

Klasse: D 17-

| 41 | 58 | 173 | 177 | 178 | 42 | 38 | 168 | 54 | 56 | 87 |
|---------------|-------------------------------|-----------|-----------|-----------|-----------|----------------------------|-------------|-------------|----------------|-------------|
| 1 | Lone Brochmann | | | | | Nydalens SK | | | 37:56 | |
| 5:14 (2) | 9:14 (2) | 22:14 (3) | 24:44 (3) | 26:56 (2) | 32:36 (3) | 33:43 (2) | 34:58 (2) | 36:05 (2) | 37:39 (1) | 37:56 (1) |
| 5:14 (2) | 4:00 (1) | 13:00 (3) | 2:30 (3) | 2:12 (1) | 5:40 (2) | 1:07 (2) | 1:15 (3) | 1:07 (1) | 1:34 (1) | 0:17 (2) |
| +0:30 | 0:00 | +0:27 | +0:08 | 0:00 | +0:10 | +0:14 | +0:08 | 0:00 | 0:00 | +0:01 |
| 2 | Marthe Gløersen | | | | | Bækkelaget SK | | | 37:59 | |
| 4:44 (1) | 8:52 (1) | 21:25 (1) | 24:03 (1) | 26:24 (1) | 32:14 (1) | 33:07 (1) | 34:14 (1) | 35:38 (1) | 37:43 (2) | 37:59 (2) |
| 4:44 (1) | 4:08 (3) | 12:33 (1) | 2:38 (4) | 2:21 (3) | 5:50 (3) | 0:53 (1) | 1:07 (1) | 1:24 (5) | 2:05 (3) | 0:16 (1) |
| 0:00 | +0:08 | 0:00 | +0:16 | +0:09 | +0:20 | 0:00 | 0:00 | +0:17 | +0:31 | 0:00 |
| 3 | Mia Mathisen Bekhus | | | | | Fredrikstad SK | | | 39:05 | |
| 5:22 (3) | 9:29 (3) | 22:13 (2) | 24:35 (2) | 27:05 (3) | 32:35 (2) | 34:03 (3) | 35:16 (3) | 36:35 (3) | 38:44 (3) | 39:05 (3) |
| 5:22 (3) | 4:07 (2) | 12:44 (2) | 2:22 (1) | 2:30 (4) | 5:30 (1) | 1:28 (5) | 1:13 (2) | 1:19 (3) | 2:09 (5) | 0:21 (8) |
| +0:38 | +0:07 | +0:11 | 0:00 | +0:18 | 0:00 | +0:35 | +0:06 | +0:12 | +0:35 | +0:05 |
| 4 | Ane Ingeborg Kalbækken | | | | | Ås-NMBU Orientering | | | 49:41 | |
| 6:32 (4) | 11:57 (4) | 31:21 (5) | 33:47 (5) | 36:01 (4) | 43:16 (4) | 44:44 (4) | 46:06 (4) | 47:24 (4) | 49:21 (4) | 49:41 (4) |
| 6:32 (4) | 5:25 (4) | 19:24 (6) | 2:26 (2) | 2:14 (2) | 7:15 (4) | 1:28 (5) | 1:22 (4) | 1:18 (2) | 1:57 (2) | 0:20 (6) |
| +1:48 | +1:25 | +6:51 | +0:04 | +0:02 | +1:45 | +0:35 | +0:15 | +0:11 | +0:23 | +0:04 |
| 5 | Emma Aune Jakobsen | | | | | OK Moss | | | 52:39 | |
| 7:56 (6) | 13:28 (5) | 29:55 (4) | 33:02 (4) | 36:06 (5) | 44:49 (5) | 46:31 (5) | 48:13 (5) | 50:12 (5) | 52:20 (5) | 52:39 (5) |
| 7:56 (6) | 5:32 (5) | 16:27 (5) | 3:07 (5) | 3:04 (7) | 8:43 (8) | 1:42 (8) | 1:42 (7) | 1:59 (8) | 2:08 (4) | 0:19 (3) |
| +3:12 | +1:32 | +3:54 | +0:45 | +0:52 | +3:13 | +0:49 | +0:35 | +0:52 | +0:34 | +0:03 |
| 6 | Malin Eijsink | | | | | Nydalens SK | | | 57:16 | |
| 8:19 (8) | 14:32 (6) | 34:03 (6) | 38:31 (6) | 41:32 (6) | 49:52 (6) | 51:28 (6) | 53:01 (6) | 54:43 (6) | 56:56 (6) | 57:16 (6) |
| 8:19 (8) | 6:13 (6) | 19:31 (7) | 4:28 (8) | 3:01 (6) | 8:20 (7) | 1:36 (7) | 1:33 (6) | 1:42 (6) | 2:13 (6) | 0:20 (6) |
| +3:35 | +2:13 | +6:58 | +2:06 | +0:49 | +2:50 | +0:43 | +0:26 | +0:35 | +0:39 | +0:04 |
| 7 | Karoline Bjørnerød | | | | | OK Moss | | | 58:33 | |
| 7:56 (6) | 19:41 (8) | 35:59 (7) | 39:11 (7) | 42:55 (7) | 51:07 (7) | 52:31 (7) | 54:15 (7) | 55:57 (7) | 58:14 (7) | 58:33 (7) |
| 7:56 (6) | 11:45 (8) | 16:18 (4) | 3:12 (6) | 3:44 (8) | 8:12 (6) | 1:24 (4) | 1:44 (8) | 1:42 (6) | 2:17 (7) | 0:19 (3) |
| +3:12 | +7:45 | +3:45 | +0:50 | +1:32 | +2:42 | +0:31 | +0:37 | +0:35 | +0:43 | +0:03 |
| 8 | Mari Brøndbo Dahl | | | | | Ås-NMBU Orientering | | | 1:04:07 | |
| 7:36 (5) | 18:29 (7) | 43:19 (8) | 47:01 (8) | 49:41 (8) | 57:27 (8) | 58:39 (8) | 1:00:08 (8) | 1:01:29 (8) | 1:03:48 (8) | 1:04:07 (8) |
| 7:36 (5) | 10:53 (7) | 24:50 (8) | 3:42 (7) | 2:40 (5) | 7:46 (5) | 1:12 (3) | 1:29 (5) | 1:21 (4) | 2:19 (8) | 0:19 (3) |
| +2:52 | +6:53 | +12:17 | +1:20 | +0:28 | +2:16 | +0:19 | +0:22 | +0:14 | +0:45 | +0:03 |
| DNS | Linda Fredh | | | | | OK Moss | | | | |
| Avlest | Linn Mei Waaler | | | | | Ås-NMBU Orientering | | | 49:57 | |
| 7:39 | 12:55 | 29:01 | 32:04 | 35:05 | 42:04 | 43:37 | 45:31 | 47:29 | 49:30 | 49:57 |
| 7:39 | 5:16 | 16:06 | 3:03 | 3:01 | 6:59 | 1:33 | 1:54 | 1:58 | 2:01 | 0:27 |
| +7:39 | +5:16 | +16:06 | +3:03 | +3:01 | +6:59 | +1:33 | +1:54 | +1:58 | +2:01 | +0:27 |

Klasse: H 17- A kort

| 41 | 58 | 173 | 177 | 178 | 42 | 38 | 168 | 54 | 56 | 87 |
|----------|-----------------------------|------------|-----------|-----------|-----------|-------------------------|-----------|-----------|--------------|-----------|
| 1 | Bjørn Erik Glomsrud | | | | | Indre Østfold OK | | | 33:53 | |
| 3:39 (1) | 9:15 (5) | 20:19 (1) | 22:28 (1) | 24:28 (1) | 28:56 (1) | 30:10 (1) | 31:10 (1) | 32:01 (1) | 33:37 (1) | 33:53 (1) |
| 3:39 (1) | 5:36 (10) | 11:04 (1) | 2:09 (2) | 2:00 (1) | 4:28 (1) | 1:14 (8) | 1:00 (1) | 0:51 (1) | 1:36 (5) | 0:16 (3) |
| 0:00 | +1:33 | 0:00 | +0:10 | 0:00 | 0:00 | +0:13 | 0:00 | 0:00 | +0:13 | +0:03 |
| 2 | Øyvind Løken | | | | | OK Moss | | | 36:51 | |
| 4:48 (6) | 9:08 (4) | 21:05 (3) | 23:25 (2) | 25:54 (2) | 31:08 (2) | 32:16 (2) | 33:28 (2) | 34:51 (2) | 36:34 (2) | 36:51 (2) |
| 4:48 (6) | 4:20 (4) | 11:57 (2) | 2:20 (4) | 2:29 (7) | 5:14 (3) | 1:08 (4) | 1:12 (6) | 1:23 (10) | 1:43 (8) | 0:17 (4) |
| +1:09 | +0:17 | +0:53 | +0:21 | +0:29 | +0:46 | +0:07 | +0:12 | +0:32 | +0:20 | +0:04 |
| 3 | Erlend Sommerhein | | | | | Fossum IF | | | 36:57 | |
| 5:30 (9) | 9:50 (7) | 22:49 (7) | 24:48 (5) | 26:52 (4) | 31:38 (3) | 32:46 (3) | 33:57 (3) | 35:02 (3) | 36:37 (3) | 36:57 (3) |
| 5:30 (9) | 4:20 (4) | 12:59 (6) | 1:59 (1) | 2:04 (2) | 4:46 (2) | 1:08 (4) | 1:11 (5) | 1:05 (2) | 1:35 (4) | 0:20 (6) |
| +1:51 | +0:17 | +1:55 | 0:00 | +0:04 | +0:18 | +0:07 | +0:11 | +0:14 | +0:12 | +0:07 |
| 4 | Magnus Sigurdsson | | | | | Stokke IL | | | 37:31 | |
| 4:19 (2) | 8:23 (1) | 20:53 (2) | 24:17 (3) | 26:30 (3) | 32:03 (4) | 33:04 (4) | 34:27 (4) | 35:40 (4) | 37:13 (4) | 37:31 (4) |
| 4:19 (2) | 4:04 (2) | 12:30 (4) | 3:24 (10) | 2:13 (3) | 5:33 (4) | 1:01 (1) | 1:23 (9) | 1:13 (5) | 1:33 (3) | 0:18 (5) |
| +0:40 | +0:01 | +1:26 | +1:25 | +0:13 | +1:05 | 0:00 | +0:23 | +0:22 | +0:10 | +0:05 |
| 5 | Erik Rytter Jakobsen | | | | | OK Moss | | | 38:28 | |
| 4:46 (3) | 9:06 (3) | 22:35 (5) | 24:53 (6) | 27:11 (6) | 33:33 (6) | 34:34 (6) | 35:43 (6) | 36:50 (6) | 38:13 (6) | 38:28 (5) |
| 4:46 (3) | 4:20 (4) | 13:29 (8) | 2:18 (3) | 2:18 (4) | 6:22 (7) | 1:01 (1) | 1:09 (3) | 1:07 (3) | 1:23 (1) | 0:15 (2) |
| +1:07 | +0:17 | +2:25 | +0:19 | +0:18 | +1:54 | 0:00 | +0:09 | +0:16 | 0:00 | +0:02 |
| 6 | Audun Bjerknes | | | | | Måren OK | | | 38:31 | |
| 5:01 (8) | 9:33 (6) | 22:02 (4) | 24:22 (4) | 27:01 (5) | 32:38 (5) | 33:48 (5) | 35:02 (5) | 36:18 (5) | 38:08 (5) | 38:31 (6) |
| 5:01 (8) | 4:32 (7) | 12:29 (3) | 2:20 (4) | 2:39 (9) | 5:37 (5) | 1:10 (6) | 1:14 (7) | 1:16 (8) | 1:50 (9) | 0:23 (8) |
| +1:22 | +0:29 | +1:25 | +0:21 | +0:39 | +1:09 | +0:09 | +0:14 | +0:25 | +0:27 | +0:10 |
| 7 | Simen Dalen Eriksen | | | | | Asker Skiklubb | | | 40:26 | |
| 4:46 (3) | 10:01 (8) | 23:08 (9) | 25:33 (9) | 28:01 (8) | 35:17 (9) | 36:19 (8) | 37:28 (8) | 38:46 (8) | 40:13 (8) | 40:26 (7) |
| 4:46 (3) | 5:15 (8) | 13:07 (7) | 2:25 (6) | 2:28 (6) | 7:16 (11) | 1:02 (3) | 1:09 (3) | 1:18 (9) | 1:27 (2) | 0:13 (1) |
| +1:07 | +1:12 | +2:03 | +0:26 | +0:28 | +2:48 | +0:01 | +0:09 | +0:27 | +0:04 | 0:00 |
| 8 | Donatas Kontautas | | | | | OK Moss | | | 40:29 | |
| 4:46 (3) | 8:50 (2) | 22:36 (6) | 25:15 (7) | 27:40 (7) | 34:26 (7) | 36:07 (7) | 37:15 (7) | 38:29 (7) | 40:08 (7) | 40:29 (8) |
| 4:46 (3) | 4:04 (2) | 13:46 (10) | 2:39 (8) | 2:25 (5) | 6:46 (8) | 1:41 (10) | 1:08 (2) | 1:14 (6) | 1:39 (6) | 0:21 (7) |
| +1:07 | +0:01 | +2:42 | +0:40 | +0:25 | +2:18 | +0:40 | +0:08 | +0:23 | +0:16 | +0:08 |

| | | | |
|-----------|---|----------------------------|--------------|
| 9 | Thomas Roskifte | OK Moss | 41:57 |
| 4:57 (7) | 10:23 (10) 24:06 (10) 26:46 (10) 29:20 (10) 36:14 (10) 37:25 (9) 38:40 (9) 39:55 (9) 41:34 (9) 41:57 (9) | | |
| 4:57 (7) | 5:26 (9) 13:43 (9) 2:40 (9) 2:34 (8) 6:54 (9) 1:11 (7) 1:15 (8) 1:15 (7) 1:39 (6) 0:23 (8) | | |
| +1:18 | +1:23 +2:39 +0:41 +0:34 +2:26 +0:10 +0:15 +0:24 +0:16 +0:10 | | |
| 10 | Magnus Svaland Dale | OL Vallset/Stange | 45:15 |
| 6:15 (10) | 10:18 (9) 22:58 (8) 25:31 (8) 28:45 (9) 34:43 (8) 40:06 (10) 41:49 (10) 42:57 (10) 44:48 (10) 45:15 (10) | | |
| 6:15 (10) | 4:03 (1) 12:40 (5) 2:33 (7) 3:14 (10) 5:58 (6) 5:23 (11) 1:43 (10) 1:08 (4) 1:51 (10) 0:27 (11) | | |
| +2:36 | 0:00 +1:36 +0:34 +1:14 +1:30 +4:22 +0:43 +0:17 +0:28 +0:14 | | |
| 11 | Robert Banfi | Ås-NMBU Orientering | 50:53 |
| 6:22 (11) | 12:59 (11) 29:03 (11) 32:49 (11) 36:10 (11) 43:16 (11) 44:49 (11) 46:38 (11) 48:18 (11) 50:28 (11) 50:53 (11) | | |
| 6:22 (11) | 6:37 (11) 16:04 (11) 3:46 (11) 3:21 (11) 7:06 (10) 1:33 (9) 1:49 (11) 1:40 (11) 2:10 (11) 0:25 (10) | | |
| +2:43 | +2:34 +5:00 +1:47 +1:21 +2:38 +0:32 +0:49 +0:49 +0:47 +0:12 | | |

Klasse: Night & Fog Masters

Men

| | | | | | | | | | | |
|-----------|---|---------------------------------|--------------|------------|-----------|-----------|------------|-----------|-----------|-----------|
| 41 | 58 | 173 | 177 | 178 | 42 | 38 | 168 | 54 | 56 | 87 |
| 1 | Jan Richard Eriksen | Asker Skiklubb | 36:37 | | | | | | | |
| 4:29 (2) | 8:26 (1) 21:17 (3) 23:27 (1) 25:43 (1) 31:27 (1) 32:41 (1) 33:53 (1) 34:59 (1) 36:20 (1) 36:37 (1) | | | | | | | | | |
| 4:29 (2) | 3:57 (1) 12:51 (5) 2:10 (1) 2:16 (3) 5:44 (3) 1:14 (11) 1:12 (3) 1:06 (3) 1:21 (1) 0:17 (1) | | | | | | | | | |
| +0:03 | 0:00 +0:28 0:00 +0:08 +0:15 +0:19 +0:07 +0:06 0:00 0:00 | | | | | | | | | |
| 2 | Jan Tore Henriksen | Norges Bank BIL | 37:44 | | | | | | | |
| 4:32 (4) | 8:38 (4) 21:09 (1) 23:36 (2) 26:13 (3) 32:01 (2) 33:12 (2) 34:28 (2) 35:49 (2) 37:25 (2) 37:44 (2) | | | | | | | | | |
| 4:32 (4) | 4:06 (4) 12:31 (3) 2:27 (3) 2:37 (11) 5:48 (4) 1:11 (10) 1:16 (7) 1:21 (10) 1:36 (7) 0:19 (3) | | | | | | | | | |
| +0:06 | +0:09 +0:08 +0:17 +0:29 +0:19 +0:16 +0:11 +0:21 +0:15 +0:02 | | | | | | | | | |
| 3 | Jo Inge Fjellstad | Ås-NMBU Orientering | 38:05 | | | | | | | |
| 4:46 (5) | 8:49 (5) 21:12 (2) 23:44 (3) 26:05 (2) 32:18 (4) 33:43 (4) 35:01 (4) 36:10 (4) 37:44 (3) 38:05 (3) | | | | | | | | | |
| 4:46 (5) | 4:03 (2) 12:23 (1) 2:32 (4) 2:21 (6) 6:13 (8) 1:25 (13) 1:18 (8) 1:09 (4) 1:34 (3) 0:21 (12) | | | | | | | | | |
| +0:20 | +0:06 0:00 +0:22 +0:13 +0:44 +0:30 +0:13 +0:09 +0:13 +0:04 | | | | | | | | | |
| 4 | Ole Kjell Langmyren | Lillomarka OL | 38:33 | | | | | | | |
| 4:26 (1) | 8:36 (3) 21:44 (4) 24:24 (5) 26:41 (4) 32:14 (3) 33:24 (3) 34:39 (3) 35:53 (3) 38:14 (4) 38:33 (4) | | | | | | | | | |
| 4:26 (1) | 4:10 (7) 13:08 (8) 2:40 (8) 2:17 (5) 5:33 (2) 1:10 (9) 1:15 (5) 1:14 (6) 2:21 (21) 0:19 (3) | | | | | | | | | |
| 0:00 | +0:13 +0:45 +0:30 +0:09 +0:04 +0:15 +0:10 +0:14 +1:00 +0:02 | | | | | | | | | |
| 5 | Knut Edvard Helland | Østmarka OK | 38:49 | | | | | | | |
| 5:23 (10) | 9:33 (7) 22:02 (6) 25:44 (8) 28:00 (7) 33:29 (6) 34:34 (6) 35:44 (5) 36:49 (5) 38:28 (5) 38:49 (5) | | | | | | | | | |
| 5:23 (10) | 4:10 (7) 12:29 (2) 3:42 (22) 2:16 (3) 5:29 (1) 1:05 (5) 1:10 (2) 1:05 (2) 1:39 (9) 0:21 (12) | | | | | | | | | |
| +0:57 | +0:13 +0:06 +1:32 +0:08 0:00 +0:10 +0:05 +0:05 +0:18 +0:04 | | | | | | | | | |
| 6 | Vidar Benjaminsen | Lillomarka OL | 39:16 | | | | | | | |
| 5:05 (7) | 9:34 (8) 22:40 (7) 25:21 (6) 27:43 (6) 33:40 (7) 34:39 (7) 35:54 (7) 37:22 (7) 38:54 (6) 39:16 (6) | | | | | | | | | |
| 5:05 (7) | 4:29 (10) 13:06 (7) 2:41 (9) 2:22 (7) 5:57 (7) 0:59 (2) 1:15 (5) 1:28 (13) 1:32 (2) 0:22 (16) | | | | | | | | | |
| +0:39 | +0:32 +0:43 +0:31 +0:14 +0:28 +0:04 +0:10 +0:28 +0:11 +0:05 | | | | | | | | | |
| 7 | Stein Blomseth | Lillomarka OL | 40:52 | | | | | | | |
| 5:06 (8) | 9:15 (6) 21:59 (5) 24:23 (4) 26:48 (5) 33:04 (5) 34:11 (5) 35:49 (6) 37:09 (6) 40:31 (7) 40:52 (7) | | | | | | | | | |
| 5:06 (8) | 4:09 (6) 12:44 (4) 2:24 (2) 2:25 (8) 6:16 (9) 1:07 (6) 1:38 (21) 1:20 (9) 3:22 (30) 0:21 (12) | | | | | | | | | |
| +0:40 | +0:12 +0:21 +0:14 +0:17 +0:47 +0:12 +0:33 +0:20 +2:01 +0:04 | | | | | | | | | |
| 8 | Steinar Låg | Asker Skiklubb | 41:09 | | | | | | | |
| 5:15 (9) | 9:57 (11) 22:57 (8) 25:29 (7) 28:32 (8) 34:23 (8) 35:50 (8) 37:23 (8) 38:40 (8) 40:50 (8) 41:09 (8) | | | | | | | | | |
| 5:15 (9) | 4:42 (12) 13:00 (6) 2:32 (4) 3:03 (18) 5:51 (5) 1:27 (14) 1:33 (18) 1:17 (8) 2:10 (15) 0:19 (3) | | | | | | | | | |
| +0:49 | +0:45 +0:37 +0:22 +0:55 +0:22 +0:32 +0:28 +0:17 +0:49 +0:02 | | | | | | | | | |
| 9 | Ståle Sønsterudbråten | Lillomarka OL | 41:38 | | | | | | | |
| 4:29 (2) | 8:33 (2) 23:53 (10) 27:31 (11) 29:45 (10) 35:39 (9) 37:01 (9) 38:20 (9) 39:45 (9) 41:19 (9) 41:38 (9) | | | | | | | | | |
| 4:29 (2) | 4:04 (3) 15:20 (16) 3:38 (21) 2:14 (2) 5:54 (6) 1:22 (12) 1:19 (9) 1:25 (12) 1:34 (3) 0:19 (3) | | | | | | | | | |
| +0:03 | +0:07 +2:57 +1:28 +0:06 +0:25 +0:27 +0:14 +0:25 +0:13 +0:02 | | | | | | | | | |
| 10 | Svein Nygård | Lillomarka OL | 41:51 | | | | | | | |
| 7:09 (21) | 11:15 (13) 25:33 (12) 28:09 (12) 30:17 (11) 36:53 (11) 37:48 (11) 38:53 (11) 39:53 (10) 41:30 (10) 41:51 (10) | | | | | | | | | |
| 7:09 (21) | 4:06 (4) 14:18 (11) 2:36 (7) 2:08 (1) 6:36 (12) 0:55 (1) 1:05 (1) 1:00 (1) 1:37 (8) 0:21 (12) | | | | | | | | | |
| +2:43 | +0:09 +1:55 +0:26 0:00 +1:07 0:00 0:00 0:00 +0:16 +0:04 | | | | | | | | | |
| 11 | Guttorm Egge | IL GeoForm | 42:54 | | | | | | | |
| 5:32 (12) | 11:05 (12) 25:48 (13) 28:22 (13) 30:54 (12) 37:34 (12) 38:36 (12) 39:49 (12) 40:59 (12) 42:34 (12) 42:54 (11) | | | | | | | | | |
| 5:32 (12) | 5:33 (17) 14:43 (13) 2:34 (6) 2:32 (9) 6:40 (13) 1:02 (4) 1:13 (4) 1:10 (5) 1:35 (5) 0:20 (9) | | | | | | | | | |
| +1:06 | +1:36 +2:20 +0:24 +0:24 +1:11 +0:07 +0:08 +0:10 +0:14 +0:03 | | | | | | | | | |
| 12 | Knut Bjørkelo | Nordre Follo Orientering | 42:56 | | | | | | | |
| 5:01 (6) | 9:46 (9) 23:28 (9) 26:25 (9) 29:08 (9) 36:05 (10) 37:14 (10) 38:43 (10) 40:21 (11) 42:33 (11) 42:56 (12) | | | | | | | | | |
| 5:01 (6) | 4:45 (13) 13:42 (9) 2:57 (12) 2:43 (12) 6:57 (15) 1:09 (7) 1:29 (15) 1:38 (18) 2:12 (16) 0:23 (18) | | | | | | | | | |
| +0:35 | +0:48 +1:19 +0:47 +0:35 +1:28 +0:14 +0:24 +0:38 +0:51 +0:06 | | | | | | | | | |
| 13 | Karl Aasmund Erøy | OK Moss | 44:33 | | | | | | | |
| 5:29 (11) | 9:56 (10) 23:57 (11) 27:29 (10) 31:53 (13) 38:15 (13) 39:49 (13) 41:16 (13) 42:38 (13) 44:13 (13) 44:33 (13) | | | | | | | | | |
| 5:29 (11) | 4:27 (9) 14:01 (10) 3:32 (19) 4:24 (31) 6:22 (10) 1:34 (19) 1:27 (12) 1:22 (11) 1:35 (5) 0:20 (9) | | | | | | | | | |
| +1:03 | +0:30 +1:38 +1:22 +2:16 +0:53 +0:39 +0:22 +0:22 +0:14 +0:03 | | | | | | | | | |
| 14 | Bjørnar Gammelsæter | Nordre Follo Orientering | 46:34 | | | | | | | |
| 7:33 (22) | 12:18 (17) 27:12 (14) 29:56 (14) 32:32 (14) 40:32 (15) 41:32 (14) 42:52 (14) 44:26 (14) 46:15 (14) 46:34 (14) | | | | | | | | | |
| 7:33 (22) | 4:45 (13) 14:54 (14) 2:44 (10) 2:36 (10) 8:00 (17) 1:00 (3) 1:20 (10) 1:34 (16) 1:49 (11) 0:19 (3) | | | | | | | | | |
| +3:07 | +0:48 +2:31 +0:34 +0:28 +2:31 +0:05 +0:15 +0:34 +0:28 +0:02 | | | | | | | | | |
| 15 | Dag Brenås | Varteig OL | 49:17 | | | | | | | |
| 6:15 (15) | 14:41 (22) 29:19 (18) 32:21 (18) 36:46 (16) 43:18 (17) 44:27 (17) 45:55 (16) 47:10 (15) 48:58 (15) 49:17 (15) | | | | | | | | | |
| 6:15 (15) | 8:26 (28) 14:38 (12) 3:02 (14) 4:25 (32) 6:32 (11) 1:09 (7) 1:28 (14) 1:15 (7) 1:48 (10) 0:19 (3) | | | | | | | | | |

| | | | | | | | | | | |
|------------|---------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| +1:49 | +4:29 | +2:15 | +0:52 | +2:17 | +1:03 | +0:14 | +0:23 | +0:15 | +0:27 | +0:02 |
| 16 | Olav Johannessen | | | | | | | | | |
| 6:46 (17) | 11:44 (16) | 28:09 (16) | 31:39 (16) | | 42:19 (16) | 44:09 (16) | 45:44 (15) | 47:28 (16) | 49:36 (16) | 50:02 |
| 6:46 (17) | 4:58 (15) | 16:25 (20) | 3:30 (18) | | 42:19 (34) | 1:50 (24) | 1:35 (19) | 1:44 (21) | 2:08 (14) | 0:00 |
| +2:20 | +1:01 | +4:02 | +1:20 | | +36:50 | +0:55 | +0:30 | +0:44 | +0:47 | 0:00 |
| 17 | Richard Zeiner-Gundersen | | | | | | | | | |
| 7:44 (23) | 16:11 (27) | 31:10 (22) | 34:03 (19) | 36:55 (19) | 44:05 (19) | 45:40 (19) | 47:09 (19) | 49:00 (18) | 50:51 (17) | 51:11 (16) |
| 7:44 (23) | 8:27 (29) | 14:59 (15) | 2:53 (11) | 2:52 (13) | 7:10 (16) | 1:35 (20) | 1:29 (15) | 1:51 (24) | 1:51 (13) | 0:20 (9) |
| +3:18 | +4:30 | +2:36 | +0:43 | +0:44 | +1:41 | +0:40 | +0:24 | +0:51 | +0:30 | +0:03 |
| 18 | Eirik Nordhagen | | | | | | | | | |
| 6:57 (20) | 11:38 (15) | 27:37 (15) | 30:35 (15) | 33:27 (18) | 40:08 (14) | 42:25 (15) | 46:57 (18) | 49:05 (19) | 50:54 (18) | 51:20 (17) |
| 6:57 (20) | 4:41 (11) | 15:59 (19) | 2:58 (13) | 2:52 (13) | 6:41 (14) | 2:17 (31) | 4:32 (34) | 2:08 (30) | 1:49 (11) | 0:26 (23) |
| +2:31 | +0:44 | +3:36 | +0:48 | +0:44 | +1:12 | +1:22 | +3:27 | +1:08 | +0:28 | +0:09 |
| 19 | Kjetil Karlsen | | | | | | | | | |
| 6:11 (14) | 11:34 (14) | 28:17 (17) | 31:42 (17) | 34:56 (15) | 43:43 (18) | 45:12 (18) | 46:49 (17) | 48:40 (17) | 50:58 (19) | 51:26 (18) |
| 6:11 (14) | 5:23 (16) | 16:43 (21) | 3:25 (16) | 3:14 (15) | 8:47 (21) | 1:29 (16) | 1:37 (20) | 1:51 (24) | 2:18 (18) | 0:28 (26) |
| +1:45 | +1:26 | +4:20 | +1:15 | +1:06 | +3:18 | +0:34 | +0:32 | +0:51 | +0:57 | +0:11 |
| 20 | Tor Lahlum | | | | | | | | | |
| 6:41 (16) | 13:31 (18) | 31:00 (21) | 34:26 (20) | 37:51 (20) | 47:28 (20) | 49:04 (20) | 51:06 (21) | 52:52 (21) | 55:16 (20) | 55:45 (19) |
| 6:41 (16) | 6:50 (24) | 17:29 (22) | 3:26 (17) | 3:25 (21) | 9:37 (23) | 1:36 (21) | 2:02 (26) | 1:46 (23) | 2:24 (22) | 0:29 (28) |
| +2:15 | +2:53 | +5:06 | +1:16 | +1:17 | +4:08 | +0:41 | +0:57 | +0:46 | +1:03 | +0:12 |
| 21 | Lars Petter Endresen | | | | | | | | | |
| 6:04 (13) | 15:07 (24) | 30:34 (19) | 34:33 (21) | 38:02 (21) | 47:42 (21) | 49:18 (21) | 50:45 (20) | 52:13 (20) | 55:24 (21) | 55:49 (20) |
| 6:04 (13) | 9:03 (31) | 15:27 (17) | 3:59 (27) | 3:29 (23) | 9:40 (24) | 1:36 (21) | 1:27 (12) | 1:28 (13) | 3:11 (28) | 0:25 (22) |
| +1:38 | +5:06 | +3:04 | +1:49 | +1:21 | +4:11 | +0:41 | +0:22 | +0:28 | +1:50 | +0:08 |
| 22 | Stein Mella | | | | | | | | | |
| 6:53 (18) | 13:33 (19) | 31:57 (23) | 35:56 (23) | 39:35 (23) | 48:05 (22) | 50:21 (22) | 51:52 (22) | 53:23 (22) | 55:35 (22) | 55:58 (21) |
| 6:53 (18) | 6:40 (20) | 18:24 (24) | 3:59 (27) | 3:39 (26) | 8:30 (19) | 2:16 (29) | 1:31 (17) | 1:31 (15) | 2:12 (16) | 0:23 (18) |
| +2:27 | +2:43 | +6:01 | +1:49 | +1:31 | +3:01 | +1:21 | +0:26 | +0:31 | +0:51 | +0:06 |
| 23 | Peter Klaveness | | | | | | | | | |
| 7:47 (24) | 14:54 (23) | 34:53 (25) | 38:28 (25) | 41:51 (25) | 50:15 (23) | 54:26 (24) | 56:10 (24) | 57:45 (24) | 1:00:24 (23) | 1:00:53 (22) |
| 7:47 (24) | 7:07 (25) | 19:59 (26) | 3:35 (20) | 3:23 (20) | 8:24 (18) | 4:11 (34) | 1:44 (23) | 1:35 (17) | 2:39 (25) | 0:29 (28) |
| +3:21 | +3:10 | +7:36 | +1:25 | +1:15 | +2:55 | +3:16 | +0:39 | +0:35 | +1:18 | +0:12 |
| 24 | Arne Kongsnes | | | | | | | | | |
| 8:06 (26) | 14:36 (21) | 32:41 (24) | 35:59 (24) | 39:19 (22) | 51:20 (24) | 52:51 (23) | 54:50 (23) | 56:57 (23) | 1:00:55 (24) | 1:01:24 (23) |
| 8:06 (26) | 6:30 (19) | 18:05 (23) | 3:18 (15) | 3:20 (19) | 12:01 (30) | 1:31 (17) | 1:59 (25) | 2:07 (29) | 3:58 (34) | 0:29 (28) |
| +3:40 | +2:33 | +5:42 | +1:08 | +1:12 | +6:32 | +0:36 | +0:54 | +1:07 | +2:37 | +0:12 |
| 25 | Geir Trøan | | | | | | | | | |
| 8:48 (29) | 15:28 (26) | 35:37 (26) | 39:34 (26) | 43:11 (26) | 52:59 (25) | 55:14 (25) | 57:03 (25) | 58:47 (25) | 1:01:14 (25) | 1:01:41 (24) |
| 8:48 (29) | 6:40 (20) | 20:09 (27) | 3:57 (26) | 3:37 (25) | 9:48 (25) | 2:15 (28) | 1:49 (24) | 1:44 (21) | 2:27 (23) | 0:27 (25) |
| +4:22 | +2:43 | +7:46 | +1:47 | +1:29 | +4:19 | +1:20 | +0:44 | +0:44 | +1:06 | +0:10 |
| 26 | Vincent Eijsink | | | | | | | | | |
| 8:13 (27) | 16:53 (28) | 40:24 (29) | 44:32 (28) | 47:50 (28) | 56:48 (27) | 58:16 (27) | 59:37 (27) | 1:01:19 (27) | 1:03:47 (26) | 1:04:05 (25) |
| 8:13 (27) | 8:40 (30) | 23:31 (30) | 4:08 (29) | 3:18 (16) | 8:58 (22) | 1:28 (15) | 1:21 (11) | 1:42 (20) | 2:28 (24) | 0:18 (2) |
| +3:47 | +4:43 | +11:08 | +1:58 | +1:10 | +3:29 | +0:33 | +0:16 | +0:42 | +1:07 | +0:01 |
| 27 | Roy Gjerding | | | | | | | | | |
| 10:57 (32) | 17:41 (29) | 37:16 (27) | 41:08 (27) | 44:35 (27) | 54:53 (26) | 57:03 (26) | 59:13 (26) | 1:01:05 (26) | 1:04:14 (27) | 1:04:44 (26) |
| 10:57 (32) | 6:44 (22) | 19:35 (25) | 3:52 (23) | 3:27 (22) | 10:18 (26) | 2:10 (26) | 2:10 (29) | 1:52 (26) | 3:09 (27) | 0:30 (31) |
| +6:31 | +2:47 | +7:12 | +1:42 | +1:19 | +4:49 | +1:15 | +1:05 | +0:52 | +1:48 | +0:13 |
| 28 | Øystein Pedersen | | | | | | | | | |
| 8:45 (28) | 15:12 (25) | 30:54 (20) | 34:47 (22) | 41:21 (24) | 57:00 (28) | 58:33 (28) | 1:00:40 (28) | 1:02:19 (28) | 1:04:38 (28) | 1:05:02 (27) |
| 8:45 (28) | 6:27 (18) | 15:42 (18) | 3:53 (24) | 6:34 (34) | 15:39 (32) | 1:33 (18) | 2:07 (28) | 1:39 (19) | 2:19 (20) | 0:24 (20) |
| +4:19 | +2:30 | +3:19 | +1:43 | +4:26 | +10:10 | +0:38 | +1:02 | +0:39 | +0:58 | +0:07 |
| 29 | Per Ole Dahlsrud | | | | | | | | | |
| 9:57 (30) | 17:52 (30) | 40:23 (28) | 44:42 (29) | 48:13 (29) | 58:32 (29) | 1:00:25 (29) | 1:02:30 (29) | 1:04:32 (29) | 1:08:26 (29) | 1:08:54 (28) |
| 9:57 (30) | 7:55 (26) | 22:31 (29) | 4:19 (32) | 3:31 (24) | 10:19 (27) | 1:53 (25) | 2:05 (27) | 2:02 (28) | 3:54 (33) | 0:28 (26) |
| +5:31 | +3:58 | +10:08 | +2:09 | +1:23 | +4:50 | +0:58 | +1:00 | +1:02 | +2:33 | +0:11 |
| 30 | Even Woldstad Hanssen | | | | | | | | | |
| 7:50 (25) | 18:52 (32) | 42:59 (30) | 47:09 (30) | 50:52 (30) | 1:01:19 (30) | 1:03:00 (30) | 1:05:58 (30) | 1:08:18 (30) | 1:11:20 (30) | 1:11:46 (29) |
| 7:50 (25) | 11:02 (32) | 24:07 (31) | 4:10 (30) | 3:43 (27) | 10:27 (28) | 1:41 (23) | 2:58 (33) | 2:20 (33) | 3:02 (26) | 0:26 (23) |
| +3:24 | +7:05 | +11:44 | +2:00 | +1:35 | +4:58 | +0:46 | +1:53 | +1:20 | +1:41 | +0:09 |
| 31 | Jon Færden | | | | | | | | | |
| 6:56 (19) | 13:43 (20) | 54:27 (33) | 58:20 (33) | 1:02:16 (33) | 1:10:57 (33) | 1:13:39 (32) | 1:15:20 (31) | 1:17:13 (31) | 1:19:31 (31) | 1:19:55 (30) |
| 6:56 (19) | 6:47 (23) | 40:44 (34) | 3:53 (24) | 3:56 (28) | 8:41 (20) | 2:42 (32) | 1:41 (22) | 1:53 (27) | 2:18 (18) | 0:24 (20) |
| +2:30 | +2:50 | +28:21 | +1:43 | +1:48 | +3:12 | +1:47 | +0:36 | +0:53 | +0:57 | +0:07 |
| 32 | Hans Stordal | | | | | | | | | |
| 11:20 (33) | 27:51 (33) | 48:54 (32) | 53:05 (31) | 57:22 (31) | 1:10:56 (32) | 1:13:10 (31) | 1:15:24 (32) | 1:17:40 (32) | 1:21:17 (32) | 1:21:57 (31) |
| 11:20 (33) | 16:31 (33) | 21:03 (28) | 4:11 (31) | 4:17 (29) | 13:34 (31) | 2:14 (27) | 2:14 (30) | 2:16 (32) | 3:37 (32) | 0:40 (33) |
| +6:54 | +12:34 | +8:40 | +2:01 | +2:09 | +8:05 | +1:19 | +1:09 | +1:16 | +2:16 | +0:23 |
| 33 | Odd Harald Nilsen | | | | | | | | | |
| 10:11 (31) | 18:23 (31) | 47:39 (31) | 53:43 (32) | 59:10 (32) | 1:09:47 (31) | 1:13:57 (33) | 1:16:19 (33) | 1:18:52 (33) | 1:22:26 (33) | 1:23:02 (32) |
| 10:11 (31) | 8:12 (27) | 29:16 (32) | 6:04 (33) | 5:27 (33) | 10:37 (29) | 4:10 (33) | 2:22 (31) | 2:33 (34) | 3:34 (31) | 0:36 (32) |
| +5:45 | +4:15 | +16:53 | +3:54 | +3:19 | +5:08 | +3:15 | +1:17 | +1:33 | +2:13 | +0:19 |
| 34 | Oskar Kaaløy | | | | | | | | | |
| 17:52 (34) | 34:39 (34) | 1:08:55 (34) | 1:15:21 (34) | 1:19:38 (34) | 1:39:26 (34) | 1:41:42 (34) | 1:44:35 (34) | 1:46:46 (34) | 1:49:59 (34) | 1:50:21 (33) |
| 17:52 (34) | 16:47 (34) | 34:16 (33) | 6:26 (34) | 4:17 (29) | 19:48 (33) | 2:16 (29) | 2:53 (32) | 2:11 (31) | 3:13 (29) | 0:22 (16) |
| +13:26 | +12:50 | +21:53 | +4:16 | +2:09 | +14:19 | +1:21 | +1:48 | +1:11 | +1:52 | +0:05 |

| | | | | | | | | | |
|------------|---------------------------|--------|-------|--------|---------------------------------|---------|---------|---------|----------------|
| DSQ | Pål Sommerhein | | | | Fossum IF | | | | 48:00 |
| 5:20 | 10:40 | 24:17 | | 34:44 | 41:25 | 43:08 | 44:47 | 47:36 | 48:00 |
| 5:20 | 5:20 | 13:37 | | 34:44 | 6:41 | 1:43 | 1:39 | 0:00 | 0:00 |
| +5:20 | +5:20 | +13:37 | | +34:44 | +6:41 | +1:43 | +1:39 | 0:00 | 0:00 |
| DSQ | Runar Kittilsen | | | | Stokke IL | | | | 1:11:57 |
| 9:56 | 16:43 | 40:57 | 45:33 | 49:37 | | | | | 1:11:57 |
| 9:56 | 6:47 | 24:14 | 4:36 | 4:04 | | | | | 0:00 |
| +9:56 | +6:47 | +24:14 | +4:36 | +4:04 | | | | | 0:00 |
| DSQ | Ove Martinsen | | | | Hauketo IF | | | | 1:12:27 |
| 9:05 | 15:42 | 34:34 | 38:05 | | 1:04:28 | 1:06:17 | 1:09:11 | 1:11:57 | 1:12:27 |
| 9:05 | 6:37 | 18:52 | 3:31 | | 1:04:28 | 1:49 | 2:54 | 0:00 | 0:00 |
| +9:05 | +6:37 | +18:52 | +3:31 | | +1:04:28 | +1:49 | +2:54 | 0:00 | 0:00 |
| DNS | Morten Due | | | | Måren OK | | | | |
| DNS | Christopher Schive | | | | OK Moss | | | | |
| DNS | Hallvard Fjær | | | | Lillomarka OL | | | | |
| DNS | Olav Johannessen | | | | Nordre Follo Orientering | | | | |

Klasse: Night & Fog Masters

Ladies

| 41 | 58 | 173 | 177 | 178 | 42 | 38 | 168 | 54 | 56 | 87 |
|-----------|---------------------------|-----------|-----------|-----------|-----------|---------------------------------|-------------|-------------|-------------|----------------|
| 1 | Kari Christiansen | | | | | Sandefjord OK | | | | 48:10 |
| 6:52 (1) | 11:39 (1) | 26:51 (1) | 29:47 (1) | 33:14 (1) | 39:41 (1) | 41:18 (1) | 43:59 (1) | 45:38 (1) | 47:46 (1) | 48:10 (1) |
| 6:52 (1) | 4:47 (1) | 15:12 (1) | 2:56 (1) | 3:27 (4) | 6:27 (1) | 1:37 (3) | 2:41 (5) | 1:39 (1) | 2:08 (1) | 0:24 (3) |
| 0:00 | 0:00 | 0:00 | 0:00 | +0:05 | 0:00 | +0:06 | +0:58 | 0:00 | 0:00 | +0:03 |
| 2 | Sille Winsnes | | | | | Ås-NMBU Orientering | | | | 55:43 |
| 7:52 (3) | 16:59 (4) | 33:11 (3) | 36:35 (3) | 39:57 (3) | 47:38 (2) | 49:13 (2) | 51:14 (2) | 53:07 (2) | 55:21 (2) | 55:43 (2) |
| 7:52 (3) | 9:07 (6) | 16:12 (2) | 3:24 (2) | 3:22 (1) | 7:41 (2) | 1:35 (2) | 2:01 (3) | 1:53 (2) | 2:14 (2) | 0:22 (2) |
| +1:00 | +4:20 | +1:00 | +0:28 | 0:00 | +1:14 | +0:04 | +0:18 | +0:14 | +0:06 | +0:01 |
| 3 | May Bente Brurberg | | | | | Ås-NMBU Orientering | | | | 1:01:11 |
| 7:20 (2) | 14:04 (2) | 31:27 (2) | 35:23 (2) | 38:45 (2) | 49:20 (3) | 54:17 (3) | 56:04 (3) | 58:01 (3) | 1:00:44 (3) | 1:01:11 (3) |
| 7:20 (2) | 6:44 (2) | 17:23 (3) | 3:56 (3) | 3:22 (1) | 10:35 (4) | 4:57 (6) | 1:47 (2) | 1:57 (3) | 2:43 (3) | 0:27 (5) |
| +0:28 | +1:57 | +2:11 | +1:00 | 0:00 | +4:08 | +3:26 | +0:04 | +0:18 | +0:35 | +0:06 |
| 4 | Anita von Krogh | | | | | Privat | | | | 1:03:39 |
| 7:53 (4) | 14:58 (3) | 33:30 (4) | 38:03 (4) | 41:41 (4) | 52:20 (4) | 54:40 (4) | 57:35 (4) | 1:00:35 (4) | 1:03:18 (4) | 1:03:39 (4) |
| 7:53 (4) | 7:05 (3) | 18:32 (4) | 4:33 (6) | 3:38 (5) | 10:39 (5) | 2:20 (5) | 2:55 (6) | 3:00 (5) | 2:43 (3) | 0:21 (1) |
| +1:01 | +2:18 | +3:20 | +1:37 | +0:16 | +4:12 | +0:49 | +1:12 | +1:21 | +0:35 | 0:00 |
| 5 | Marit Vågsnes | | | | | Nordre Follo Orientering | | | | 1:07:53 |
| 9:55 (5) | 18:00 (6) | 39:33 (6) | 43:56 (6) | 47:39 (6) | 57:12 (5) | 59:07 (5) | 1:01:20 (5) | 1:04:38 (5) | 1:07:27 (5) | 1:07:53 (5) |
| 9:55 (5) | 8:05 (5) | 21:33 (6) | 4:23 (5) | 3:43 (6) | 9:33 (3) | 1:55 (4) | 2:13 (4) | 3:18 (6) | 2:49 (5) | 0:26 (4) |
| +3:03 | +3:18 | +6:21 | +1:27 | +0:21 | +3:06 | +0:24 | +0:30 | +1:39 | +0:41 | +0:05 |
| 6 | Anne Sørum | | | | | Indre Østfold OK | | | | 1:08:50 |
| 10:26 (6) | 17:59 (5) | 36:45 (5) | 40:54 (5) | 44:19 (5) | 59:37 (6) | 1:01:08 (6) | 1:02:51 (6) | 1:04:50 (6) | 1:08:23 (6) | 1:08:50 (6) |
| 10:26 (6) | 7:33 (4) | 18:46 (5) | 4:09 (4) | 3:25 (3) | 15:18 (6) | 1:31 (1) | 1:43 (1) | 1:59 (4) | 3:33 (6) | 0:27 (5) |
| +3:34 | +2:46 | +3:34 | +1:13 | +0:03 | +8:51 | 0:00 | 0:00 | +0:20 | +1:25 | +0:06 |

Klasse: D 13-16 C

| 39 | 43 | 59 | 57 | 52 | 53 | 55 | 51 | 56 | 87 | |
|----------|-----------------------|-----------|-----------|-----------|-----------|----------------------------|-----------|-----------|-----------|--------------|
| 1 | Kinga Banfi | | | | | Ås-NMBU Orientering | | | | 37:31 |
| 2:55 (1) | 9:43 (1) | 12:07 (1) | 19:00 (1) | 23:47 (1) | 27:25 (1) | 31:03 (1) | 34:47 (1) | 37:03 (1) | 37:31 (1) | |
| 2:55 (1) | 6:48 (1) | 2:24 (1) | 6:53 (1) | 4:47 (1) | 3:38 (2) | 3:38 (2) | 3:44 (2) | 2:16 (1) | 0:28 (2) | |
| 0:00 | 0:00 | 0:00 | 0:00 | 0:00 | +0:14 | 0:00 | +0:45 | 0:00 | +0:03 | |
| 2 | Sigmy Hellerud | | | | | Nydalens SK | | | | 50:22 |
| 3:50 (2) | 16:06 (2) | 18:53 (2) | 27:53 (2) | 36:44 (2) | 40:08 (2) | 44:09 (2) | 47:08 (2) | 49:57 (2) | 50:22 (2) | |
| 3:50 (2) | 12:16 (2) | 2:47 (2) | 9:00 (2) | 8:51 (2) | 3:24 (1) | 4:01 (2) | 2:59 (1) | 2:49 (2) | 0:25 (1) | |
| +0:55 | +5:28 | +0:23 | +2:07 | +4:04 | 0:00 | +0:23 | 0:00 | +0:33 | 0:00 | |

Klasse: Åpen C

| 39 | 43 | 59 | 57 | 52 | 53 | 55 | 51 | 56 | 87 | |
|----------|------------------------------|-----------|-----------|-----------|-----------|----------------------------|-----------|-----------|-----------|--------------|
| 1 | Ola Torstein Endresen | | | | | OK Moss | | | | 23:46 |
| 2:18 (1) | 6:38 (1) | 8:13 (1) | 12:39 (1) | 16:00 (1) | 17:59 (1) | 20:03 (1) | 21:45 (1) | 23:28 (1) | 23:46 (1) | |
| 2:18 (1) | 4:20 (1) | 1:35 (1) | 4:26 (1) | 3:21 (2) | 1:59 (2) | 2:04 (1) | 1:42 (1) | 1:43 (2) | 0:18 (1) | |
| 0:00 | 0:00 | 0:00 | 0:00 | +0:16 | +0:18 | 0:00 | 0:00 | +0:12 | 0:00 | |
| 2 | Wendy Fjellstad | | | | | Ås-NMBU Orientering | | | | 28:28 |
| 2:43 (2) | 9:04 (2) | 10:59 (2) | 17:52 (2) | 20:57 (2) | 22:38 (2) | 24:52 (2) | 26:35 (2) | 28:06 (2) | 28:28 (2) | |
| 2:43 (2) | 6:21 (4) | 1:55 (2) | 6:53 (6) | 3:05 (1) | 1:41 (1) | 2:14 (2) | 1:43 (2) | 1:31 (1) | 0:22 (2) | |
| +0:25 | +2:01 | +0:20 | +2:27 | 0:00 | 0:00 | +0:10 | +0:01 | 0:00 | +0:04 | |
| 3 | Stian Lillegård | | | | | Lillomarka OL | | | | 34:19 |
| 4:10 (5) | 10:26 (4) | 12:32 (3) | 18:37 (3) | 22:56 (3) | 26:08 (3) | 28:39 (3) | 30:42 (3) | 33:52 (3) | 34:19 (3) | |
| 4:10 (5) | 6:16 (3) | 2:06 (3) | 6:05 (3) | 4:19 (3) | 3:12 (5) | 2:31 (3) | 2:03 (3) | 3:10 (6) | 0:27 (4) | |
| +1:52 | +1:56 | +0:31 | +1:39 | +1:14 | +1:31 | +0:27 | +0:21 | +1:39 | +0:09 | |
| 4 | Marianne Løken | | | | | OK Moss | | | | 35:22 |

