

# Strekktider ABIK R6 - Bråteåsen 18. oktober 2021

## Klasse: Lang

| 101                            | 102       | 104                   | 106       | 107       | 108       | 109         | 110         | 111         | 112         | 118            | 113         | 114         | 124         | 115         | 119         | 116         | 121         | 122         | 249         |  |
|--------------------------------|-----------|-----------------------|-----------|-----------|-----------|-------------|-------------|-------------|-------------|----------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--|
| <b>1 Rune Teigland</b>         |           | <b>AAS-JAKOBSEN</b>   |           |           |           |             |             |             |             | <b>33:20</b>   |             |             |             |             |             |             |             |             |             |  |
| 2:40 (5)                       | 4:16 (3)  | 7:08 (2)              | 10:30 (1) | 11:49 (1) | 13:02 (1) | 16:07 (1)   | 17:37 (1)   | 18:08 (1)   | 19:05 (1)   | 20:16 (1)      | 21:52 (1)   | 23:22 (1)   | 26:56 (1)   | 27:44 (1)   | 29:06 (1)   | 30:06 (1)   | 32:22 (1)   | 32:53 (1)   | 33:20 (1)   |  |
| 2:40 (5)                       | 1:36 (2)  | 2:52 (3)              | 3:22 (1)  | 1:19 (6)  | 1:13 (4)  | 3:05 (4)    | 1:30 (4)    | 0:31 (1)    | 0:57 (1)    | 1:11 (1)       | 1:36 (1)    | 1:30 (3)    | 3:34 (3)    | 0:48 (7)    | 1:22 (1)    | 1:00 (2)    | 2:16 (7)    | 0:31 (2)    | 0:27 (3)    |  |
| +1:00                          | +0:24     | +0:07                 | 0:00      | +0:33     | +0:19     | +0:05       | +0:32       | 0:00        | 0:00        | 0:00           | 0:00        | +0:15       | +0:14       | +0:15       | 0:00        | +0:03       | +0:57       | +0:01       | +0:08       |  |
| <b>2 Knut E Helland</b>        |           | <b>LØRENSKOG KOMM</b> |           |           |           |             |             |             |             | <b>33:27</b>   |             |             |             |             |             |             |             |             |             |  |
| 1:40 (1)                       | 3:30 (1)  | 7:10 (3)              | 11:15 (2) | 12:01 (2) | 13:11 (2) | 16:11 (2)   | 17:55 (2)   | 18:39 (2)   | 19:38 (2)   | 20:52 (2)      | 23:14 (3)   | 24:29 (2)   | 27:49 (2)   | 28:28 (2)   | 29:53 (2)   | 30:50 (2)   | 32:23 (2)   | 32:55 (2)   | 33:27 (2)   |  |
| 1:40 (1)                       | 1:50 (3)  | 3:40 (5)              | 4:05 (3)  | 0:46 (1)  | 1:10 (3)  | 3:00 (1)    | 1:44 (6)    | 0:44 (4)    | 0:59 (3)    | 1:14 (2)       | 2:22 (7)    | 1:15 (1)    | 3:20 (1)    | 0:39 (2)    | 1:25 (2)    | 0:57 (1)    | 1:33 (3)    | 0:32 (4)    | 0:32 (7)    |  |
| 0:00                           | +0:38     | +0:55                 | +0:43     | 0:00      | +0:16     | 0:00        | +0:46       | +0:13       | +0:02       | +0:03          | +0:46       | 0:00        | 0:00        | +0:06       | +0:03       | 0:00        | +0:14       | +0:02       | +0:13       |  |
| <b>3 Kristin Waage</b>         |           | <b>FFI BIL</b>        |           |           |           |             |             |             |             | <b>35:20</b>   |             |             |             |             |             |             |             |             |             |  |
| 1:47 (2)                       | 3:56 (2)  | 6:41 (1)              | 12:00 (4) | 12:59 (4) | 13:53 (3) | 16:56 (3)   | 18:10 (3)   | 18:47 (3)   | 19:44 (3)   | 21:22 (3)      | 23:12 (2)   | 25:56 (3)   | 29:47 (3)   | 30:20 (3)   | 32:04 (3)   | 33:09 (3)   | 34:28 (3)   | 34:59 (3)   | 35:20 (3)   |  |
| 1:47 (2)                       | 2:09 (5)  | 2:45 (1)              | 5:19 (4)  | 0:59 (3)  | 0:54 (1)  | 3:03 (2)    | 1:14 (2)    | 0:37 (3)    | 0:57 (1)    | 1:38 (5)       | 1:50 (5)    | 2:44 (6)    | 3:51 (4)    | 0:33 (1)    | 1:44 (4)    | 1:05 (4)    | 1:19 (1)    | 0:31 (2)    | 0:21 (2)    |  |
| +0:07                          | +0:57     | 0:00                  | +1:57     | +0:13     | 0:00      | +0:03       | +0:16       | +0:06       | 0:00        | +0:27          | +0:14       | +1:29       | +0:31       | 0:00        | +0:22       | +0:08       | 0:00        | +0:01       | +0:02       |  |
| <b>4 Carl Erik Wasberg</b>     |           | <b>FFI BIL</b>        |           |           |           |             |             |             |             | <b>37:10</b>   |             |             |             |             |             |             |             |             |             |  |
| 2:43 (6)                       | 4:45 (5)  | 7:47 (4)              | 11:23 (3) | 12:37 (3) | 13:56 (4) | 17:46 (4)   | 19:13 (4)   | 20:00 (4)   | 21:09 (4)   | 23:08 (4)      | 24:46 (4)   | 26:32 (4)   | 30:27 (4)   | 31:08 (4)   | 32:52 (4)   | 34:05 (4)   | 36:04 (4)   | 36:40 (4)   | 37:10 (4)   |  |
| 2:43 (6)                       | 2:02 (4)  | 3:02 (4)              | 3:36 (2)  | 1:14 (5)  | 1:19 (6)  | 3:50 (5)    | 1:27 (3)    | 0:47 (5)    | 1:09 (5)    | 1:59 (6)       | 1:38 (2)    | 1:46 (5)    | 3:55 (6)    | 0:41 (4)    | 1:44 (4)    | 1:13 (6)    | 1:59 (5)    | 0:36 (5)    | 0:30 (4)    |  |
| +1:03                          | +0:50     | +0:17                 | +0:14     | +0:28     | +0:25     | +0:50       | +0:29       | +0:16       | +0:12       | +0:48          | +0:02       | +0:31       | +0:35       | +0:08       | +0:22       | +0:16       | +0:40       | +0:06       | +0:11       |  |
| <b>5 Frank Åge Kippernes</b>   |           | <b>FFI BIL</b>        |           |           |           |             |             |             |             | <b>37:37</b>   |             |             |             |             |             |             |             |             |             |  |
| 4:56 (7)                       | 6:08 (7)  | 8:54 (6)              | 14:43 (6) | 15:33 (5) | 16:27 (5) | 19:31 (5)   | 20:29 (5)   | 21:04 (5)   | 23:35 (5)   | 25:06 (5)      | 26:55 (5)   | 28:23 (5)   | 31:45 (5)   | 32:24 (5)   | 34:16 (5)   | 35:19 (5)   | 36:48 (5)   | 37:18 (5)   | 37:37 (5)   |  |
| 4:56 (7)                       | 1:12 (1)  | 2:46 (2)              | 5:49 (5)  | 0:50 (2)  | 0:54 (1)  | 3:04 (3)    | 0:58 (1)    | 0:35 (2)    | 2:31 (7)    | 1:31 (3)       | 1:49 (3)    | 1:28 (2)    | 3:22 (2)    | 0:39 (2)    | 1:52 (7)    | 1:03 (3)    | 1:29 (2)    | 0:30 (1)    | 0:19 (1)    |  |
| +3:16                          | 0:00      | +0:01                 | +2:27     | +0:04     | 0:00      | +0:04       | 0:00        | +0:04       | +1:34       | +0:20          | +0:13       | +0:13       | +0:02       | +0:06       | +0:30       | +0:06       | +0:10       | 0:00        | 0:00        |  |
| <b>6 Audrun Utskarpen</b>      |           | <b>IL Geoform</b>     |           |           |           |             |             |             |             | <b>47:45</b>   |             |             |             |             |             |             |             |             |             |  |
| 1:55 (3)                       | 4:26 (4)  | 8:35 (5)              | 14:35 (5) | 15:38 (6) | 17:04 (6) | 21:07 (6)   | 23:05 (6)   | 23:56 (6)   | 25:16 (6)   | 27:40 (6)      | 29:29 (6)   | 34:20 (6)   | 40:26 (6)   | 41:08 (6)   | 42:56 (6)   | 44:30 (6)   | 46:29 (6)   | 47:14 (6)   | 47:45 (6)   |  |
| 1:55 (3)                       | 2:31 (6)  | 4:09 (6)              | 6:00 (6)  | 1:03 (4)  | 1:26 (7)  | 4:03 (6)    | 1:58 (7)    | 0:51 (6)    | 1:20 (6)    | 2:24 (7)       | 1:49 (3)    | 4:51 (8)    | 6:06 (7)    | 0:42 (5)    | 1:48 (6)    | 1:34 (7)    | 1:59 (5)    | 0:45 (6)    | 0:31 (6)    |  |
| +0:15                          | +1:19     | +1:24                 | +2:38     | +0:17     | +0:32     | +1:03       | +1:00       | +0:20       | +0:23       | +1:13          | +0:13       | +3:36       | +2:46       | +0:09       | +0:26       | +0:37       | +0:40       | +0:15       | +0:12       |  |
| <b>7 Gunnar Rustad</b>         |           | <b>FFI BIL</b>        |           |           |           |             |             |             |             | <b>52:09</b>   |             |             |             |             |             |             |             |             |             |  |
| 2:04 (4)                       | 5:18 (6)  | 13:12 (7)             | 22:55 (7) | 24:21 (7) | 25:35 (7) | 32:53 (7)   | 34:27 (7)   | 35:32 (7)   | 36:38 (7)   | 38:09 (7)      | 40:02 (7)   | 41:32 (7)   | 45:24 (7)   | 46:10 (7)   | 47:44 (7)   | 48:52 (7)   | 50:48 (7)   | 51:39 (7)   | 52:09 (7)   |  |
| 2:04 (4)                       | 3:14 (7)  | 7:54 (7)              | 9:43 (7)  | 1:26 (7)  | 1:14 (5)  | 7:18 (8)    | 1:34 (5)    | 1:05 (7)    | 1:06 (4)    | 1:31 (3)       | 1:53 (6)    | 1:30 (3)    | 3:52 (5)    | 0:46 (6)    | 1:34 (3)    | 1:08 (5)    | 1:56 (4)    | 0:51 (7)    | 0:30 (4)    |  |
| +0:24                          | +2:02     | +5:09                 | +6:21     | +0:40     | +0:20     | +4:18       | +0:36       | +0:34       | +0:09       | +0:20          | +0:17       | +0:15       | +0:32       | +0:13       | +0:12       | +0:11       | +0:37       | +0:21       | +0:11       |  |
| <b>8 Kai Halvorsen Aarekol</b> |           | <b>Siemens</b>        |           |           |           |             |             |             |             | <b>1:43:50</b> |             |             |             |             |             |             |             |             |             |  |
| 6:05 (8)                       | 10:07 (8) | 31:54 (8)             | 50:42 (8) | 53:50 (8) | 55:57 (8) | 1:01:49 (8) | 1:04:33 (8) | 1:09:35 (8) | 1:12:59 (8) | 1:16:00 (8)    | 1:19:40 (8) | 1:23:39 (8) | 1:31:12 (8) | 1:32:37 (8) | 1:35:18 (8) | 1:38:06 (8) | 1:41:28 (8) | 1:42:51 (8) | 1:43:50 (8) |  |
| 6:05 (8)                       | 4:02 (8)  | 21:47 (8)             | 18:48 (8) | 3:08 (8)  | 2:07 (8)  | 5:52 (7)    | 2:44 (8)    | 5:02 (8)    | 3:24 (8)    | 3:01 (8)       | 3:40 (8)    | 3:59 (7)    | 7:33 (8)    | 1:25 (8)    | 2:41 (8)    | 2:48 (8)    | 3:22 (8)    | 1:23 (8)    | 0:59 (8)    |  |
| +4:25                          | +2:50     | +19:02                | +15:26    | +2:22     | +1:13     | +2:52       | +1:46       | +4:31       | +2:27       | +1:50          | +2:04       | +2:44       | +4:13       | +0:52       | +1:19       | +1:51       | +2:03       | +0:53       | +0:40       |  |

## Klasse: Kort

| 101        | 102                        | 108       | 104       | 110       | 111       | 112                          | 118       | 124         | 115            | 119         | 116         | 122         | 249         |
|------------|----------------------------|-----------|-----------|-----------|-----------|------------------------------|-----------|-------------|----------------|-------------|-------------|-------------|-------------|
| <b>1</b>   | <b>Vidar Berteig</b>       |           |           |           |           | <b>IL GeoForm</b>            |           |             | <b>23:50</b>   |             |             |             |             |
| 1:42 (1)   | 3:28 (1)                   | 4:24 (1)  | 8:54 (1)  | 10:41 (1) | 11:32 (1) | 12:50 (1)                    | 14:17 (1) | 18:55 (1)   | 19:36 (1)      | 21:04 (1)   | 22:11 (1)   | 23:23 (1)   | 23:50 (1)   |
| 1:42 (1)   | 1:46 (1)                   | 0:56 (1)  | 4:30 (2)  | 1:47 (1)  | 0:51 (1)  | 1:18 (1)                     | 1:27 (1)  | 4:38 (3)    | 0:41 (1)       | 1:28 (1)    | 1:07 (1)    | 1:12 (1)    | 0:27 (1)    |
| 0:00       | 0:00                       | 0:00      | +0:49     | 0:00      | 0:00      | 0:00                         | 0:00      | +0:34       | 0:00           | 0:00        | 0:00        | 0:00        | 0:00        |
| <b>2</b>   | <b>Thomas Lunde Jensen</b> |           |           |           |           | <b>FFI</b>                   |           |             | <b>30:05</b>   |             |             |             |             |
| 3:24 (2)   | 5:30 (2)                   | 6:46 (2)  | 10:27 (2) | 13:04 (2) | 14:13 (2) | 16:03 (2)                    | 18:17 (2) | 22:21 (2)   | 23:26 (2)      | 25:51 (2)   | 27:39 (2)   | 29:29 (2)   | 30:05 (2)   |
| 3:24 (2)   | 2:06 (3)                   | 1:16 (3)  | 3:41 (1)  | 2:37 (2)  | 1:09 (2)  | 1:50 (2)                     | 2:14 (2)  | 4:04 (1)    | 1:05 (2)       | 2:25 (3)    | 1:48 (3)    | 1:50 (2)    | 0:36 (3)    |
| +1:42      | +0:20                      | +0:20     | 0:00      | +0:50     | +0:18     | +0:32                        | +0:47     | 0:00        | +0:24          | +0:57       | +0:41       | +0:38       | +0:09       |
| <b>3</b>   | <b>Anita von Krogh</b>     |           |           |           |           | <b>Folkehelseinstituttet</b> |           |             | <b>41:09</b>   |             |             |             |             |
| 4:33 (3)   | 6:38 (3)                   | 7:49 (3)  | 17:52 (3) | 20:54 (3) | 22:30 (3) | 25:56 (3)                    | 28:28 (3) | 32:42 (3)   | 33:48 (3)      | 36:02 (3)   | 37:47 (3)   | 40:39 (3)   | 41:09 (3)   |
| 4:33 (3)   | 2:05 (2)                   | 1:11 (2)  | 10:03 (3) | 3:02 (3)  | 1:36 (3)  | 3:26 (3)                     | 2:32 (3)  | 4:14 (2)    | 1:06 (3)       | 2:14 (2)    | 1:45 (2)    | 2:52 (3)    | 0:30 (2)    |
| +2:51      | +0:19                      | +0:15     | +6:22     | +1:15     | +0:45     | +2:08                        | +1:05     | +0:10       | +0:25          | +0:46       | +0:38       | +1:40       | +0:03       |
| <b>4</b>   | <b>Kirsti Blomdal</b>      |           |           |           |           | <b>LØRENSKOG KOMM</b>        |           |             | <b>1:28:04</b> |             |             |             |             |
| 11:29 (4)  | 18:43 (4)                  | 21:17 (4) | 33:10 (4) | 39:32 (4) | 43:19 (4) | 47:13 (4)                    | 54:41 (4) | 1:08:01 (4) | 1:10:26 (4)    | 1:17:59 (4) | 1:21:58 (4) | 1:26:59 (4) | 1:28:04 (4) |
| 11:29 (4)  | 7:14 (4)                   | 2:34 (4)  | 11:53 (4) | 6:22 (4)  | 3:47 (4)  | 3:54 (4)                     | 7:28 (4)  | 13:20 (4)   | 2:25 (4)       | 7:33 (4)    | 3:59 (4)    | 5:01 (4)    | 1:05 (4)    |
| +9:47      | +5:28                      | +1:38     | +8:12     | +4:35     | +2:56     | +2:36                        | +6:01     | +9:16       | +1:44          | +6:05       | +2:52       | +3:49       | +0:38       |
| <b>DSQ</b> | <b>Ping Ouyang</b>         |           |           |           |           | <b>Østmarka OK</b>           |           |             | <b>1:01:08</b> |             |             |             |             |
| 8:54       | 15:50                      | 20:15     | 49:41     |           |           |                              |           |             |                | 54:18       | 59:36       | 1:01:08     |             |
| 8:54       | 6:56                       | 4:25      | 29:26     |           |           |                              |           |             |                | 0:00        | 0:00        | 0:00        |             |
| +8:54      | +6:56                      | +4:25     | +29:26    |           |           |                              |           |             |                | 0:00        | 0:00        | 0:00        |             |

Arrangør: ABIK Romerike Orientering

Antall deltagere: 13