

Strekktider Grankvistløpet 3. november 2018

Klasse: Åpen N

59	141	67	62	170	64	162	100	249	
Stian Lillegård					Lillomarka OL				30:30
7:58 (1)	10:54 (1)	15:06 (1)	18:58 (1)	24:49 (1)	26:57 (1)	28:40 (1)	29:32 (1)	30:30 (1)	
7:58 (1)	2:56 (1)	4:12 (1)	3:52 (1)	5:51 (1)	2:08 (1)	1:43 (1)	0:52 (1)	0:58 (1)	
0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	
Solveig Ruud Tednes					Østmarka OK				43:42
8:43 (2)	13:11 (2)	19:35 (2)	24:47 (2)	31:27 (2)	37:19 (2)	41:12 (2)	42:30 (2)	43:42 (2)	
8:43 (2)	4:28 (3)	6:24 (2)	5:12 (2)	6:40 (2)	5:52 (2)	3:53 (2)	1:18 (2)	1:12 (3)	
+0:45	+1:32	+2:12	+1:20	+0:49	+3:44	+2:10	+0:26	+0:14	
Emil Hanssen Lauten					Østmarka OK				53:16
10:43 (3)	15:04 (3)	21:50 (3)	27:59 (3)	37:18 (3)	43:33 (3)	49:23 (3)	52:16 (3)	53:16 (3)	
10:43 (3)	4:21 (2)	6:46 (3)	6:09 (3)	9:19 (4)	6:15 (3)	5:50 (3)	2:53 (4)	1:00 (2)	
+2:45	+1:25	+2:34	+2:17	+3:28	+4:07	+4:07	+2:01	+0:02	
Frida Sundt Lyngøy					Østmarka OK				1:06:20
14:37 (4)	20:19 (4)	30:04 (4)	36:26 (4)	45:10 (4)	55:22 (4)	1:02:18 (4)	1:04:36 (4)	1:06:20 (4)	
14:37 (4)	5:42 (4)	9:45 (4)	6:22 (4)	8:44 (3)	10:12 (4)	6:56 (4)	2:18 (3)	1:44 (4)	
+6:39	+2:46	+5:33	+2:30	+2:53	+8:04	+5:13	+1:26	+0:46	

Klasse: D13-16

169	65	175	41	159	100	249	
Tina Kalleson					Oppsal Orientering		1:01:04
20:32 (1)	32:17 (1)	38:05 (1)	48:40 (1)	57:05 (1)	1:00:12 (1)	1:01:04 (1)	
20:32 (1)	11:45 (1)	5:48 (1)	10:35 (1)	8:25 (1)	3:07 (1)	0:52 (5)	
0:00	0:00	0:00	0:00	0:00	0:00	+0:12	
Janna Sofie Tellesbø					Østmarka OK		1:10:47
24:41 (2)	38:25 (2)	44:33 (2)	56:36 (2)	1:05:49 (2)	1:10:07 (2)	1:10:47 (2)	
24:41 (2)	13:44 (3)	6:08 (2)	12:03 (2)	9:13 (3)	4:18 (4)	0:40 (1)	
+4:09	+1:59	+0:20	+1:28	+0:48	+1:11	0:00	
Ingrid Marie Stubban Hygen					Østmarka OK		1:21:49
27:25 (4)	39:28 (3)	46:08 (3)	1:07:58 (3)	1:17:07 (3)	1:20:53 (3)	1:21:49 (3)	
27:25 (4)	12:03 (2)	6:40 (3)	21:50 (6)	9:09 (2)	3:46 (2)	0:56 (6)	
+6:53	+0:18	+0:52	+11:15	+0:44	+0:39	+0:16	
Sigrd Nermoen					Østmarka OK		1:28:35
27:35 (6)	44:21 (6)	52:00 (5)	1:11:14 (5)	1:23:30 (4)	1:27:51 (5)	1:28:35 (4)	
27:35 (6)	16:46 (4)	7:39 (5)	19:14 (4)	12:16 (4)	4:21 (6)	0:44 (3)	
+7:03	+5:01	+1:51	+8:39	+3:51	+1:14	+0:04	
Inga Cathrin Winsvold					Østmarka OK		1:28:36
27:32 (5)	44:18 (5)	51:43 (4)	1:11:09 (4)	1:23:33 (5)	1:27:53 (6)	1:28:36 (5)	
27:32 (5)	16:46 (4)	7:25 (4)	19:26 (5)	12:24 (6)	4:20 (5)	0:43 (2)	
+7:00	+5:01	+1:37	+8:51	+3:59	+1:13	+0:03	
Jenny Emilie Brenni Herredsvela					Østmarka OK		1:28:38
26:54 (3)	44:05 (4)	52:07 (6)	1:11:18 (6)	1:23:39 (6)	1:27:50 (4)	1:28:38 (6)	
26:54 (3)	17:11 (6)	8:02 (6)	19:11 (3)	12:21 (5)	4:11 (3)	0:48 (4)	
+6:22	+5:26	+2:14	+8:36	+3:56	+1:04	+0:08	

Klasse: H13-16

169	65	175	41	159	100	249	
John Otterlei					Østmarka OK		1:10:44
24:33 (1)	39:32 (1)	44:29 (1)	56:22 (1)	1:05:39 (1)	1:10:05 (1)	1:10:44 (1)	
24:33 (1)	14:59 (2)	4:57 (1)	11:53 (1)	9:17 (1)	4:26 (4)	0:39 (1)	
0:00	+1:08	0:00	0:00	0:00	+0:55	0:00	
Håvard Rønningen					Østmarka OK		1:21:36
26:49 (2)	40:40 (2)	46:58 (2)	1:05:35 (2)	1:17:02 (2)	1:20:41 (2)	1:21:36 (2)	
26:49 (2)	13:51 (1)	6:18 (3)	18:37 (2)	11:27 (3)	3:39 (2)	0:55 (4)	
+2:16	0:00	+1:21	+6:44	+2:10	+0:08	+0:16	
Jakob Gilljam					Østmarka OK		1:54:02
30:57 (4)	54:06 (3)	1:03:13 (3)	1:35:36 (3)	1:49:38 (3)	1:53:09 (3)	1:54:02 (3)	
30:57 (4)	23:09 (3)	9:07 (4)	32:23 (4)	14:02 (4)	3:31 (1)	0:53 (3)	
+6:24	+9:18	+4:10	+20:30	+4:45	0:00	+0:14	
Andreas Sandernes					Østmarka OK		1:59:04
30:16 (3)	1:18:28 (4)	1:24:38 (4)	1:43:32 (4)	1:54:20 (4)	1:58:19 (4)	1:59:04 (4)	
30:16 (3)	48:12 (4)	6:10 (2)	18:54 (3)	10:48 (2)	3:59 (3)	0:45 (2)	
+5:43	+34:21	+1:13	+7:01	+1:31	+0:28	+0:06	
DSQ Erlend Otterlei					Østmarka OK		1:52:39
					1:51:42	1:52:39	
					0:00	0:00	
					0:00	0:00	
DSQ Alfred Eckmann Aronsen					Nittedal OL		1:54:03
30:28		1:11:23	1:35:28	1:49:44	1:53:15	1:54:03	
30:28		1:11:23	24:05	14:16	3:31	0:00	
+30:28		+1:11:23	+24:05	+14:16	+3:31	0:00	
DSQ Mathias Linløkken					Østmarka OK		1:54:18
					1:52:49	1:54:18	
					0:00	0:00	
					0:00	0:00	

Klasse: Damer A Mellom

169	39	174	168	107	91	34	176	115	41	100	249
1	Gunvor Ruud					Østmarka OK			3:12:44		
23:52 (1)	33:33 (1)	1:02:28 (1)	1:25:05 (1)	1:35:05 (1)	1:46:04 (1)	2:19:13 (1)	2:27:51 (1)	2:37:14 (1)	3:00:16 (1)	3:11:10 (1)	3:12:44 (1)
23:52 (1)	9:41 (1)	28:55 (1)	22:37 (1)	10:00 (1)	10:59 (1)	33:09 (1)	8:38 (1)	9:23 (1)	23:02 (1)	10:54 (1)	1:34 (1)
0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00

Brutt Audrun Utskarpen**Oslostudentenes IK****Klasse: Damer A Kort**

169	65	175	41	159	100	249
1	Linda Hanssen				Østmarka OK	1:03:58
20:17 (1)	32:09 (1)	39:57 (1)	51:20 (1)	1:00:19 (1)	1:03:09 (1)	1:03:58 (1)
20:17 (1)	11:52 (1)	7:48 (6)	11:23 (1)	8:59 (1)	2:50 (1)	0:49 (1)
0:00	0:00	+1:40	0:00	0:00	0:00	0:00
2	Hilde Jarstadmarken				Østmarka OK	1:20:11
26:05 (2)	40:06 (2)	46:14 (2)	1:00:17 (2)	1:15:45 (2)	1:19:18 (2)	1:20:11 (2)
26:05 (2)	14:01 (2)	6:08 (1)	14:03 (2)	15:28 (6)	3:33 (2)	0:53 (2)
+5:48	+2:09	0:00	+2:40	+6:29	+0:43	+0:04
3	Heidi Vogt				Østmarka OK	1:22:40
26:06 (3)	43:49 (3)	50:27 (4)	1:06:53 (3)	1:17:13 (3)	1:21:35 (3)	1:22:40 (3)
26:06 (3)	17:43 (5)	6:38 (3)	16:26 (3)	10:20 (2)	4:22 (5)	1:05 (7)
+5:49	+5:51	+0:30	+5:03	+1:21	+1:32	+0:16
4	Berit Thorud				Østmarka OK	1:22:41
26:11 (4)	43:52 (4)	50:22 (3)	1:06:56 (4)	1:17:16 (4)	1:21:37 (4)	1:22:41 (4)
26:11 (4)	17:41 (4)	6:30 (2)	16:34 (4)	10:20 (2)	4:21 (4)	1:04 (5)
+5:54	+5:49	+0:22	+5:11	+1:21	+1:31	+0:15
5	Ingrid Nermoen				Østmarka OK	1:29:46
28:29 (7)	44:36 (5)	51:57 (5)	1:12:33 (5)	1:24:54 (5)	1:28:47 (5)	1:29:46 (5)
28:29 (7)	16:07 (3)	7:21 (4)	20:36 (6)	12:21 (4)	3:53 (3)	0:59 (3)
+8:12	+4:15	+1:13	+9:13	+3:22	+1:03	+0:10
6	Torild Jørgensen				Østmarka OK	1:53:59
27:03 (5)	53:54 (7)	1:05:02 (6)	1:31:23 (7)	1:47:24 (6)	1:52:57 (7)	1:53:59 (6)
27:03 (5)	26:51 (9)	11:08 (7)	26:21 (10)	16:01 (7)	5:33 (7)	1:02 (4)
+6:46	+14:59	+5:00	+14:58	+7:02	+2:43	+0:13
7	Jartrud Steinsli				Østmarka OK	1:54:00
27:09 (6)	53:49 (6)	1:05:08 (7)	1:31:15 (6)	1:47:31 (7)	1:52:56 (6)	1:54:00 (7)
27:09 (6)	26:40 (8)	11:19 (8)	26:07 (9)	16:16 (8)	5:25 (6)	1:04 (5)
+6:52	+14:48	+5:11	+14:44	+7:17	+2:35	+0:15
8	Kristin Stubban Hygen				Østmarka OK	2:06:49
30:01 (8)	1:17:51 (10)	1:25:24 (10)	1:43:46 (10)	1:59:01 (8)	2:05:44 (8)	2:06:49 (8)
30:01 (8)	47:50 (10)	7:33 (5)	18:22 (5)	15:15 (5)	6:43 (10)	1:05 (7)
+9:44	+35:58	+1:25	+6:59	+6:16	+3:53	+0:16
9	Helena Granberg				Østmarka OK	2:08:36
40:29 (9)	1:03:22 (8)	1:19:56 (8)	1:43:27 (8)	2:01:36 (9)	2:07:27 (9)	2:08:36 (9)
40:29 (9)	22:53 (7)	16:34 (9)	23:31 (7)	18:09 (10)	5:51 (8)	1:09 (9)
+20:12	+11:01	+10:26	+12:08	+9:10	+3:01	+0:20
10	Siv Susanne Jystad				Østmarka OK	2:08:46
40:34 (10)	1:03:24 (9)	1:20:04 (9)	1:43:37 (9)	2:01:42 (10)	2:07:36 (10)	2:08:46 (10)
40:34 (10)	22:50 (6)	16:40 (10)	23:33 (8)	18:05 (9)	5:54 (9)	1:10 (10)
+20:17	+10:58	+10:32	+12:10	+9:06	+3:04	+0:21
DNS	Katrine Holen				Østmarka OK	

Klasse: Herrer A Lang

169	115	176	60	174	168	107	91	34	39	65	175	41	171	159	100	249
1	Steinar Eastwood					Lillomarka OL			2:52:11							
17:06 (1)	28:16 (1)	34:01 (1)	50:22 (1)	1:02:42 (1)	1:12:09 (1)	1:18:10 (1)	1:25:39 (1)	1:44:42 (1)	1:57:03 (1)	2:16:35 (1)	2:21:58 (1)	2:33:47 (1)	2:40:32 (1)	2:47:30 (1)	2:51:10 (1)	2:52:11 (1)
17:06 (1)	11:10 (1)	5:45 (1)	16:21 (1)	12:20 (1)	9:27 (1)	6:01 (1)	7:29 (1)	19:03 (1)	12:21 (1)	19:32 (1)	5:23 (1)	11:49 (1)	6:45 (1)	6:58 (1)	3:40 (1)	1:01 (2)
0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	+0:02
2	Audun Jørgensen					Østmarka OK			3:37:34							
23:54 (2)	37:56 (2)	45:13 (2)	1:03:40 (2)	1:18:44 (2)	1:32:33 (2)	1:44:56 (2)	1:55:26 (2)	2:15:16 (2)	2:30:25 (2)	2:52:04 (2)	2:59:24 (2)	3:16:13 (2)	3:23:26 (2)	3:32:11 (2)	3:36:35 (2)	3:37:34 (2)
23:54 (2)	14:02 (2)	7:17 (2)	18:27 (2)	15:04 (2)	13:49 (2)	12:23 (2)	10:30 (2)	19:50 (2)	15:09 (2)	21:39 (2)	7:20 (2)	16:49 (2)	7:13 (2)	8:45 (2)	4:24 (2)	0:59 (1)
+6:48	+2:52	+1:32	+2:06	+2:44	+4:22	+6:22	+3:01	+0:47	+2:48	+2:07	+1:57	+5:00	+0:28	+1:47	+0:44	0:00
DSQ	Odin Tellesbø					Østmarka OK			1:29:29							
14:39	1:12:18											1:24:06			1:28:46	1:29:29
14:39	57:39											0:00			0:00	0:00
+14:39	+57:39											0:00			0:00	0:00
DNS	Timothy Richardson					Nydalens SK										
DNS	Per-Ivar Nikolaisen					Oppsal Orientering										

Klasse: Herrer A Mellom

169	39	174	168	107	91	34	176	115	41	100	249
	Sebastian Peters										
2	Tom Bergan					Fet OL			1:41:15		
17:42 (4)	22:47 (4)	38:31 (3)	48:45 (3)	53:37 (3)	1:00:46 (3)	1:13:56 (1)	1:18:09 (1)	1:23:02 (1)	1:35:01 (1)	1:40:31 (1)	1:41:15 (1)
17:42 (4)	5:05 (4)	15:44 (3)	10:14 (2)	4:52 (1)	7:09 (5)	13:10 (1)	4:13 (1)	4:53 (1)	11:59 (1)	5:30 (3)	0:44 (3)
+0:39	+0:52	+1:06	+0:09	0:00	+0:57	0:00	0:00	0:00	0:00	+0:28	+0:03
3	Håvar Brevik					Østmarka OK			1:43:45		
17:14 (2)	21:27 (2)	36:05 (1)	47:11 (2)	52:44 (1)	58:56 (1)	1:14:04 (2)	1:18:18 (2)	1:23:55 (2)	1:38:02 (2)	1:43:04 (2)	1:43:45 (2)
17:14 (2)	4:13 (1)	14:38 (1)	11:06 (6)	5:33 (2)	6:12 (1)	15:08 (2)	4:14 (2)	5:37 (3)	14:07 (4)	5:02 (1)	0:41 (1)
+0:11	0:00	0:00	+1:01	+0:41	0:00	+1:58	+0:01	+0:44	+2:08	0:00	0:00
4	Guttorm L Egge					Oslostudentenes IK			1:50:36		
17:50 (5)	22:37 (3)	39:02 (4)	49:07 (4)	54:58 (4)	1:01:15 (4)	1:18:06 (4)	1:23:07 (4)	1:30:07 (3)	1:43:24 (3)	1:49:45 (3)	1:50:36 (3)

17:50 (5)	4:47 (3)	16:25 (4)	10:05 (1)	5:51 (4)	6:17 (3)	16:51 (5)	5:01 (5)	7:00 (8)	13:17 (2)	6:21 (5)	0:51 (6)
+0:47	+0:34	+1:47	0:00	+0:59	+0:05	+3:41	+0:48	+2:07	+1:18	+1:19	+0:10
5	Erik Næss					Østmarka OK					1:58:58
17:03 (1)	21:23 (1)	36:09 (2)	47:08 (1)	52:49 (2)	59:01 (2)	1:17:48 (3)	1:22:48 (3)	1:30:15 (4)	1:51:42 (4)	1:58:16 (4)	1:58:58 (4)
17:03 (1)	4:20 (2)	14:46 (2)	10:59 (5)	5:41 (3)	6:12 (1)	18:47 (6)	5:00 (4)	7:27 (10)	21:27 (10)	6:34 (6)	0:42 (2)
0:00	+0:07	+0:08	+0:54	+0:49	0:00	+5:37	+0:47	+2:34	+9:28	+1:32	+0:01
6	Andreas Ramberg					Østmarka OK					1:59:45
17:37 (3)	23:07 (5)	49:30 (8)	59:55 (7)	1:06:06 (7)	1:12:34 (7)	1:29:24 (6)	1:34:08 (6)	1:39:35 (6)	1:53:36 (6)	1:58:56 (5)	1:59:45 (5)
17:37 (3)	5:30 (6)	26:23 (10)	10:25 (3)	6:11 (6)	6:28 (4)	16:50 (4)	4:44 (3)	5:27 (2)	14:01 (3)	5:20 (2)	0:49 (5)
+0:34	+1:17	+11:45	+0:20	+1:19	+0:16	+3:40	+0:31	+0:34	+2:02	+0:18	+0:08
7	Petter Næss					Oppsal Orientering					1:59:53
20:22 (6)	25:51 (6)	43:53 (5)	54:43 (5)	1:01:35 (5)	1:08:48 (5)	1:25:34 (5)	1:30:56 (5)	1:37:53 (5)	1:53:05 (5)	1:59:05 (6)	1:59:53 (6)
20:22 (6)	5:29 (5)	18:02 (5)	10:50 (4)	6:52 (7)	7:13 (6)	16:46 (3)	5:22 (6)	6:57 (7)	15:12 (7)	6:00 (4)	0:48 (4)
+3:19	+1:16	+3:24	+0:45	+2:00	+1:01	+3:36	+1:09	+2:04	+3:13	+0:58	+0:07
8	Bjørn Christensen					Østmarka OK					2:07:23
20:36 (7)	26:36 (7)	46:36 (6)	58:55 (6)	1:05:01 (6)	1:12:17 (6)	1:32:28 (7)	1:38:21 (7)	1:44:33 (7)	1:59:42 (7)	2:06:21 (7)	2:07:23 (7)
20:36 (7)	6:00 (7)	20:00 (6)	12:19 (8)	6:06 (5)	7:16 (7)	20:11 (7)	5:53 (7)	6:12 (4)	15:09 (6)	6:39 (7)	1:02 (7)
+3:33	+1:47	+5:22	+2:14	+1:14	+1:04	+7:01	+1:40	+1:19	+3:10	+1:37	+0:21
9	Kjetil Sverdrup-Thygeson					Østmarka OK					2:20:41
21:22 (8)	27:30 (8)	49:16 (7)	1:03:44 (8)	1:11:37 (8)	1:19:24 (8)	1:41:51 (8)	1:48:08 (8)	1:55:14 (8)	2:12:16 (8)	2:19:34 (8)	2:20:41 (8)
21:22 (8)	6:08 (8)	21:46 (8)	14:28 (10)	7:53 (9)	7:47 (8)	22:27 (9)	6:17 (8)	7:06 (9)	17:02 (8)	7:18 (9)	1:07 (8)
+4:19	+1:55	+7:08	+4:23	+3:01	+1:35	+9:17	+2:04	+2:13	+5:03	+2:16	+0:26
10	Knut Edvard Helland					Østmarka OK					2:30:39
21:48 (9)	30:19 (9)	53:51 (9)	1:10:10 (9)	1:17:25 (9)	1:26:27 (9)	1:49:31 (9)	1:57:47 (9)	2:04:31 (9)	2:19:06 (9)	2:29:03 (9)	2:30:39 (9)
21:48 (9)	8:31 (11)	23:32 (9)	16:19 (11)	7:15 (8)	9:02 (9)	23:04 (11)	8:16 (11)	6:44 (5)	14:35 (5)	9:57 (10)	1:36 (9)
+4:45	+4:18	+8:54	+6:14	+2:23	+2:50	+9:54	+4:03	+1:51	+2:36	+4:55	+0:55
11	Ingar Solberg					Olderskog IL					2:42:28
43:52 (11)	50:22 (11)	1:11:05 (11)	1:23:48 (11)		1:40:33 (11)	2:02:46 (11)	2:09:20 (11)	2:16:08 (11)	2:34:17 (10)	2:41:14 (10)	2:42:28
43:52 (11)	6:30 (9)	20:43 (7)	12:43 (9)		1:40:33 (11)	22:13 (8)	6:34 (9)	6:48 (6)	18:09 (9)	6:57 (8)	0:00
+26:49	+2:17	+6:05	+2:38		+1:34:21	+9:03	+2:21	+1:55	+6:10	+1:55	0:00
12	Per Stedje					Østmarka OK					2:48:33
25:34 (10)	33:22 (10)	1:10:58 (10)	1:13:13 (10)	1:25:10 (11)	1:35:13 (10)	1:58:09 (10)	2:04:53 (10)	2:12:34 (10)	2:36:08 (11)	2:46:50 (11)	2:48:33 (10)
25:34 (10)	7:48 (10)	27:36 (11)	12:15 (7)	11:57 (11)	10:03 (10)	22:56 (10)	6:44 (10)	7:41 (11)	23:34 (11)	10:42 (11)	1:43 (10)
+8:31	+3:35	+12:58	+2:10	+7:05	+3:51	+9:46	+2:31	+2:48	+11:35	+5:40	+1:02
DSQ	Olav Eide					Bækkelagets SK					1:46:38
16:23	21:09	34:38	55:33								1:46:38
16:23	4:46	13:29	20:55								0:00
+16:23	+4:46	+13:29	+20:55								0:00
DSQ	Michael Eckmann Jensen					Nittedal OL					3:13:04
									3:12:10	3:13:04	
									0:00	0:00	
									0:00	0:00	

DNS Kai Halvorsen Aarekol

Siemens

Klasse: Herrer A Kort

169	65	175	41	159	100	249					
1	Knut Anders Løken					Fossum IF					1:05:41
20:45 (1)	32:33 (1)	38:17 (1)	50:48 (1)	1:01:06 (1)	1:04:55 (1)	1:05:41 (1)					
20:45 (1)	11:48 (1)	5:44 (2)	12:31 (2)	10:18 (1)	3:49 (3)	0:46 (3)					
0:00	0:00	+0:09	+0:41	0:00	+0:55	+0:02					
2	Tor Magnus Grøstad					Østmarka OK					1:11:14
24:27 (4)	38:32 (4)	44:40 (4)	56:30 (2)	1:07:36 (2)	1:10:30 (2)	1:11:14 (2)					
24:27 (4)	14:05 (2)	6:08 (4)	11:50 (1)	11:06 (3)	2:54 (1)	0:44 (1)					
+3:42	+2:17	+0:33	0:00	+0:48	0:00	0:00					
3	Bård Natvig					Nittedal OL					1:16:05
22:25 (2)	38:16 (3)	44:23 (3)	58:07 (3)	1:08:48 (3)	1:14:56 (3)	1:16:05 (3)					
22:25 (2)	15:51 (4)	6:07 (3)	13:44 (3)	10:41 (2)	6:08 (7)	1:09 (7)					
+1:40	+4:03	+0:32	+1:54	+0:23	+3:14	+0:25					
4	Odd Eide-Fredriksen					Kamp/Vestheim IF					1:19:43
23:04 (3)	37:37 (2)	43:12 (2)	1:00:58 (4)	1:13:42 (4)	1:18:35 (4)	1:19:43 (4)					
23:04 (3)	14:33 (3)	5:35 (1)	17:46 (5)	12:44 (6)	4:53 (6)	1:08 (6)					
+2:19	+2:45	0:00	+5:56	+2:26	+1:59	+0:24					
5	Karl Gustavsen					Østmarka OK					1:31:40
26:23 (5)	50:32 (5)	58:21 (5)	1:13:50 (5)	1:25:59 (5)	1:30:40 (5)	1:31:40 (5)					
26:23 (5)	24:09 (6)	7:49 (6)	15:29 (4)	12:09 (4)	4:41 (5)	1:00 (5)					
+5:38	+12:21	+2:14	+3:39	+1:51	+1:47	+0:16					
6	Martin Gilljam					Østmarka OK					1:54:04
31:02 (6)	54:12 (6)	1:03:19 (6)	1:35:44 (6)	1:49:51 (6)	1:53:20 (6)	1:54:04 (6)					
31:02 (6)	23:10 (5)	9:07 (7)	32:25 (7)	14:07 (7)	3:29 (2)	0:44 (1)					
+10:17	+11:22	+3:32	+20:35	+3:49	+0:35	0:00					
7	Jens Magnus Rønningen					Østmarka OK					2:03:45
32:11 (7)	1:18:23 (7)	1:24:50 (7)	1:45:38 (7)	1:58:10 (7)	2:02:46 (7)	2:03:45 (7)					
32:11 (7)	46:12 (7)	6:27 (5)	20:48 (6)	12:32 (5)	4:36 (4)	0:59 (4)					
+11:26	+34:24	+0:52	+8:58	+2:14	+1:42	+0:15					
DSQ	Dag Haugland					Østmarka OK					1:54:11
39:40	1:01:33	1:11:22	1:30:49	1:47:22	1:54:11						
39:40	21:53	9:49	19:27	16:33	6:49						
+39:40	+21:53	+9:49	+19:27	+16:33	+6:49						
DNS	Thomas Grøstad					Østmarka OK					

Klasse: Åpen-C

32	38	35	105	171	147	100	249				
1	Aksel Eide					Bækkelagets SK					49:18
11:32 (1)	19:49 (1)	21:33 (1)	27:44 (1)	33:01 (1)	42:35 (1)	48:25 (1)	49:18 (1)				
11:32 (1)	8:17 (2)	1:44 (1)	6:11 (2)	5:17 (1)	9:34 (10)	5:50 (1)	0:53 (4)				

0:00	+0:23	0:00	+0:33	0:00	+2:40	0:00	+0:09	
2	Kristin Sendstad							1:03:47
20:21 (14)	29:34 (10)	32:01 (9)	40:01 (5)	46:08 (3)	53:30 (4)	1:03:03 (3)	1:03:47 (2)	
20:21 (14)	9:13 (4)	2:27 (3)	8:00 (4)	6:07 (3)	7:22 (2)	9:33 (7)	0:44 (1)	
+8:49	+1:19	+0:43	+2:22	+0:50	+0:28	+3:43	0:00	
3	Håvard Hilmarsen							1:03:49
19:57 (12)	29:37 (11)	32:09 (10)	39:49 (4)	46:01 (2)	53:26 (3)	1:02:56 (2)	1:03:49 (3)	
19:57 (12)	9:40 (5)	2:32 (5)	7:40 (3)	6:12 (4)	7:25 (3)	9:30 (6)	0:53 (4)	
+8:25	+1:46	+0:48	+2:02	+0:55	+0:31	+3:40	+0:09	
4	Pernille Nor-Woll							1:05:45
								Østmarka OK
15:03 (3)	23:46 (3)	25:56 (2)	40:28 (6)	46:24 (5)	53:18 (2)	1:04:52 (4)	1:05:45 (4)	
15:03 (3)	8:43 (3)	2:10 (2)	14:32 (11)	5:56 (2)	6:54 (1)	11:34 (11)	0:53 (4)	
+3:31	+0:49	+0:26	+8:54	+0:39	0:00	+5:44	+0:09	
5	Korhan Markussen							1:08:29
14:03 (2)	21:57 (2)	31:20 (6)	36:58 (2)	46:15 (4)	1:00:36 (9)	1:07:30 (5)	1:08:29 (5)	
14:03 (2)	7:54 (1)	9:23 (15)	5:38 (1)	9:17 (6)	14:21 (12)	6:54 (3)	0:59 (9)	
+2:31	0:00	+7:39	0:00	+4:00	+7:27	+1:04	+0:15	
6	Casper Eckmann Aronsen							1:08:42
								Nittedal OL
18:28 (9)	28:19 (6)	31:46 (8)	41:21 (8)	51:55 (6)	1:00:14 (6)	1:07:39 (6)	1:08:42 (6)	
18:28 (9)	9:51 (6)	3:27 (9)	9:35 (6)	10:34 (8)	8:19 (9)	7:25 (4)	1:03 (10)	
+6:56	+1:57	+1:43	+3:57	+5:17	+1:25	+1:35	+0:19	
7	Eldrid Odden Otterlei							1:14:47
								Østmarka OK
20:13 (13)	33:50 (14)	36:33 (13)	50:40 (11)	59:16 (10)	1:07:30 (10)	1:13:42 (7)	1:14:47 (7)	
20:13 (13)	13:37 (13)	2:43 (7)	14:07 (10)	8:36 (5)	8:14 (8)	6:12 (2)	1:05 (11)	
+8:41	+5:43	+0:59	+8:29	+3:19	+1:20	+0:22	+0:21	
8	Marcus Berg-Olsen							1:16:13
								Østmarka OK
18:37 (10)	28:41 (8)	31:14 (5)	41:57 (10)	52:56 (9)	1:00:30 (8)	1:15:07 (10)	1:16:13 (8)	
18:37 (10)	10:04 (9)	2:33 (6)	10:43 (8)	10:59 (9)	7:34 (4)	14:37 (13)	1:06 (12)	
+7:05	+2:10	+0:49	+5:05	+5:42	+0:40	+8:47	+0:22	
9	Kim Berg-Olsen							1:16:16
								Østmarka OK
17:53 (8)	27:52 (4)	31:00 (3)	41:53 (9)	52:00 (7)	59:48 (5)	1:14:58 (8)	1:16:16 (9)	
17:53 (8)	9:59 (8)	3:08 (8)	10:53 (9)	10:07 (7)	7:48 (6)	15:10 (15)	1:18 (14)	
+6:21	+2:05	+1:24	+5:15	+4:50	+0:54	+9:20	+0:34	
10	Jane Nilsen							1:16:19
								Østmarka OK
18:43 (11)	28:36 (7)	31:07 (4)	39:42 (3)	52:49 (8)	1:00:28 (7)	1:15:06 (9)	1:16:19 (10)	
18:43 (11)	9:53 (7)	2:31 (4)	8:35 (5)	13:07 (11)	7:39 (5)	14:38 (14)	1:13 (13)	
+7:11	+1:59	+0:47	+2:57	+7:50	+0:45	+8:48	+0:29	
11	Leah Hanneborg							1:24:08
								Østmarka OK
15:08 (4)	28:01 (5)	31:34 (7)	41:10 (7)	1:06:34 (11)	1:14:25 (11)	1:23:14 (11)	1:24:08 (11)	
15:08 (4)	12:53 (10)	3:33 (10)	9:36 (7)	25:24 (15)	7:51 (7)	8:49 (5)	0:54 (8)	
+3:36	+4:59	+1:49	+3:58	+20:07	+0:57	+2:59	+0:10	
12	Ping Ouyang							1:39:00
								Østmarka OK
27:11 (15)	41:41 (15)		1:01:08 (15)	1:12:31 (15)	1:23:05 (12)	1:36:54 (12)	1:39:00	
27:11 (15)	14:30 (15)		1:01:08 (15)	11:23 (10)	10:34 (11)	13:49 (12)	0:00	
+15:39	+6:36		+55:30	+6:06	+3:40	+7:59	0:00	
13	Ingrid Jarstadmarken Price							1:58:16
								Østmarka OK
16:15 (7)	29:47 (13)	36:31 (12)	54:44 (12)	1:10:28 (13)	1:47:14 (15)	1:57:31 (14)	1:58:16 (12)	
16:15 (7)	13:32 (12)	6:44 (12)	18:13 (12)	15:44 (13)	36:46 (15)	10:17 (8)	0:45 (2)	
+4:43	+5:38	+5:00	+12:35	+10:27	+29:52	+4:27	+0:01	
14	Katrina Jarstadmarken Price							1:58:18
								Østmarka OK
15:58 (5)	29:27 (9)	36:13 (11)	54:47 (13)	1:10:24 (12)	1:46:57 (13)	1:57:29 (13)	1:58:18 (13)	
15:58 (5)	13:29 (11)	6:46 (13)	18:34 (14)	15:37 (12)	36:33 (14)	10:32 (9)	0:49 (3)	
+4:26	+5:35	+5:02	+12:56	+10:20	+29:39	+4:42	+0:05	
15	Pernille Sundt Lyngøy							1:58:26
								Østmarka OK
16:05 (6)	29:42 (12)	36:40 (15)	54:56 (14)	1:10:49 (14)	1:47:00 (14)	1:57:33 (15)	1:58:26 (14)	
16:05 (6)	13:37 (13)	6:58 (14)	18:16 (13)	15:53 (14)	36:11 (13)	10:33 (10)	0:53 (4)	
+4:33	+5:43	+5:14	+12:38	+10:36	+29:17	+4:43	+0:09	
DSQ	Henrik Gudim							1:10:45
								Østmarka OK
					1:10:03	1:10:45		
					0:00	0:00		
					0:00	0:00		
DSQ	Ragnhild Brevik							1:26:45
								Østmarka OK
27:51				58:10	1:11:21	1:25:22	1:26:45	
27:51				58:10	0:00	0:00	0:00	
+27:51				+58:10	0:00	0:00	0:00	
DNS	Ellen Margrete Stubban Hygen							Østmarka OK
DNS	Ping Ouyang							Østmarka OK

Arrangør: Østmarka OK

Antall deltagere: 78

320ms

Brikkesys.no