

Rankingløp

Dato/sted: 20. oktober 2018 -

Kart:

Arr: IL GeoForm v/

Antall: Totalt: 90 (GeoForm: 13, OSI: 1, DNV/ESSO: 5, Andre: 71)

Løpsrapport: Alder: 21-: 90, 17-20: 0, 13-16: 0, 0-12: 0

Løpsavgift: kr. 70: 90 kr. 30: 0

Startkont: kr. 70: 71 kr. 30: 19 kr. 0: 0

Betalt: kr. 70: 71 kr. 30: 14 kr. 0: 5

Leiebrikker: 0 stk

Resultater: [Lang\(28\)](#) | [Mellom\(36\)](#) | [Kort\(26\)](#) | [Grafisk](#)

Strekktider: [Lang\(28\)](#) | [Mellom\(36\)](#) | [Kort\(26\)](#) |

Resultater Lang (6,1 km)

Plass	Navn	Klubb	Tid	Poeng
1	Eijsink, Henrik	Nydalens SK	0:42:44 + 00:00	153,22
2	Henriksen, Jan Tore	Norges Bank BIL	0:49:17 + 06:33	149,88
3	Andersen, Tor Andreas	Oppsal IF	0:49:53 + 07:09	149,58
4	Gramstad, Odin	DNV	0:51:11 + 08:27	148,91
5	Schlaupitz, Holger	IL GeoForm	0:52:11 + 09:27	148,40
6	Helland, Knut	Østmarka OK	0:53:56 + 11:12	147,51
7	Bårtveit, Knut	BØ OL	0:56:22 + 13:38	146,27
8	Grønneberg, Skage	Heming Orientering	0:58:37 + 15:53	145,13
9	Iwe, Harald	IL GeoForm	1:02:14 + 19:30	143,28
10	Heitmann, Ståle	Fossum IF	1:02:15 + 19:31	143,27
11	Østgaard Lund, Harald	IL GeoForm	1:03:24 + 20:40	142,69
12	Grande, Lars	FBI	1:07:42 + 24:58	140,50
13	Tallaksen, Tor Kristian		1:09:51 + 27:07	139,40
14	Sverdrup-Thygeson, Kjetil	NGI	1:09:54 + 27:10	139,38
15	Lahlum, Jon	IL GeoForm	1:11:35 + 28:51	138,52
16	Reinseth, Bjørn Erik	HSK-RIFF	1:12:30 + 29:46	138,05
17	Onsager, Knut	GeoForm	1:16:26 + 33:42	136,05
18	Helgaker, Jan Fredrik	DNV	1:17:21 + 34:37	135,58
19	Christiansen, Håvard	Privat	1:18:14 + 35:30	135,13
20	Fixdal, Trude	IL Koll	1:18:26 + 35:42	135,03
21	Åsmul, Eskil	OL Trollelg	1:18:45 + 36:01	134,87
22	Sauar, Erik	Koll	1:19:38 + 36:54	134,41
23	Johansen, Frode	Equinor BIL	1:22:37 + 39:53	132,89
24	Kristensen, Ole Kristian		1:27:15 + 44:31	130,53
25	Bremnes, John Bjørnar	IL GeoForm	1:27:17 + 44:33	130,52
DSQ	Kaarby, Per	Fossum IF	1:20:54 (-1 poster)	96,43
DSQ	Sauar, Brita	Koll	1:41:49 (-3 poster)	89,29
	Thorstensen, Einar	Kamp/Vestheim IF	DELTATT	50,00

Resultater Mellom (4,0 km)

Plass	Navn	Klubb	Tid	Poeng
1	Bugge, Georg	Aas Jakobsen	0:34:51 + 00:00	136,62
2	Berteig, Vidar	IL GeoForm	0:38:06 + 03:15	135,14
3	Sigurdsen, Roar	Ringnes	0:39:32 + 04:41	134,49
4	Ruth, Eivind	DNV	0:39:40 + 04:49	134,43
5	Kongsnes, Vemund	Østmarka OK	0:39:56 + 05:05	134,31
6	Lefdahl, Per Morten	OEC	0:41:25 + 06:34	133,63
7	Solheim, Paul	Privat	0:41:57 + 07:06	133,39
8	Løken, Knut-Anders	Fossum IF	0:43:05 + 08:14	132,87
9	Gylver, Sindre	NTNUI	0:44:11 + 09:20	132,37
10	Karlsbakk, Per Jogeir	DNV	0:46:21 + 11:30	131,39
11	Eijsink, Malin	Nydalens SK	0:47:30 + 12:39	130,86
11	Dybwad, Jacob	WSP Engineering	0:47:30 + 12:39	130,86
13	Brurberg, May Bente	Ås-NMBU Orientering	0:47:31 + 12:40	130,85
14	Sandelién, Bjørn	Vegdirektoratet	0:53:19 + 18:28	128,21
15	Myhre, Stein	Oslo sporveier BIL	0:54:06 + 19:15	127,86
16	Skantze, Don	IL Tyrving	0:55:00 + 20:09	127,45
17	Hetland, Jens	Nydalen SK	0:55:12 + 20:21	127,35
18	Rikheim, Harald	Rådtassene	0:55:35 + 20:44	127,18
19	Clasen, Claus Frimann	Lyberg & Partnere	0:56:17 + 21:26	126,86
20	Røstadsand, Per-Arne	Nydalens SK	0:56:39 + 21:48	126,69
21	Hultgreen, Rune	IL GeoForm	0:57:24 + 22:33	126,35
22	Sletner, Kristin	Røyken OL	0:58:19 + 23:28	125,93
23	Jahren Herud, Tone	Fossum IF	0:59:23 + 24:32	125,45
24	Alveberg, Hans Kristian	Privat	0:59:38 + 24:47	125,34
25	Eijsink, Vincent	ÅS UMB Orientering	1:01:09 + 26:18	124,64
26	Bratsberg, Bo	Privat	1:03:40 + 28:49	123,50
27	Broadwell, Sharon	IL GeoForm	1:03:43 + 28:52	123,48
28	Gylver, Øyvind	Asker SK	1:03:53 + 29:02	123,40
29	Ulltveit-Moe, Jo	Koll	1:08:36 + 33:45	121,25
30	Hjelm, Morten	DNV	1:08:43 + 33:52	121,20
31	Skjelkvåle, Brit Lisa	GeoForm	1:10:04 + 35:13	120,58
32	Hånes, Sturle	IL GeoForm	1:12:06 + 37:15	119,66
33	Bakstad, Anne Regine	Friskis&Svettis	1:19:33 + 44:42	116,26
34	Breistrand, Torbjørn	Privat	1:43:59 +1:09:08	105,13
DSQ	Edwardsen, Tom	IL Koll	0:38:03 (-8 poster)	63,64
DSQ	Ng, Matthew	OSI	1:08:21 (-8 poster)	63,64

Resultater Kort (2,5 km)

Plass	Navn	Klubb	Tid	Poeng
1	Carlsson, Bjørn Are	Fossum IF	0:29:32 + 00:00	121,87
2	Løken, Aleidis	Heming Orientering	0:30:49 + 01:17	121,52
3	Ongstad, Per	Privat	0:38:38 + 09:06	119,37
4	Huseth, Egil	Kamp/Vestheim IF	0:39:09 + 09:37	119,22
5	Haugen, Per	Lillomarka OL	0:43:32 + 14:00	118,02
6	Sundelin, Gisela	Privat	0:43:53 + 14:21	117,92
7	Solheim, Knut Tore	Nydalens SK	0:48:17 + 18:45	116,71
8	Aas, Eyvind	IL GeoForm	0:54:16 + 24:44	115,06
9	Spjelkavik, Bjørn	IL Tyrving	0:55:15 + 25:43	114,79
10	Teigland, Kjell	Østmarka OK	0:57:17 + 27:45	114,23
11	Edwardsen, Maren	IL Koll	0:57:21 + 27:49	114,22
12	Solhjell, Kaare	Privat	0:58:06 + 28:34	114,01
13	Spjelkavik, Aud	IL Tyrving	0:58:23 + 28:51	113,93
14	Sandelin, Sidsel	Vegdirektoratet	0:59:08 + 29:36	113,72
15	Grymyr, Aina	Haugerud IL	1:01:34 + 32:02	113,06
16	Vik, Eilen Arctander	IL Koll	1:03:14 + 33:42	112,60
17	Trondsen, Terje	Nittedal OL	1:05:07 + 35:35	112,08
18	Fougner, Jon C.	Heming Orientering	1:06:11 + 36:39	111,78
19	Ouyang, Ping	Østmarka OK	1:19:02 + 49:30	108,25
20	Ruud, Steinar	Konnerud IF	1:20:46 + 51:14	107,77
21	Sletner, Tom Wilhelm	Røyken OL	1:21:55 + 52:23	107,45
22	Lea Kabbe, August	Nydalens SK	1:24:47 + 55:15	106,67
23	Haugerud, Sigurd	IL GeoForm	1:29:58 +1:00:26	105,24
24	Fremming, Ørnulf	Meteorologen	1:31:14 +1:01:42	104,89
DSQ	Plejdrup, Sissel	Privat	1:22:18 (-4 poster)	75,00
DSQ	Gjerme, Per	Asker SK	1:00:24 (-7 poster)	56,25

Strekktider Lang

Plass	Navn	Klubb	Tid	Poeng										
1	Eijsink, Henrik	Nydalens SK	0:42:44 + 00:00	153,22										
01:59-2	03:44-1	06:05-1	09:35-1	11:21-1	16:11-1	17:16-1	18:40-1	21:08-1	23:43-1	27:31-1	34:54-1	36:38-1	40:07-1	42:44-1
01:59-2	01:45-1	02:21-1	03:30-1	01:46-1	04:50-2	01:05-1	01:24-1	02:28-1	02:35-1	03:48-1	07:23-2	01:44-1	03:29-1	02:37-3
00:04+	00:00=	00:00=	00:00=	00:00=	00:07+	00:00=	00:00=	00:00=	00:00=	00:00=	00:40+	00:00=	00:00=	00:13+
2	Henriksen, Jan Tore	Norges Bank BIL	0:49:17 + 06:33	149,88										
02:13-4	04:47-6	07:23-4	12:09-5	14:22-4	20:06-4	21:18-4	22:42-4	25:35-4	28:58-4	33:03-4	40:50-3	43:02-3	46:45-2	49:17-2
02:13-4	02:34-5	02:36-3	04:46-6	02:13-7	05:44-9	01:12-4	01:24-1	02:53-2	03:23-6	04:05-3	07:47-3	02:12-3	03:43-4	02:32-2
00:18#	00:49&	00:15#	01:16&	00:27&	01:01#	00:07#	00:00=	00:25#	00:48&	00:17+	01:04#	00:28&	00:14+	00:08+
3	Andersen, Tor Andreas	Oppsal IF	0:49:53 + 07:09	149,58										
02:24-7	04:46-5	07:32-6	12:07-4	14:03-2	19:00-2	20:11-2	22:01-3	24:58-3	28:04-2	32:47-2	40:41-2	42:48-2	46:49-3	49:53-3
02:24-7	02:22-3	02:46-7	04:35-5	01:56-3	04:57-5	01:11-3	01:50-6	02:57-3	03:06-2	04:43-7	07:54-4	02:07-2	04:01-5	03:04-14
00:29&	00:37&	00:25#	01:05&	00:10+	00:14+	00:06+	00:26&	00:29#	00:31#	00:55#	01:11#	00:23#	00:32#	00:40&
4	Gramstad, Odin	DNV	0:51:11 + 08:27	148,91										
01:55-1	04:39-3	07:15-2	11:11-2	16:00-6	20:43-6	21:49-5	24:34-5	27:35-5	31:10-6	35:14-5	41:57-5	44:48-5	48:27-4	51:11-4
01:55-1	02:44-7	02:36-3	03:56-2	04:49-22	04:43-1	01:06-2	02:45-21	03:01-7	03:35-9	04:04-2	06:43-1	02:51-13	03:39-2	02:44-5
00:00=	00:59&	00:15#	00:26#	03:03@	00:00=	00:01+	01:21&	00:33#	01:00&	00:16+	00:00=	01:07&	00:10+	00:20#
5	Schlaupitz, Holger	IL GeoForm	0:52:11 + 09:27	148,40										
02:07-3	05:18-7	07:53-7	11:57-3	14:07-3	19:02-3	20:16-3	21:58-2	24:57-2	28:28-3	33:02-3	41:56-4	44:10-4	49:47-5	52:11-5
02:07-3	03:11-15	02:35-2	04:04-3	02:10-5	04:55-4	01:14-7	01:42-3	02:59-4	03:31-8	04:34-6	08:54-8	02:14-4	05:37-15	02:24-1
00:12#	01:26&	00:14+	00:34#	00:24#	00:12+	00:09#	00:18#	00:31#	00:56&	00:46#	02:11&	00:30&	02:08&	00:00=
6	Helland, Knut	Østmarka OK	0:53:56 + 11:12	147,51										
02:32-8	05:27-10	08:23-8	13:56-8	16:03-7	21:40-7	22:58-7	24:49-7	27:55-6	31:10-5	35:40-6	44:33-6	46:52-6	51:00-6	53:56-6
02:32-8	02:55-10	02:56-9	05:33-10	02:07-4	05:37-7	01:18-8	01:51-7	03:06-8	03:15-3	04:30-5	08:53-7	02:19-7	04:08-6	02:56-9
00:37&	01:10&	00:35#	02:03&	00:21#	00:54#	00:13#	00:27&	00:38&	00:40&	00:42#	02:10&	00:35&	00:39#	00:32#
7	Bårtveit, Knut	Bø OL	0:56:22 + 13:38	146,27										
02:37-10	09:50-26	12:34-23	17:03-14	18:57-11	24:19-8	25:31-8	27:20-8	30:19-8	33:35-7	38:48-7	46:54-7	50:02-7	53:44-7	56:22-7
02:37-10	07:13-26	04:44-6	04:29-4	01:54-2	05:22-6	01:12-4	01:49-5	02:59-4	03:16-4	05:13-9	08:06-6	03:08-17	03:42-3	02:38-4
00:42&	05:28@	00:23#	00:59&	00:08+	00:39#	00:07#	00:25&	00:31#	00:41&	01:25&	01:23#	01:24&	00:13+	00:14+
8	Grønneberg, Skage	Heming Orientering	0:58:37 + 15:53	145,13										
02:14-5	04:30-2	07:16-3	20:08-20	22:36-20	27:26-14	28:38-13	30:21-12	33:29-11	36:46-11	40:59-9	48:57-8	51:15-8	55:49-8	58:37-8
02:14-5	02:16-2	02:46-7	12:52-24	02:28-9	04:50-2	01:12-4	01:43-4	03:08-9	03:17-5	04:13-4	07:58-5	02:18-6	04:34-8	02:48-7
00:19#	00:31&	00:25#	09:22@	00:42&	00:07+	00:07#	00:19#	00:40&	00:42&	00:25#	01:15#	00:34&	01:05&	00:24#
9	Iwe, Harald	IL GeoForm	1:02:14 + 19:30	143,28										
02:36-9	06:28-15	09:26-12	15:55-10	18:57-12	24:35-10	25:54-9	28:12-10	31:12-9	35:11-9	42:00-10	52:37-11	54:52-10	59:24-9	62:14-9
02:36-9	03:52-22	02:58-10	06:29-15	03:02-18	05:38-8	01:19-10	02:18-13	03:00-6	03:59-14	06:49-21	10:37-14	02:15-5	04:32-7	02:50-8
00:41&	02:07@	00:37&	02:59&	01:16&	00:55#	00:14#	00:54&	00:32#	01:24&	03:01&	03:54&	00:31&	01:03&	00:26#
10	Heitmann, Ståle	Fossum IF	1:02:15 + 19:31	143,27										
02:18-6	04:45-4	07:24-5	12:24-6	14:34-5	20:31-5	22:06-6	24:45-6	29:23-7	35:09-8	40:08-8	49:58-9	54:36-9	59:29-10	62:15-10
02:18-6	02:27-4	02:39-5	05:00-8	02:10-5	05:57-10	01:35-18	02:39-20	04:38-24	05:46-26	04:59-8	09:50-9	04:38-24	04:53-9	02:46-6
00:23#	00:42&	00:18#	01:30&	00:24#	01:14&	00:30&	01:15&	02:10&	03:11@	01:11&	03:07&	02:54@	01:24&	00:22#
11	Østgaard Lund, Harald	IL GeoForm	1:03:24 + 20:40	142,69										
02:39-11	05:26-9	09:03-11	15:14-9	18:30-8	24:32-9	25:54-10	28:12-9	31:53-10	35:42-10	42:38-11	52:34-10	55:01-11	60:27-11	63:24-11
02:39-11	02:47-8	03:37-21	06:11-14	03:16-20	06:02-11	01:22-11	02:18-13	03:41-13	03:49-12	06:56-22	09:56-10	02:27-8	05:26-14	02:57-10
00:44&	01:02&	01:16&	02:41&	01:30&	01:19&	00:17&	00:54&	01:13&	01:14&	03:08&	03:13&	00:43&	01:57&	00:33#
12	Grande, Lars	FBI	1:07:42 + 24:58	140,50										
06:02-26	09:08-25	12:37-24	18:29-18	21:28-17	27:52-17	29:22-17	31:39-13	36:03-17	40:12-17	45:35-15	56:22-14	59:04-13	64:19-12	67:42-12
06:02-26	03:06-13	03:29-18	05:52-13	02:59-16	06:24-15	01:30-14	02:17-12	04:24-21	04:09-17	05:23-10	10:47-15	02:42-9	05:15-11	03:23-19
04:07@	01:21&	01:08&	02:22&	01:13&	01:41&	00:25&	00:53&	01:56&	01:34&	01:35&	04:04&	00:58&	01:46&	00:59&
13	Tallaksen, Tor Kristian	NGI	1:09:51 + 27:07	139,40										
02:46-14	05:48-12	09:02-10	16:13-11	18:54-10	27:38-16	29:11-15	31:39-14	35:10-13	39:55-15	47:17-17	57:51-16	60:34-15	66:27-14	69:51-13
02:46-14	03:02-12	03:14-11	07:11-19	02:41-11	08:44-25	01:33-15	02:28-16	03:31-11	04:45-23	07:22-24	10:34-13	02:43-10	05:53-19	03:24-20
00:51&	01:17&	00:53&	03:41@	00:55&	04:01&	00:28&	01:04&	01:03&	02:10&	03:34&	03:51&	00:59&	02:24&	01:00&
14	Sverdrup-Thygeson, Kjetil	NGI	1:09:54 + 27:10	139,38										
03:23-19	06:52-19	10:32-17	17:08-15	19:58-14	27:32-15	29:20-16	31:46-15	35:37-16	39:58-16	46:18-16	57:09-15	60:00-14	66:23-13	69:54-14
03:23-19	03:29-19	03:40-22	06:36-16	02:50-14	07:34-23	01:48-24	02:26-15	03:51-19	04:21-22	06:20-16	10:51-16	02:51-13	06:23-22	03:31-21
01:28&	01:44&	01:19&	03:06&	01:04&	02:51&	00:43&	01:02&	01:23&	01:46&	02:32&	04:08&	01:07&	02:54&	01:07&
15	Lahlum, Jon	IL GeoForm	1:11:35 + 28:51	138,52										
04:06-23	09:05-24	12:37-25	18:17-17	21:17-16	28:02-18	29:40-18	31:47-16	35:21-14	38:59-13	45:08-13	55:39-12	58:25-12	68:17-15	71:35-15
04:06-23	04:59-24	03:32-20	05:40-11	03:00-17	06:45-18	01:38-21	02:07-11	03:34-12	03:38-10	06:09-14	10:31-11	02:46-11	09:52-26	03:18-17
02:11@	03:14@	01:11&	02:10&	01:14&	02:02&	00:33&	00:43&	01:06&	01:03&	02:21&	03:48&	01:02&	06:23@	00:54&

16	Reinseth, Bjørn Erik	HSK-RIFF	1:12:30 + 29:46	138,05										
04:25-25	07:46-22	11:09-18	17:46-16	20:34-15	27:15-13	28:49-14	31:48-17	35:31-15	39:41-14	45:27-14	55:58-13	62:34-16	68:20-16	72:30-16
04:25-25	03:21-18	03:23-16	06:37-17	02:48-13	06:41-16	01:34-17	02:59-24	03:43-16	04:10-18	05:46-13	10:31-11	06:36-26	05:46-18	04:10-27
02:30@	01:36&	01:02&	03:07&	01:02&	01:58&	00:29&	01:35@	01:15&	01:35&	01:58&	03:48&	04:52@	02:17&	01:46&
17	Onsager, Knut	GeoForm	1:16:26 + 33:42	136,05										
03:18-18	06:19-14	09:46-14	16:27-13	18:51-9	25:11-11	27:34-11	30:08-11	33:52-12	38:08-12	43:52-12	64:26-18	67:46-18	73:08-17	76:26-17
03:18-18	03:01-11	03:27-17	06:41-18	02:24-8	06:20-14	02:23-27	02:34-19	03:44-17	04:16-20	05:44-11	20:34-25	03:20-19	05:22-13	03:18-17
01:23&	01:16&	01:06&	03:11&	00:38&	01:37&	01:18@	01:10&	01:16&	01:41&	01:56&	13:51@	01:36&	01:53&	00:54&
18	Helgaker, Jan Fredrik	DNV	1:17:21 + 34:37	135,58										
03:01-15	06:44-17	10:04-16	20:55-21	26:45-23	33:03-22	34:38-22	37:59-22	42:01-21	46:14-21	53:57-21	65:20-20	68:41-20	74:18-18	77:21-18
03:01-15	03:43-20	03:20-15	10:51-23	05:50-25	06:18-13	01:35-18	03:21-25	04:02-20	04:13-19	07:43-25	11:23-19	03:21-20	05:37-15	03:03-12
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