

Morgenfrisk #3, AL

<https://eventor.orientering.no/Events/ResultList?eventId=17969&groupBy=EventClass>

Rank	Name	Time	Diff	CP (00)	FS (00)	ES (00)	SA (00)	TS (00)	US (00)	VA (00)	VB (00)	VC (00)	VD (00)	VE (00)	VF (00)	VG (00)	Sum	Class
1	Håvard Haga Nydalens SK	43.27	+0.00	5.32 (1)	0.44 (1)	8.52 (1)	1.59 (8)	3.08 (5)	4.54 (2)	2.21 (1)	4.28 (1)	1.18 (1)	7.16 (1)	1.57 (4)	0.58 (1)		43.27 (1)	H
2	Sverre Turter Sandvold Nydalens SK	46.24	+2.57	5.32 (1)	6.16 (1)	15.08 (1)	17.07 (1)	20.15 (1)	25.09 (1)	27.30 (1)	31.58 (1)	33.16 (1)	40.32 (1)	42.29 (1)	43.27 (1)		46.24 (2)	N
3	Alice Hugosson IFK Lidingö	49.51	+6.24	5.43 (2)	0.54 (6)	10.09 (3)	1.36 (1)	3.27 (11)	5.22 (5)	2.36 (2)	5.12 (2)	4.14 (32)	7.44 (3)	1.46 (1)	1.08 (5)		49.51 (3)	A
4	Helena Karlsson Nydalens SK	50.16	+6.49	5.43 (2)	6.37 (2)	16.46 (3)	18.22 (3)	21.49 (3)	27.11 (3)	29.47 (3)	34.59 (3)	39.13 (5)	46.57 (4)	48.43 (4)	49.51 (3)		50.16 (4)	N
5	Eirik Kamstrup Hovind Nydalens SK	50.43	+7.16	5.56 (3)	0.48 (3)	10.33 (5)	1.56 (4)	3.29 (12)	5.07 (3)	2.44 (3)	6.08 (8)	1.28 (3)	8.25 (4)	2.03 (5)	1.39 (21)		50.43 (5)	H
6	Halvor Eid Nielsen NTNUI	51.27	+8.00	5.56 (3)	6.44 (3)	17.17 (4)	19.13 (4)	22.42 (4)	27.49 (4)	30.33 (4)	36.41 (4)	38.09 (3)	46.34 (3)	48.37 (3)	50.16 (4)		51.27 (6)	N
7	Jan Tore Henriksen Nydalens SK	54.20	+10.53	6.06 (5)	0.49 (4)	11.20 (11)	1.55 (3)	3.09 (7)	5.30 (7)	2.58 (9)	5.23 (3)	1.29 (5)	8.36 (6)	2.19 (6)	1.09 (7)		54.20 (7)	N
8	Svein Nygård Lillomarka OL	54.27	+11.00	6.06 (5)	6.55 (4)	18.15 (6)	20.10 (6)	23.19 (6)	28.49 (6)	31.47 (6)	37.10 (5)	38.39 (4)	47.15 (5)	49.34 (5)	50.43 (5)		54.27 (8)	S
9	Bjørn Erik Glomsrud Indre Østfold OK	54.29	+11.02	6.56 (14)	0.53 (5)	10.56 (7)	2.01 (9)	3.24 (9)	5.13 (4)	2.51 (5)	5.54 (5)	1.32 (6)	8.29 (5)	1.55 (3)	1.23 (14)		54.29 (9)	H
10	Bo Engdahl IL Koll	54.59	+11.32	6.56 (14)	7.49 (12)	18.45 (8)	20.46 (8)	24.10 (8)	29.23 (7)	32.14 (7)	38.08 (6)	39.40 (6)	48.09 (6)	50.04 (6)	51.27 (6)		54.59 (10)	IL
11	Anders Haga Nydalens SK	55.23	+11.56	6.46 (11)	0.58 (11)	11.14 (10)	2.02 (11)	3.07 (4)	6.07 (11)	3.15 (12)	6.09 (9)	1.36 (8)	9.24 (9)	2.35 (12)	1.07 (4)		55.23 (11)	A
12	Alexander Smidt Olsen Nydalens SK	57.20	+13.53	6.46 (11)	7.44 (9)	18.58 (11)	21.00 (9)	24.07 (7)	30.14 (8)	33.29 (8)	39.38 (8)	41.14 (7)	50.38 (7)	53.13 (7)	54.20 (7)		57.20 (12)	N
13	Jon Bingen Sande Nordre Follo Orientering	59.58	+16.31	6.52 (12)	1.03 (14)	10.55 (6)	2.12 (18)	3.08 (5)	6.14 (13)	3.07 (11)	6.09 (9)	1.42 (9)	9.26 (10)	2.33 (10)	1.06 (3)		59.58 (13)	S
14	Nils Petter Fremming Heming Orientering	1:00.59	+17.32	6.52 (12)	7.55 (13)	18.50 (9)	21.02 (10)	24.10 (8)	30.24 (9)	33.31 (9)	39.40 (9)	41.22 (8)	50.48 (8)	53.21 (8)	54.27 (8)		1:00.59 (14)	IL
15	Knut Edvard Helland Østmarka OK	1:06.52	+23.25	6.24 (8)	0.56 (8)	12.43 (16)	2.09 (15)	2.48 (2)	6.00 (8)	2.55 (7)	6.15 (11)	1.33 (7)	9.08 (8)	2.34 (11)	1.04 (2)		1:06.52 (15)	B
16	Audun Bjerknes Måren OK	1:07.02	+23.35	6.24 (8)	7.20 (7)	20.03 (14)	22.12 (14)	25.00 (12)	31.00 (11)	33.55 (10)	40.10 (10)	41.43 (10)	50.51 (9)	53.25 (9)	54.29 (9)		1:07.02 (16)	IL
17	Thomas Bedin Indre Østfold OK	1:07.39	+24.12	6.05 (4)	0.57 (9)	11.10 (9)	1.57 (7)	3.06 (3)	5.28 (6)	2.54 (6)	7.33 (17)	2.22 (17)	9.38 (12)	2.35 (12)	1.14 (9)		1:07.39 (17)	B
18	Erik Rosenvold Østmarka OK	1:07.43	+24.16	6.05 (4)	7.02 (6)	18.12 (5)	20.09 (5)	23.15 (5)	28.43 (5)	31.37 (5)	39.10 (7)	41.32 (9)	51.10 (10)	53.45 (10)	54.59 (10)		1:07.43 (18)	IL
19	Bjørnar Gammelsæter Nordre Follo Orientering	1:08.58	+25.31	7.45 (20)	0.58 (11)	11.40 (13)	2.01 (9)	3.37 (15)	6.08 (10)	3.00 (10)	6.17 (12)	1.28 (3)	8.55 (7)	2.21 (7)	1.15 (10)		1:08.58 (19)	A
20	Ellen Ladim OK Moss	1:13.10	+29.43	7.45 (20)	8.43 (17)	20.23 (15)	22.24 (15)	26.01 (14)	32.07 (12)	35.07 (12)	41.24 (12)	42.52 (12)	51.47 (11)	54.08 (11)	55.23 (11)		1:13.10 (20)	N
21	Sondre Ladim OK Moss	1:13.11	+29.44	6.45 (10)	1.03 (14)	11.04 (8)	2.16 (22)	3.29 (12)	6.08 (12)	3.21 (16)	6.05 (6)	2.30 (19)	10.39 (19)	2.37 (14)	1.23 (14)		1:13.11 (21)	A
22	Lars Leiren Nordre Follo Orientering	1:16.20	+32.53	6.45 (10)	7.48 (11)	18.52 (10)	21.08 (11)	24.37 (10)	30.45 (10)	34.06 (11)	40.11 (11)	42.41 (11)	53.20 (12)	55.57 (12)	57.20 (12)		1:16.20 (22)	N
23	Rune Teigland Østmarka OK	1:17.08	+33.41	6.26 (9)	1.18 (25)	11.38 (12)	2.11 (17)	3.45 (17)	7.51 (22)	4.07 (22)	6.34 (13)	2.02 (14)	10.24 (15)	2.32 (8)	1.10 (8)		1:17.08 (23)	Jk
24	Asgeir Lium Fet OL	1:17.25	+33.58	6.26 (9)	7.44 (9)	19.22 (12)	21.33 (12)	25.18 (13)	33.09 (15)	37.16 (15)	43.50 (14)	45.52 (14)	56.16 (14)	58.48 (14)	59.58 (13)		1:17.25 (24)	N

25	Peter Klaveness Måren OK	1:18.48	+35.21	10.59 (33)	1.04 (18)	15.23 (22)	2.57 (28)	5.14 (28)	8.41 (27)	4.31 (25)	9.57 (28)	2.27 (18)	13.22 (27)	2.50 (18)	1.23 (14)	Pi
26	Halvor Steinholt Ås-NMBU Orientering	1:19.59	+36.32	10.59 (33)	12.03 (30)	27.26 (25)	30.23 (24)	35.37 (26)	44.18 (26)	48.49 (26)	58.46 (27)	1:01.13 (28)	1:14.35 (27)	1:17.25 (25)	1:18.48 (25)	M
27	Per Christian Stenshome Nydalens SK	1:21.10	+37.43	10.09 (29)	11.14 (24)	17.02 (26)	2.07 (12)	3.45 (17)	8.01 (23)	7.50 (35)	8.52 (24)	2.00 (12)	12.29 (22)	4.39 (29)	1.51 (27)	H
28	Birk Felland Sætnan Fossum IF	1:23.06	+39.39	10.09 (29)	11.23 (29)	28.25 (26)	30.32 (26)	34.17 (23)	42.18 (23)	50.08 (28)	59.00 (28)	1:01.00 (27)	1:13.29 (26)	1:18.08 (26)	1:19.59 (26)	Å
29	Lorant Farkas Østmarka OK	1:26.37	+43.10	7.15 (17)	2.20 (33)	15.13 (21)	2.20 (23)	3.48 (22)	8.25 (25)	4.32 (26)	10.24 (29)	2.54 (25)	12.11 (21)	10.14 (34)	1.34 (19)	Pi
30	Robert Banfi Ås-NMBU Orientering	1:30.36	+47.09	7.15 (17)	9.35 (21)	24.48 (21)	27.08 (20)	30.56 (18)	39.21 (19)	43.53 (21)	54.17 (22)	57.11 (22)	1:09.22 (23)	1:19.36 (27)	1:21.10 (27)	N
31	Ask Felland Sætnan Fossum IF	1:31.18	+47.51	10.54 (31)	1.26 (29)	17.28 (27)	3.09 (31)	5.23 (29)	9.04 (28)	4.38 (27)	8.48 (23)	2.34 (21)	14.18 (28)	3.29 (23)	1.55 (29)	Bi
32	Ståle Heitmann Fossum IF	1:35.25	+51.58	10.54 (31)	12.20 (32)	29.48 (28)	32.57 (29)	38.20 (28)	47.24 (30)	52.02 (30)	1:00.50 (30)	1:03.24 (30)	1:17.42 (29)	1:21.11 (28)	1:23.06 (28)	F
33	Trond Mørretre Nordre Follo Orientering	1:35.37	+52.10	10.55 (32)	1.10 (23)	16.54 (25)	2.15 (21)	3.51 (23)	7.23 (19)	7.00 (34)	8.14 (22)	2.59 (28)	14.49 (29)	9.24 (33)	1.43 (23)	L
34	Cathrine Sandvik Raumar Orientering	1:41.24	+57.57	10.55 (32)	12.05 (31)	28.59 (27)	31.14 (27)	35.05 (24)	42.28 (24)	49.28 (27)	57.42 (26)	1:00.41 (26)	1:15.30 (28)	1:24.54 (29)	1:26.37 (29)	Ø
35	Frode Vigemyr Nordre Follo Orientering	2:25.47	+1:42.20	8.14 (22)	1.20 (26)	20.18 (30)	2.50 (26)	7.01 (34)	11.58 (34)	4.20 (24)	11.34 (33)	4.40 (34)	12.53 (23)	3.42 (26)	1.46 (25)	R
				8.14 (22)	9.34 (20)	29.52 (29)	32.42 (28)	39.43 (31)	51.41 (31)	58.01 (31)	1:07.35 (32)	1:12.15 (32)	1:25.08 (31)	1:28.50 (30)	1:30.36 (30)	Å
				11.58 (35)	1.35 (30)	19.12 (29)	3.28 (33)	5.54 (31)	9.58 (30)	5.05 (30)	9.40 (26)	2.49 (24)	15.44 (32)	3.49 (27)	2.06 (30)	A
				11.58 (35)	13.33 (34)	32.45 (32)	36.13 (32)	42.07 (32)	52.05 (32)	57.10 (32)	1:06.50 (31)	1:09.39 (31)	1:25.23 (32)	1:29.12 (31)	1:31.18 (31)	F
				8.19 (23)	1.23 (27)	16.25 (24)	4.22 (35)	4.49 (27)	10.41 (31)	4.53 (28)	8.58 (25)	3.12 (29)	16.14 (33)	14.20 (35)	1.49 (26)	S
				8.19 (23)	9.42 (24)	26.07 (22)	30.29 (25)	35.18 (25)	45.59 (29)	50.52 (29)	59.50 (29)	1:03.02 (29)	1:19.16 (30)	1:33.36 (32)	1:35.25 (32)	F
				10.49 (30)	2.13 (32)	21.08 (31)	2.44 (25)	6.12 (32)	11.36 (32)	5.41 (32)	10.33 (30)	3.11 (28)	15.22 (31)	4.14 (28)	1.54 (28)	T
				10.49 (30)	13.02 (33)	34.10 (33)	36.54 (33)	43.06 (33)	54.42 (33)	1:00.23 (34)	1:10.56 (34)	1:14.07 (33)	1:29.29 (33)	1:33.43 (33)	1:35.37 (33)	N
				9.53 (28)	1.25 (28)	23.00 (32)	3.05 (30)	5.49 (30)	11.36 (32)	5.12 (31)	9.55 (27)	6.35 (35)	16.39 (34)	5.49 (30)	2.26 (33)	C
				9.53 (28)	11.18 (28)	34.18 (34)	37.23 (34)	43.12 (34)	54.48 (34)	1:00.00 (33)	1:09.55 (33)	1:16.30 (34)	1:33.09 (34)	1:38.58 (34)	1:41.24 (34)	R
				11.48 (34)	2.06 (31)	48.51 (35)	3.30 (34)	6.31 (33)	13.03 (35)	6.50 (33)	18.11 (35)	3.38 (31)	22.54 (35)	5.57 (31)	2.28 (34)	F
				11.48 (34)	13.54 (35)	1:02.45 (35)	1:06.15 (35)	1:12.46 (35)	1:25.49 (35)	1:32.39 (35)	1:50.50 (35)	1:54.28 (35)	2:17.22 (35)	2:23.19 (35)	2:25.47 (35)	N