



**DSQ Jan Tore Henriksen NORGES BANK**

3:06	7:52	11:15	14:18	17:28	28:23	37:54
3:06	4:46	3:23	3:03	3:10	10:55	9:31
+3:06	+4:46	+3:23	+3:03	+3:10	+10:55	+9:31



**48:43**



48:43
0:00
0:00

**Klasse: H55-59(MELLOM)**

31	32	33	34	35	36	67	91	59	64	100	249	
<b>1</b>	<b>Bjørn Solbergseter</b>						<b>BILPOST</b>		<b>39:35</b>			
2:51 (1)	6:33 (1)	9:57 (1)	12:16 (1)	14:10 (1)	19:53 (1)	25:36 (1)	30:01 (1)	34:05 (1)	37:24 (1)	38:41 (1)	39:35 (1)	
2:51 (1)	3:42 (1)	3:24 (1)	2:19 (1)	1:54 (1)	5:43 (1)	5:43 (2)	4:25 (1)	4:04 (1)	3:19 (1)	1:17 (1)	0:54 (1)	
0:00	0:00	0:00	0:00	0:00	0:00	+0:07	0:00	0:00	0:00	0:00	0:00	
<b>2</b>	<b>Tore Fagervold</b>						<b>Bane NOR BIL</b>		<b>46:37</b>			
3:19 (2)	8:16 (3)	12:26 (2)	14:55 (2)	17:15 (2)	23:24 (2)	30:28 (2)	35:29 (2)	40:27 (2)	44:02 (2)	45:29 (2)	46:37 (2)	
3:19 (2)	4:57 (4)	4:10 (2)	2:29 (2)	2:20 (3)	6:09 (2)	7:04 (4)	5:01 (2)	4:58 (2)	3:35 (2)	1:27 (2)	1:08 (4)	
+0:28	+1:15	+0:46	+0:10	+0:26	+0:26	+1:28	+0:36	+0:54	+0:16	+0:10	+0:14	
<b>3</b>	<b>Per Kaarbø</b>						<b>Overtoppen</b>		<b>54:19</b>			
3:25 (3)	7:45 (2)	14:37 (3)	18:43 (3)	21:25 (3)	30:57 (3)	36:33 (3)	42:06 (3)	47:53 (3)	51:29 (3)	53:13 (3)	54:19 (3)	
3:25 (3)	4:20 (2)	6:52 (4)	4:06 (4)	2:42 (4)	9:32 (5)	5:36 (1)	5:33 (3)	5:47 (4)	3:36 (3)	1:44 (5)	1:06 (2)	
+0:34	+0:38	+3:28	+1:47	+0:48	+3:49	0:00	+1:08	+1:43	+0:17	+0:27	+0:12	
<b>4</b>	<b>Håkon Halvorsen</b>						<b>Statnett BIL</b>		<b>1:00:23</b>			
4:33 (5)	9:08 (4)	21:43 (5)	24:18 (5)	26:35 (5)	33:49 (4)	41:12 (4)	47:31 (4)	53:41 (4)	57:44 (4)	59:17 (4)	1:00:23 (4)	
4:33 (5)	4:35 (3)	12:35 (5)	2:35 (3)	2:17 (2)	7:14 (3)	7:23 (5)	6:19 (4)	6:10 (5)	4:03 (4)	1:33 (3)	1:06 (2)	
+1:42	+0:53	+9:11	+0:16	+0:23	+1:31	+1:47	+1:54	+2:06	+0:44	+0:16	+0:12	
<b>5</b>	<b>Frode Johansen</b>						<b>Statoil Oslo Bil</b>		<b>1:01:36</b>			
4:06 (4)	13:15 (5)	17:58 (4)	22:22 (4)	25:43 (4)	35:13 (5)	41:45 (5)	49:12 (5)	54:45 (5)	58:50 (5)	1:00:27 (5)	1:01:36 (5)	
4:06 (4)	9:09 (5)	4:43 (3)	4:24 (5)	3:21 (5)	9:30 (4)	6:32 (3)	7:27 (5)	5:33 (3)	4:05 (5)	1:37 (4)	1:09 (5)	
+1:15	+5:27	+1:19	+2:05	+1:27	+3:47	+0:56	+3:02	+1:29	+0:46	+0:20	+0:15	

# ØSTMARKA OK

Start   Om WinSplits Online   Last opp strekktider   WinSplits Pro    orientering.se																		
Østmarka Open 4, Østmarka OK [11.06.2019] >> Herrer-A >> Bonusmateriale  Hjelp																		
Pl	Navn Klubb	Sluttid	Diff	str tot S-1 (31)	str tot 1-2 (32)	str tot 2-3 (33)	str tot 3-4 (34)	str tot 4-5 (35)	str tot 5-6 (36)	str tot 6-7 (91)	str tot 7-8 (38)	str tot 8-9 (39)	str tot 9-10 (174)	str tot 10-11 (169)	str tot 11-12 (59)	str tot 12-13 (64)	str tot 13-14 (100)	str tot 14-M
1	Knut Edvard Helland Østmarka OK	46.35	+0.00	2.57 (2)	3.28 (2)	3.58 (2)	2.10 (2)	2.21 (2)	5.02 (2)	8.33 (1)	1.35 (2)	3.59 (2)	2.41 (2)	3.08 (1)	1.45 (2)	2.49 (1)	1.13 (3)	0.56 (1)
2	Vetle Christiansen Bækkelaget	52.10	+5.35	2.25 (1)	2.54 (1)	2.35 (1)	1.30 (1)	1.39 (1)	4.00 (1)	14.12 (5)	1.24 (1)	3.55 (1)	2.12 (1)	6.27 (5)	1.44 (1)	4.47 (6)	1.18 (4)	1.08 (5)
3	Håvar Brevik Østmarka OK	1:09.16	+22.41	3.08 (3)	5.41 (5)	4.00 (3)	9.18 (6)	6.13 (4)	5.57 (3)	10.27 (3)	2.16 (5)	4.22 (3)	4.34 (6)	5.52 (4)	1.52 (4)	3.29 (2)	1.10 (2)	0.57 (2)
4	Audun Haugland Østmarka OK	1:14.56	+28.21	3.11 (4)	4.10 (3)	6.49 (6)	3.49 (5)	9.58 (6)	7.44 (4)	12.07 (4)	1.47 (3)	6.29 (5)	3.19 (3)	8.07 (6)	1.47 (3)	3.35 (3)	1.07 (1)	0.57 (2)
5	Yngvar Christiansen Bækkelaget	1:16.43	+30.08	7.52 (6)	7.01 (6)	4.08 (4)	2.24 (3)	3.13 (3)	9.06 (5)	9.47 (2)	4.41 (6)	7.46 (6)	3.50 (5)	4.05 (2)	5.16 (6)	4.25 (5)	1.37 (5)	1.32 (6)
6	Kjetil Sverdrup-Thygeson Østmarka OK	1:21.15	+34.40	3.49 (5)	4.38 (4)	4.44 (5)	2.42 (4)	9.41 (5)	11.03 (6)	19.09 (6)	2.14 (4)	5.21 (4)	3.45 (4)	4.47 (3)	2.15 (5)	4.02 (4)	1.58 (6)	1.07 (4)

Start   Om WinSplits Online   Last opp strekktider   WinSplits Pro    orientering.se																	
Østmarka Open 4, Østmarka OK [11.06.2019] >> Herrer - mellomlang løype >> Bonusmateriale  Hjelp																	
Pl	Navn Klubb	Sluttid	Diff	str tot S-1 (31)	str tot 1-2 (32)	str tot 2-3 (33)	str tot 3-4 (34)	str tot 4-5 (35)	str tot 5-6 (36)	str tot 6-7 (67)	str tot 7-8 (91)	str tot 8-9 (59)	str tot 9-10 (64)	str tot 10-11 (100)	str tot 11-M		
1	Tore Ruud Østmarka OK	45.03	+0.00	3.21 (1)	4.15 (2)	5.17 (1)	2.32 (1)	2.15 (2)	5.34 (1)	6.50 (3)	5.19 (1)	4.56 (2)	3.29 (1)	1.15 (1)	0.00 (3)		
2	Rune Teigland Østmarka OK	46.23	+1.20	3.32 (2)	4.07 (1)	5.39 (3)	2.46 (3)	2.14 (1)	6.09 (2)	5.06 (1)	6.02 (2)	4.32 (1)	3.35 (2)	1.28 (2)	1.13 (1)		
3	Per Stedje Østmarka	1:06.19	+21.16	5.25 (3)	8.56 (3)	5.31 (2)	2.43 (2)	7.30 (3)	8.46 (3)	6.19 (2)	6.55 (3)	6.22 (3)	4.46 (3)	1.40 (3)	1.26 (2)		