

Solrenningen lang, 16.april 2023 <https://eventor.orientering.no/Events/ResultList?eventId=15507&groupBy=EventClass>

H 60- 4 950 m, 19 startende deltakere



Plass	Navn	Organisasjon	Tid	Diff
1	Svein-Erik Søgård	Kongsberg OL	49.13	
2	Erlend Slokvik	OL Toten-Troll	49.34	+0.21
3	Kim Farnes Hansen	Lierbygda OL	50.29	+1.16
4	Harald Kvisli	Notodden OL	51.40	+2.27
5	Knut Edvard Helland	Østmarka OK	52.11	+2.58
6	Per Jacob Ølstad	Fet OL	52.22	+3.09
7	Rune Teigland	Østmarka OK	53.48	+4.35
8	Øystein Kildahl	Østmarka OK	53.52	+4.39
9	Hallvard Fjær	Lillomarka OL	53.57	+4.44
10	Gunnar Tenge	Ås-NMBU Orientering	55.49	+6.36
11	Bjørn Henning Grandal	Tyrving IL	56.18	+7.05
12	Øyvind Johannessen Linnebo	Asker Skiklubb	56.58	+7.45
13	Erik Høivold	Nydalens SK	1.02.59	+13.46
14	John Ytternes	Nordre Follo Orientering	1.05.54	+16.41
15	Geir Frøytlog	Egersund OK	1.09.29	+20.16
16	Tor Lahlum	Nordre Follo Orientering	1.11.31	+22.18
17	Torgeir Brandal	Kongsberg OL	1.26.43	+37.30
18	Erik Slettum	Gjø-Vard OL	1.38.18	+49.05
	Vidar Benjaminsen	Lillomarka OL	diskvalifisert	
	Egil Wickstrand Iversen	Heming Orientering	ikke startet	
	Morten Andresen	OK Skeidi	ikke startet	
	Anders Kronberg	Raumar Orientering	ikke startet	
	Sven Ohrvik	Konnerud IL	ikke startet	

## H 60- Løype 416

&lt; Resultater

#	Navn Klubb	tid m/km	S-1 (61)	1-2 (47)	2-3 (104)	3-4 (62)	4-5 (103)	5-6 (120)	6-7 (91)	7-8 (111)	8-9 (51)	9-10 (90)	10-11 (105)	11-12 (92)	12-13 (100)	14-Mål
1	Svein-Erik Segård Kongsberg OL	49:13 9:56	2:40  3	5:07  2	9:48  2	13:17  2	15:20  2	18:45  1	22:39  1	27:21  1	32:42  1	42:48  1	46:55  1	47:59  1	48:34  1	49:13  1
2	Erlend Slokvik OL Toten-Troll	49:34 10:00	2:39  2	4:53  1	9:20  1	12:49  1	15:17  1	20:09  4	23:59  3	28:22  3	33:48  4	42:56  2	47:11  2	48:19  2	48:53  2	49:34  2
3	Kim Farnes Hansen Lierbygda OL	50:29 10:11	2:40  3	5:09  3	10:03  3	13:26  3	15:42  3	20:06  3	24:21  4	28:40  4	33:34  3	43:31  3	48:00  3	49:18  3	49:49  3	50:29  3
4	Harald Kvisli Notodden OL	51:40 10:26	2:52  9	5:36  7	10:36  5	15:08  8	17:30  8	21:12  8	25:08  7	29:44  7	34:40  6	44:41  4	49:07  4	50:21  4	50:58  4	51:40  4
5	Knut Edvard Helland Østmarka OK	52:11 10:32	3:00  12	5:53  10	10:48  6	14:04  5	17:53  10	21:45  9	25:36  8	30:42  9	36:02  9	45:21  6	49:41  5	50:57  5	51:32  5	52:11  5
6	Per Jacob Ølstad Fet OL	52:22 10:34	2:43  6	5:38  8	11:26  11	16:20  12	18:43  12	22:04  11	25:53  9	30:36  8	35:36  8	45:08  5	50:09  6	51:14  6	51:46  6	52:22  6
7	Rune Teigland Østmarka OK	53:48 10:52	2:59  11	5:38  8	11:02  8	14:35  7	16:44  6	20:31  6	24:27  5	29:12  5	34:31  5	46:24  8	51:14  7	52:24  7	53:03  7	53:48  7
8	Øystein Kildahl Østmarka OK	53:52 10:52	2:42  5	5:27  5	11:19  10	15:35  11	18:08  11	21:49  10	26:18  10	31:16  10	36:29  10	46:58  9	51:35  9	52:43  8	53:15  8	53:52  8
9	Hallvard Fjær Lillomarka OL	53:57 10:53	2:44  7	5:27  5	10:53  7	14:24  6	16:36  5	20:29  5	24:35  6	29:37  6	35:03  7	46:20  7	51:33  8	52:43  8	53:16  9	53:57  9
10	Gunnar Tenge Ås-NMBU Orientering	55:49 11:16	3:10  13	6:07  12	11:03  9	15:16  9	17:16  7	20:51  7	26:59  11	32:12  11	37:20  11	47:00  10	53:15  10	54:32  10	55:08  10	55:49  10
11	Bjørn Henning Grandal Tyrving IL	56:18 11:22	2:38  1	5:26  4	10:21  4	13:42  4	16:17  4	19:18  2	23:07  2	27:58  2	32:44  2	49:39  11	53:48  11	55:03  11	55:38  11	56:18  11
12	Øyvind Johannessen Linnebo Asker Skiklubb	56:58 11:30	2:53  10	6:16  13	11:40  12	15:28  10	17:48  9	23:28  12	28:35  12	34:15  12	39:32  12	49:48  12	54:29  12	55:46  12	56:18  12	56:58  12
13	Erik Haivold Nydalens SK	1:02:59 12:43	3:24  16	11:50  18	16:39  16	20:31  16	23:04  16	27:53  16	34:58  16	40:02  16	45:08  14	55:47  13	1:00:32  13	1:01:53  13	1:02:25  13	1:02:59  13
14	John Ytternes Nordre Follo O.	1:05:54 13:18	3:15  14	7:12  16	12:45  14	17:21  14	20:10  13	25:41  13	31:13  13	36:34  13	43:54  13	57:36  14	1:03:15  14	1:04:47  14	1:05:19  14	1:05:54  14
15	Geir Frøyflog Egersund OK	1:09:29 14:02	2:51  8	5:53  10	12:23  13	17:13  13	22:09  15	26:22  14	34:23  15	39:52  15	45:51  15	1:01:33  16	1:06:48  15	1:08:11  15	1:08:47  15	1:09:29  15
16	Tor Lahlum Nordre Follo O.	1:11:31 14:26	3:27  17	6:47  14	13:27  15	18:09  15	20:58  14	27:27  15	33:04  14	39:14  14	46:23  16	1:01:21  15	1:07:51  16	1:09:53  16	1:10:40  16	1:11:31  16
17	Torgeir Brandal Kongsberg OL	1:26:43 17:31	3:50  18	11:45  17	21:15  18	27:11  18	31:23  18	37:23  18	44:14  17	52:16  17	1:00:20  17	1:16:27  17	1:22:55  17	1:24:59  17	1:25:49  17	1:26:43  17
18	Erik Slettum Gjø-Vard OL	1:38:18 19:51	3:18  15	6:56  15	17:05  17	21:40  17	25:45  17	34:50  17	55:40  18	1:02:40  18	1:13:53  18	1:27:28  18	1:34:51  18	1:36:43  18	1:37:26  18	1:38:18  18
-	Vidar Benjaminsen Lillomarka OL	disket 3:05	3:05  1	5:49  1	10:41  1	14:04  1	16:52  1	20:29  1	24:36  1	29:09  1	33:58  1	43:43  1	48:00  1		49:54  1	disket  1