17.37 | (2) | 25.17 | (2) | 26.14 | (2) | 28.50 | (2) | 31.30 | (2) | 34.13 | (2) | 37.36 | (2) | 38.55 | (2) | 39.10 | (2) | Fossum IF |
| 3 | Lars Krüger | 43.19 | +5.23 | 2.18 | (4) | 7.08 | (4) | 2.39 | (3) | 1.14 | (7) | 3.50 | (7) | 2.39 | (10) | 8.29 | (5) | 1.05 | (8) | 3.18 | (12) | 2.39 | (1) | 2.59 | (5) | 3.24 | (5) | 1.21 | (3) | 0.16 | (2) | Lars Krüger |
|  | Nydalens S |  |  | 2.18 | (4) | 9.26 | (3) | 12.05 | (3) | 13.19 | (3) | 17.09 | (3) | 19.48 | (3) | 28.17 | (3) | 29.22 | (3) | 32.40 | (3) | 35.19 | (3) | 38.18 | (3) | 41.42 | (3) | 43.03 | (3) | 43.19 | (3) | Nydalens SK |
| 4 | Jo Wiklun | 45.33 | +7.37 | 26 | (6) | 7.07 | (3) | 3.2 | (11) | 1.16 | (8) | 3.38 | (5) | 2.25 | (4) | 9.10 | (8) | 0.58 | (5) | 3.01 | (7) | 3.20 | (7) | 3.15 | (10) | 3.33 | (7) | 1.37 | (12) | 0.20 | (17) | Jo Wiklund |
|  | Nydalens SK |  |  | 2.26 | (6) | 9.33 | (5) | 13.00 | (5) | 14.16 | (5) | 17.54 | (4) | 20.19 | (4) | 29.29 | (5) | 30.27 | (5) | 33.28 | (5) | 36.48 | (4) | 40.03 | (4) | 43.36 | (4) | 45.13 | (4) | 45.33 | (4) | Nydalens SK |
| 5 | Borge Pedersen | 45.42 | +7.46 | 2.47 | (13) | 7.24 | (7) | 3.40 | (13) | 1.21 | (13) | 3.46 | (6) | 2.48 | (13) | 8.54 | (7) | 1.11 | (9) | 2.52 | (3) | 3.06 | (4) | 3.03 | (7) | 3.11 | (2) | 1.22 | (4) | 0.17 | (7) | Borge Pedersen |
|  | Nydalens SK |  |  | 2.47 | (13) | 10.11 | (9) | 13.51 | (9) | 15.12 | (9) | 18.58 | (6) | 21.46 | (6) | 30.40 | (7) | 31.51 | (7) | 34.43 | (7) | 37.49 | (7) | 40.52 | (6) | 44.03 | (5) | 45.25 | (5) | 45.42 | (5) | Nydalens SK |
|  | Øystein Østerman | 46.17 | +8.21 | 2.40 |  | 7.30 | (9) | 3.11 | (8) | 1.06 | (1) | 3.57 | (8) | 2.25 | (4) | 8.11 | (4) | 0.56 | (3) | 3.00 | (5) | 4.45 | (19) | 3.23 | (12) | 3.18 | (3) | 1.36 | (11) | 0.19 | (13) | Øystein Østermann |
|  | Heming Orientering |  |  | 2.40 | (10) | 10.10 | (8) | 13.21 | (7) | 14.27 | (7) | 18.24 | (5) | 20.49 | (5) | 29.00 | (4) | 29.56 | (4) | 32.56 | (4) | 37.41 | (5) | 41.04 | (7) | 44.22 | (6) | 45.58 | (6) | 46.17 |  | Heming Orientering |
| 6 | Guttorm L Egge | 46.17 | +8.21 | 2.15 | (3) | 7.23 | (6) | 2.52 | (4) | 1.37 | (18) | 5.00 | (15) | 2.43 | (11) | 8.32 | (6) | 0.58 | (5) | 3.00 | (5) | 3.25 | (10) | 2.56 | (4) | 3.58 | (12) | 1.22 | (4) | 0.16 | (2) | Guttorm L Egge |
|  | Oslostudentenes IK |  |  | 2.15 | (3) | 9.38 | (6) | 12.30 | (4) | 14.07 | (4) | 19.07 | (8) | 21.50 | (7) | 30.22 | (6) | 31.20 | (6) | 34.20 | (6) | 37.45 | (6) | 40.41 | (5) | 44.39 | (7) | 46.01 | (7) | 46.17 | (6) | Oslostudentenes |
| 8 | Knut Edvard Helland | 46.38 | +8.42 | 2.34 | (8) | 7.37 | (10) | 2.59 | (6) | 1.07 | (3) | 4.42 | (14) | 2.57 | (16) | 9.20 | (12) | 0.51 | (2) | 2.43 | (2) | 3.30 | (13) | 3.03 | (7) | 3.32 | (6) | 1.24 | (6) | 0.19 | (13) | Knut Edvard Helland |
|  | Østmarka OK |  |  | 2.34 | (8) | 10.11 | (9) | 13.10 | (6) | 14.17 | (6) | 18.59 | (7) | 21.56 | (8) | 31.16 | (8) | 32.07 | (8) | 34.50 | (8) | 38.20 | (8) | 41.23 | (8) | 44.55 | (8) | 46.19 | (8) | 46.38 | (8) | Østmarka OK |
| 9 | Knut Erling Øen | 47.05 | +9.09 | 2.28 | (7) | 7.26 | (8) | 6.11 | (20) | 1.17 | (11) | 4.13 | (10) | 2.18 | (2) | 7.50 | (3) | 1.13 | (11) | 3.08 | (10) |  | (4) | 2.44 | (3) | 3.35 | (8) | 1.20 | (2) | 0.16 | (2) | Knut Erling Øen |
|  | Heming Orientering |  |  | 2.28 | (7) | 9.54 | (7) | 16.05 | (13) | 17.22 | (13) | 21.35 | (12) | 23.53 | (12) | 31.43 | (10) | 32.56 | (10) | 36.04 | (10) | 39.10 | (10) | 41.54 | (9) | 45.29 | (9) | 46.49 | (9) | 47.05 | (9) | Heming Orientering |
| 10 | Egil Eide | 47.32 | +9.36 | 2.37 | (9) | 8.22 | (12) | 4.07 | (14) | 18 | (12) | 3.34 | (4) | 2.30 | (7) | 9.12 | (9) | 1.03 | (7) | 2.53 | (4) | 3.20 | (7) | 3.12 | (9) | 3.35 | (8) | 1.33 | (9) | 0.16 | (2) | Egil Eide |
|  | IL Tyrving |  |  | 2.37 | (9) | 10.59 | (12) | 15.06 | (11) | 16.24 | (11) | 19.58 | (10) | 22.28 | (11) | 31.40 | (9) | 32.43 | (9) | 35.36 | (9) | 38.56 | (9) | 42.08 | (10) | 45.43 | (10) | 47.16 |  | 47.32 |  | IL Tyrving |
| 11 | Lasse Arne | 49.16 | +11.20 |  | (13) | 9.02 | (13) | 2.56 | (5) | 1.11 | (5) | 4.06 | (9) | 2.19 | (3) | 9.35 | (14) | 2.00 | (18) | 3.04 | (8) | 3.23 | (9) | 3.02 | (6) | 3.42 | (10) | 1.51 | (15) | 0.18 | (11) | Lasse Arne |
|  | Heming Orientering |  |  | 2.47 | (13) | 11.49 | (13) | 14.45 | (10) | 15.56 | (10) | 20.02 | (11) | 22.21 | (10) | 31.56 | (11) | 33.56 | (12) | 37.00 | (11) | 40.23 | (11) | 43.25 | (11) | 47.07 | (11) | 48.58 | (11) | 49.16 | (11) | Heming Orientering |
| 12 | Terje Melsom | 50.31 | +12.35 | 2.41 | (11) | 7.55 | (11) | 3.08 | (7) | 1.16 | (8) | 4.19 | (11) | 2.55 | (14) | 9.57 | (15) | 1.26 | (15) | 3.25 | (14) | 3.25 | (10) | 3.40 | (14) | 4.34 | (17) | 1.31 | (7) | 0.19 | (13) | Terje Melsom |
|  | Fossum IF |  |  | 2.41 | (11) | 10.36 | (11) | 13.44 | (8) | 15.00 | (8) | 19.19 | (9) | 22.14 | (9) | 32.11 | (12) | 33.37 | (11) | 37.02 | (12) | 40.27 | (12) | 44.07 | (12) | 48.41 | (12) | 50.12 | (12) | 50.31 | (12) | Fossum IF |
| 13 | Mons Kr. Lo | 52.44 | +14.48 | 2.44 | (12) | 9.14 | (16) | 3.34 | (12) | 1.25 | (15) | 5.07 | (16) | 2.25 | (4) | 9.17 | (10) | 1.47 | (17) | 3.42 | (15) | 3.25 | (10) | 3.45 | (15) | 4.03 | (13) | 1.57 | (19) | 0.19 | (13) | Mons Kr. Lovi |
|  | Nydalens SK |  |  | 2.44 | (12) | 11.58 | (14) | 15.32 | (12) | 16.57 | (12) | 22.04 | (13) | 24.29 | (13) | 33.46 | (13) | 35.33 | (13) | 39.15 | (13) | 42.40 | (13) | 46.25 | (13) | 50.28 | (13) | 52.25 | (13) | 52.44 | (13) | Nydalens SK |
| 14 | Jarl Øvstedal | 58.45 | +20.49 | 3.16 | (17) | 9 28 | (17) | 5.40 | (18) | 1.35 | (17) | 6.54 | (21) | 2.38 | (9) | 9.18 | (11) | 1.12 | (10) | 5.18 | (20) |  | (16) | 3.17 | (11) | 4.18 | (15) | 1.33 | (9) | 0.20 | (17) | Jarl Øvstedal |
|  | Nydalens SK |  |  | 3.16 | (17) | 12.44 | (16) | 18.24 | (19) | 19.59 | (18) | 26.53 | (18) | 29.31 | (18) | 38.49 | (16) | 40.01 | (16) | 45.19 | (15) | 49.17 | (14) | 52.34 | (14) | 56.52 | (14) | 58.25 | (14) | 58.45 | (14) | Nydalens SK |
| 15 | Øyvind Helmersen | 1:00.20 | +22.24 | 3.11 | (15) | 9.37 | (18) | 4.21 | (16) | 1.30 | (16) | 5.43 | (17) | 3.19 | (18) | 12.22 | (19) | 2.16 | (20) | 3.48 | (16) | 4.10 | (18) | 3.57 | (17) | 4.17 | (14) | 1.32 | (8) | 0.17 | (7) | Øyvind Helmersen |
|  | Fet OL |  |  | 3.11 | (15) | 12.48 | (17) | 17.09 | (17) | 18.39 | (15) | 24.22 | (16) | 27.41 | (16) | 40.03 | (17) | 42.19 | (17) | 46.07 | (16) | 50.17 | (15) | 54.14 | (15) | 58.31 | (15) | 1:00.03 | (15) | 1:00.20 | (15) | Fet OL |
| 16 | Øystein Kilda | 1:02.33 | +24.37 | 2.19 |  | 7.10 | (5) | 14.06 | (22) | 1.11 | (5) | 3.32 | (3) | 3.20 | (19) | 9.22 | (13) | 2.02 | (19) | 3.19 | (13) | 6.13 | (21) | 4.09 | (20) | 3.53 | (11) | 1.40 | (13) | 0.17 |  | Øystein Kildahl |
|  | Østmarka OK |  |  | 2.19 | (5) | 9.29 | (4) | 23.35 | (21) | 24.46 | (21) | 28.18 | (21) | 31.38 | (20) | 41.00 | (18) | 43.02 | (18) | 46.21 | (17) | 52.34 | (17) | 56.43 | (18) | 1:00.36 | (17) | 1:02.16 | (16) | 1:02.33 | (16) | Østmarka OK |
| 17 | Tormod Bøe | 1:02.41 | +24.45 | 3.26 | (19) | 9.53 | (21) | 3.20 | (10) | 1.50 | (20) | 4.35 | (13) | 2.43 | (11) | 12.16 | (18) | 1.24 | (14) | 7.43 | (22) | 4.04 | (17) | 3.49 | (16) | 5.21 | (20) | 1.54 | (18) | 0.23 | (22) | Tormod Bøe |
|  | Fossum IF |  |  | 3.26 | (19) | 13.19 | (20) | 16.39 | (14) | 18.29 | (14) | 23.04 | (14) | 25.47 | (14) | 38.03 | (15) | 39.27 | (15) | 47.10 | (18) | 51.14 | (16) | 55.03 | (16) | 1:00.24 | (16) | 1:02.18 | (17) | 1:02.41 | (17) | Fossum If |
| 18 | Øyvind Johannessen Linnebo | 1:03.26 | +25.30 | 3.23 | (18) | 9.13 | (15) | 4.17 | (15) | 2.06 | (21) | 6.20 | (19) | 4.11 | (21) | 11.53 | (17) | 4.02 | (22) | 3.55 | (17) | 3.17 | (6) | 3.30 | (13) | 5.15 | (19) | 1.48 | (14) | 0.16 | (2) | Øyvind Johannessen Lin |
|  | Asker Skiklubb |  |  | 3.23 | (18) | 12.36 | (15) | 16.53 | (16) | 18.59 | (16) | 25.19 | (17) | 29.30 | (17) | 41.23 | (19) | 45.25 | (19) | 49.20 | (19) | 52.37 | (18) | 56.07 | (17) | 1:01.22 | (18) | 1:03.10 | (18) | 1:03.26 | (18) | Asker Skiklubb |
| 19 | Olav Bakken | 1:07.20 | +29.24 | 3.43 | (22) | 9.52 | (20) | 3.13 | (9) | 3.59 | (22) | 6.48 | (20) | 4.42 | (22) | 12.50 | (20) | 2.45 | (21) | 4.31 | (18) | 3.46 | (15) | 4.01 | (19) | 4.59 | (18) | 1.51 | (15) | 0.20 | (17) | Olav Bakken |
|  | Lillomarka OL |  |  | 3.43 | (22) | 13.35 | (21) | 16.48 | (15) | 20.47 | (20) | 27.35 | (20) | 32.17 | (21) | 45.07 | (21) | 47.52 | (21) | 52.23 | (21) | 56.09 | (20) | 1:00.10 | (19) | 1:05.09 | (19) | 1:07.00 | (19) | 1:07.20 | (19) | Lillomarka OL |
| 20 | Are Njastein | 1:09.49 | +31.53 | 3.11 | (15) | 9.41 | (19) | 5.45 | (19) | 1.23 | (14) | 7.32 | (22) | 3.36 | (20) | 13.00 | (21) | 1.18 | (12) | 6.18 | (21) | 3.42 | (14) | 5.47 | (21) | 6.12 | (22) | 2.06 | (20) | 0.18 | (11) | Are Njảstein |
|  | IL Tyrving |  |  | 3.11 | (15) | 12.52 | (18) | 18.37 | (20) | 20.00 | (19) | 27.32 | (19) | 31.08 | (19) | 44.08 | (20) | 45.26 | (20) | 51.44 | (20) | 55.26 | (19) | 1:01.13 | (2) | 1:07.25 | (20) | 1:09.31 | (20) | 1:09.49 | (20) | IL Tyrving |
| 21 | Christian Nordahl | 1:15.10 | +37.14 | 3.36 | (20) | 11.13 | (22) | 11.18 | (21) | 1.40 | (19) | 5.43 | (17) | 3.09 | (17) | 14.27 | (22) | 1.19 | (13) | 5.06 | (19) | 4.48 | (20) | 3.58 | (18) | 6.04 | (21) | 2.29 | (22) | 0.20 | (17) | Christian Nordahl |
|  | Heming Orientering |  |  | 3.36 | (20) | 14.49 | (22) | 26.07 | (22) | 27.47 | (22) | 33.30 | (22) | 36.39 | (22) | 51.06 | (22) | 52.25 | (22) | 57.31 | (22) | 1:02.19 | (21) | 1:06.17 | (21) | 1:12.21 | (21) | 1:14.50 | (21) | 1:15.10 | (21) | Heming Orientering |
|  | Arne Fossheim | disket |  | 3.42 | (21) | 9.12 | (14) | 5.02 | (17) | 1.16 | (8) | 4.27 | (12) | 2.56 | (15) | 11.11 | (16) | 1.33 |  | 3.16 | (11) |  |  |  |  | 4.18 | (15) | 1.52 | (17) | 0.22 | (21) | Arne Fossheim |
|  | Asker Skiklubb |  |  | 3.42 | (21) | 12.54 | (19) | 17.56 | (18) | 19.12 | (17) | 23.39 | (15) | 26.35 | (15) | 37.46 | (14) | 39.19 | (14) | 42.35 | (14) |  |  | 49.12 |  | 53.30 |  | 55.22 |  | 55.44 |  | Asker Skiklubb |

