

Solrenningen langdistanse 26.april 2025

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H60

PI	Navn Klubb	Sluttid	Diff	str tot S-1 (73)	str tot 1-2 (82)	str tot 2-3 (121)	str tot 3-4 (84)	str tot 4-5 (102)	str tot 5-6 (105)	str tot 6-7 (104)	str tot 7-8 (92)	str tot 8-9 (100)	str tot 9-M
1	Jan Richard Eriksen Asker Skiklubb	52.19	+0.00	9.23 (1)	4.01 (13)	4.25 (4)	5.39 (1)	9.54 (1)	8.34 (5)	2.36 (2)	4.18 (9)	2.22 (6)	1.07 (1)
2	Jan Tore Henriksen Nydalens SK	54.51	+2.32	10.35 (9)	3.13 (1)	4.14 (2)	6.15 (6)	10.54 (5)	8.48 (9)	3.14 (17)	4.15 (8)	2.15 (1)	1.08 (3)
3	Lars-Ivar Aarseth Nydalens SK	54.56	+2.37	10.40 (12)	3.28 (2)	4.09 (1)	5.50 (2)	10.44 (4)	9.38 (14)	2.45 (6)	4.11 (6)	2.20 (5)	1.11 (5)
4	Kristian Kihle Ringerike OL	54.57	+2.38	10.46 (13)	3.28 (2)	4.48 (9)	6.19 (8)	11.20 (8)	8.06 (2)	2.41 (4)	3.54 (1)	2.17 (3)	1.18 (14)
5	Are Kristiansen Tyrving IL	55.32	+3.13	9.26 (2)	4.28 (19)	4.54 (11)	6.42 (12)	10.06 (2)	8.05 (1)	3.29 (22)	4.37 (12)	2.32 (13)	1.13 (7)
6	Svein-Erik Sogård Kongsberg OL	56.35	+4.16	10.28 (8)	3.28 (2)	4.28 (5)	7.12 (19)	12.03 (14)	8.16 (3)	2.55 (8)	4.05 (5)	2.26 (10)	1.14 (10)
7	Kim Farnes Hansen Lierbygda OL	57.27	+5.08	10.37 (10)	4.00 (12)	4.19 (3)	6.15 (6)	13.12 (19)	8.34 (5)	2.45 (6)	4.00 (4)	2.27 (11)	1.18 (14)
8	Einar Lunøe Nydalens SK	58.04	+5.45	10.37 (10)	3.51 (10)	5.31 (17)	5.56 (3)	13.11 (18)	8.43 (7)	2.44 (5)	3.58 (3)	2.17 (3)	1.16 (11)
9	Øyvind Drage Kongsberg OL	58.20	+6.01	10.24 (7)	3.42 (7)	5.45 (20)	6.55 (15)	11.09 (6)	8.28 (4)	2.40 (3)	5.21 (22)	2.47 (19)	1.09 (4)
10	Per Slungaard Tyrving IL	59.26	+7.07	10.11 (4)	4.24 (17)	4.35 (6)	6.32 (10)	12.01 (13)	10.05 (18)	2.57 (9)	5.01 (19)	2.24 (9)	1.16 (11)
11	Thor Mella Oppsal Orientering	59.34	+7.15	10.13 (5)	7.50 (30)	4.39 (7)	6.09 (4)	10.27 (3)	9.13 (10)	3.01 (11)	4.11 (6)	2.33 (14)	1.18 (14)
12	Bjørnar Gammelsæter Nordre Follo Orientering	59.50	+7.31	11.15 (17)	3.39 (6)	5.53 (24)	6.14 (5)	11.42 (10)	9.15 (11)	3.10 (15)	5.01 (19)	2.22 (6)	1.19 (17)
13	Nils Petter Fremming Heming Orientering	59.58	+7.39	10.03 (3)	5.59 (29)	4.56 (12)	7.30 (21)	11.18 (7)	9.40 (15)	3.04 (13)	3.54 (1)	2.22 (6)	1.12 (6)
14	Roger Wiik Sturla, IF	1:00.03	+7.44	10.54 (15)	3.38 (5)	5.25 (16)	6.58 (16)	11.58 (12)	9.22 (12)	3.46 (25)	4.21 (11)	2.28 (12)	1.13 (7)
15	Knut Edvard Helland Østmarka OK	1:00.31	+8.12	10.48 (14)	3.42 (7)	4.49 (10)	7.07 (18)	12.33 (17)	8.46 (8)	3.07 (14)	5.38 (25)	2.41 (16)	1.20 (19)

16	Morten Heir Fossum IF	1:00.39	+8.20	11.04 (16)	4.23 (16)	4.40 (8)	6.37 (11)	14.05 (24)	9.33 (13)	2.30 (1)	4.19 (10)	2.15 (1)	1.13 (7)	Mo
17	Gunnar Tenge Ås-NMBU Orientering	1:00.53	+8.34	11.04 (16)	15.27 (15)	20.07 (14)	26.44 (12)	40.49 (18)	50.22 (17)	52.52 (17)	57.11 (17)	59.26 (17)	1:00.39 (16)	Fc
				10.22 (6)	3.50 (9)	5.49 (22)	6.26 (9)	11.41 (9)	9.57 (17)	3.37 (23)	4.56 (17)	2.47 (19)	1.28 (22)	Gu
				10.22 (6)	14.12 (7)	20.01 (13)	26.27 (11)	38.08 (9)	48.05 (13)	51.42 (14)	56.38 (16)	59.25 (16)	1:00.53 (17)	Ås
18	Harald Kvisli Notodden OL	1:03.20	+11.01	11.45 (18)	3.58 (11)	5.46 (21)	6.58 (16)	12.17 (15)	10.37 (19)	3.15 (19)	4.54 (16)	2.43 (17)	1.07 (1)	He
				11.45 (18)	15.43 (16)	21.29 (18)	28.27 (17)	40.44 (17)	51.21 (18)	54.36 (18)	59.30 (18)	1:02.13 (18)	1:03.20 (18)	Nc
19	Carl Erik Wasberg Oppsal Orientering	1:04.24	+12.05	12.28 (22)	4.26 (18)	5.06 (14)	6.54 (13)	13.26 (21)	9.47 (16)	3.23 (20)	5.00 (18)	2.38 (15)	1.16 (11)	Ca
				12.28 (22)	16.54 (20)	22.00 (19)	28.54 (20)	42.20 (20)	52.07 (19)	55.30 (19)	1:00.30 (19)	1:03.08 (19)	1:04.24 (19)	Op
20	Nils Harald Staff OL Toten-Troll	1:05.19	+13.00	12.11 (21)	4.17 (14)	4.56 (12)	6.54 (13)	13.42 (23)	11.04 (22)	3.24 (21)	4.45 (13)	2.47 (19)	1.19 (17)	Ni
				12.11 (21)	16.28 (18)	21.24 (17)	28.18 (16)	42.00 (19)	53.04 (20)	56.28 (20)	1:01.13 (20)	1:04.00 (20)	1:05.19 (20)	Ol
21	Helge Fosøy Øyestad IF allianse	1:07.44	+15.25	11.58 (20)	5.27 (27)	5.09 (15)	7.18 (20)	13.34 (22)	10.41 (21)	3.10 (15)	5.43 (26)	3.16 (27)	1.28 (22)	He
				11.58 (20)	17.25 (23)	22.34 (20)	29.52 (21)	43.26 (21)	54.07 (21)	57.17 (21)	1:03.00 (21)	1:06.16 (21)	1:07.44 (21)	Øy
22	Ole Petter Vestøl Vegårshei IL	1:08.23	+16.04	11.49 (19)	5.00 (24)	7.04 (27)	7.56 (24)	11.55 (11)	10.40 (20)	4.24 (26)	4.48 (14)	3.07 (25)	1.40 (29)	Ol
				11.49 (19)	16.49 (19)	23.53 (25)	31.49 (23)	43.44 (22)	54.24 (22)	58.48 (22)	1:03.36 (22)	1:06.43 (22)	1:08.23 (22)	Ve
23	Guttorm Egge IL GeoForm	1:10.39	+18.20	12.33 (24)	4.32 (20)	6.44 (26)	7.37 (22)	14.48 (27)	11.11 (23)	3.43 (24)	5.12 (21)	2.57 (23)	1.22 (20)	Gu
				12.33 (24)	17.05 (21)	23.49 (24)	31.26 (22)	46.14 (23)	57.25 (23)	1:01.08 (23)	1:06.20 (23)	1:09.17 (23)	1:10.39 (23)	IL
24	Øyvind Rummelhoff Stavanger Orienteringsklubb	1:15.11	+22.52	16.59 (29)	4.41 (22)	5.40 (18)	7.42 (23)	13.15 (20)	12.32 (26)	3.00 (10)	7.04 (27)	2.46 (18)	1.32 (25)	Øy
				16.59 (29)	21.40 (28)	27.20 (26)	35.02 (25)	48.17 (25)	1:00.49 (25)	1:03.49 (24)	1:10.53 (25)	1:13.39 (24)	1:15.11 (24)	St
25	Per Sandberg Nydalens SK	1:15.24	+23.05	12.53 (25)	4.39 (21)	5.42 (19)	9.06 (27)	14.15 (25)	12.32 (26)	5.46 (27)	5.37 (24)	3.21 (28)	1.33 (27)	Pe
				12.53 (25)	17.32 (24)	23.14 (23)	32.20 (24)	46.35 (24)	59.07 (24)	1:04.53 (25)	1:10.30 (24)	1:13.51 (25)	1:15.24 (25)	Ny
26	Tore Voss Fagervold Asker Skiklubb	1:23.39	+31.20	12.31 (23)	4.42 (23)	5.54 (25)	23.21 (30)	12.27 (16)	12.30 (25)	3.02 (12)	4.50 (15)	2.50 (22)	1.32 (25)	To
				12.31 (23)	17.13 (22)	23.07 (22)	46.28 (29)	58.55 (27)	1:11.25 (27)	1:14.27 (27)	1:19.17 (26)	1:22.07 (26)	1:23.39 (26)	As
27	Morten Andresen OK Skeidi	1:27.07	+34.48	15.49 (28)	5.17 (26)	7.23 (28)	8.36 (26)	16.46 (28)	13.48 (28)	6.09 (28)	7.26 (28)	4.14 (29)	1.39 (28)	Mo
				15.49 (28)	21.06 (27)	28.29 (27)	37.05 (26)	53.51 (26)	1:07.39 (26)	1:13.48 (26)	1:21.14 (27)	1:25.28 (27)	1:27.07 (27)	Ok
	Bjørn Henning Grandal Tyrving IL	feilst											24.27	Bj
	Øyvind Johannessen Linnebo Asker Skiklubb	feilst		23.59 (30)	5.05 (25)	5.51 (23)	8.23 (25)			3.14 (17)	5.28 (23)	3.13 (26)	1.26 (21)	Øy
				23.59 (30)	29.04 (30)	34.55 (29)	43.18 (27)		1:13.59	1:17.13	1:22.41	1:25.54	1:27.20	As
	Jan-Ove Bråthen OK Øst	feilst		15.02 (26)	4.20 (15)			14.16 (26)	11.29 (24)	7.22 (29)	7.48 (29)	3.03 (24)	1.29 (24)	Ja
				15.02 (26)	19.22 (26)		39.50	54.06	1:05.35	1:12.57	1:20.45	1:23.48	1:25.17	Ok
	Erik Slettum Gjø-Vard OL	feilst		15.35 (27)	8.51 (31)	9.44 (29)	10.24 (29)							Er
				15.35 (27)	24.26 (29)	34.10 (28)	44.34 (28)							Gj
	John Ytternes Nordre Follo Orientering	feilst		28.02 (31)	5.41 (28)	12.51 (30)	9.12 (28)	19.16 (29)	17.09 (29)				1.41 (30)	Jo
				28.02 (31)	33.43 (31)	46.34 (30)	55.46 (30)	1:15.02 (28)	1:32.11 (28)			1:51.43	1:53.24	Nc

H65 (samme løype, 23 startende)

Pl	Navn Klubb	Sluttid	Diff	str tot	str tot	str tot	str tot	str tot	str tot	str tot	str tot	str tot	str tot
				S-1 (73)	1-2 (82)	2-3 (121)	3-4 (84)	4-5 (102)	5-6 (105)	6-7 (104)	7-8 (92)	8-9 (100)	9-M
1	Nils Høstad Fossum IF	56.04	+0.00	9.57 (1)	3.36 (1)	4.30 (3)	7.08 (3)	10.21 (1)	8.57 (1)	2.44 (1)	4.27 (3)	3.10 (7)	1.14 (2)
				9.57 (1)	13.33 (1)	18.03 (1)	25.11 (1)	35.32 (1)	44.29 (1)	47.13 (1)	51.40 (1)	54.50 (1)	56.04 (1)
2	Sören Jonsson Nydalens SK	1:00.44	+4.40	10.17 (2)	3.52 (2)	5.37 (8)	5.54 (1)	13.29 (7)	10.18 (5)	2.51 (3)	4.34 (6)	2.31 (1)	1.21 (6)
				10.17 (2)	14.09 (2)	19.46 (2)	25.40 (2)	39.09 (2)	49.27 (2)	52.18 (2)	56.52 (2)	59.23 (2)	1:00.44 (2)
3	Sture Ottesen Indre Østfold OK	1:02.37	+6.33	11.10 (4)	4.11 (5)	4.29 (1)	9.00 (14)	11.40 (2)	10.31 (8)	3.05 (5)	4.31 (4)	2.44 (3)	1.16 (3)
				11.10 (4)	15.21 (3)	19.50 (3)	28.50 (4)	40.30 (3)	51.01 (3)	54.06 (3)	58.37 (3)	1:01.21 (3)	1:02.37 (3)
4	Martin Granly Lillomarka OL	1:06.27	+10.23	11.03 (3)	4.57 (14)	4.58 (4)	9.19 (16)	13.31 (8)	10.07 (3)	3.13 (8)	4.44 (7)	3.15 (9)	1.20 (5)
				11.03 (3)	16.00 (6)	20.58 (5)	30.17 (6)	43.48 (5)	53.55 (5)	57.08 (5)	1:01.52 (4)	1:05.07 (4)	1:06.27 (4)
5	Rune Teigland Østmarka OK	1:07.06	+11.02	11.24 (5)	4.24 (6)	5.06 (5)	7.03 (2)	13.51 (12)	10.24 (7)	4.24 (18)	5.54 (14)	3.05 (6)	1.31 (11)
				11.24 (5)	15.48 (4)	20.54 (4)	27.57 (3)	41.48 (4)	52.12 (4)	56.36 (4)	1:02.30 (5)	1:05.35 (5)	1:07.06 (5)
6	Kjell Einar Andersen Varteig OL	1:07.16	+11.12	12.52 (13)	4.35 (10)	5.33 (7)	8.20 (9)	14.00 (13)	9.54 (2)	3.22 (9)	4.31 (4)	2.45 (4)	1.24 (8)
				12.52 (13)	17.27 (11)	23.00 (9)	31.20 (10)	45.20 (10)	55.14 (9)	58.36 (7)	1:03.07 (7)	1:05.52 (6)	1:07.16 (6)
7	Karl Aasmund Erøy OK Moss	1:07.27	+11.23	12.39 (8)	4.45 (11)	4.29 (1)	9.12 (15)	13.47 (9)	10.07 (3)	3.11 (6)	4.44 (7)	3.15 (9)	1.18 (4)
				12.39 (8)	17.24 (10)	21.53 (6)	31.05 (6)	44.52 (9)	54.59 (7)	58.10 (6)	1:02.54 (6)	1:06.09 (7)	1:07.27 (7)
8	Morten Due Måren OK	1:08.49	+12.45	12.44 (10)	4.09 (4)	6.16 (9)	8.01 (6)	13.20 (5)	10.40 (9)	3.36 (13)	5.38 (12)	3.00 (5)	1.25 (9)
				12.44 (10)	16.53 (8)	23.09 (10)	31.10 (9)	44.30 (7)	55.10 (8)	58.46 (8)	1:04.24 (8)	1:07.24 (8)	1:08.49 (8)
9	Hållvard Fjør Lillomarka OL	1:10.17	+14.13	11.29 (6)	4.25 (7)	6.30 (11)	7.34 (5)	13.50 (11)	11.05 (10)	5.11 (20)	5.39 (13)	3.11 (8)	1.23 (7)
				11.29 (6)	15.54 (5)	22.24 (7)	29.58 (5)	43.48 (5)	54.53 (6)	1:00.04 (9)	1:05.43 (9)	1:08.54 (9)	1:10.17 (9)
10	Richard Zeiner-Gundersen Lierbygda OL	1:11.16	+15.12	12.45 (11)	4.31 (9)	5.31 (6)	8.06 (7)	13.49 (10)	13.01 (15)	3.24 (10)	5.28 (10)	3.16 (12)	1.25 (9)
				12.45 (11)	17.16 (9)	22.47 (8)	30.53 (7)	44.42 (8)	57.43 (10)	1:01.07 (10)	1:06.35 (10)	1:09.51 (10)	1:11.16 (10)
11	Eirik Nordhagen Ås-NMBU Orientering	1:12.25	+16.21	12.43 (9)	6.12 (20)	6.17 (10)	8.37 (11)	13.21 (6)	11.59 (11)	3.11 (6)	5.14 (9)	3.18 (13)	1.33 (12)
				12.43 (9)	18.55 (15)	25.12 (12)	33.49 (12)	47.10 (11)	59.09 (11)	1:02.20 (11)	1:07.34 (11)	1:10.52 (11)	1:12.25 (11)
12	Kjell Westin Porsgrunn OL	1:16.33	+20.29	13.45 (14)	5.04 (15)	6.41 (14)	8.27 (10)	14.23 (14)	12.04 (12)	4.18 (17)	6.50 (17)	3.25 (15)	1.36 (14)
				13.45 (14)	18.49 (13)	25.30 (13)	33.57 (13)	48.20 (12)	1:00.24 (12)	1:04.42 (12)	1:11.32 (13)	1:14.57 (12)	1:16.33 (12)
13	Eirik Næss-Ulseth Heming Orientering	1:16.55	+20.51	14.47 (17)	6.26 (22)	9.17 (20)	8.43 (13)	12.49 (3)	12.30 (13)	2.44 (1)	3.59 (1)	3.45 (19)	1.55 (22)
				14.47 (17)	21.13 (20)	30.30 (19)	39.13 (18)	52.02 (14)	1:04.32 (14)	1:07.16 (13)	1:11.15 (12)	1:15.00 (13)	1:16.55 (13)
14	Per Kristian Ekeberg Tyrving IL	1:22.43	+26.39	15.18 (19)	5.05 (16)	7.08 (16)	8.41 (12)	15.37 (15)	12.38 (14)	6.24 (22)	6.40 (16)	3.31 (16)	1.41 (17)
				15.18 (19)	20.23 (18)	27.31 (16)	36.12 (14)	51.49 (13)	1:04.27 (13)	1:10.51 (15)	1:17.31 (14)	1:21.02 (14)	1:22.43 (14)
15	Ingemar Jansson Haverstad Lierbygda OL	1:23.36	+27.32	16.42 (21)	4.45 (11)	6.34 (12)	10.16 (20)	16.18 (16)	14.10 (18)	3.49 (14)	5.55 (15)	3.21 (14)	1.46 (20)
				16.42 (21)	21.27 (21)	28.01 (17)	38.17 (17)	54.35 (18)	1:08.45 (17)	1:12.34 (18)	1:18.29 (15)	1:21.50 (15)	1:23.36 (15)
16	Erik Næss Raumar Orientering	1:24.00	+27.56	12.45 (11)	4.05 (3)	24.57 (23)	7.20 (4)	13.14 (4)	10.22 (6)	3.00 (4)	4.26 (2)	2.40 (2)	1.11 (1)
				12.45 (11)	16.50 (7)	41.47 (23)	49.07 (21)	1:02.21 (20)	1:12.43 (19)	1:15.43 (19)	1:20.09 (17)	1:22.49 (16)	1:24.00 (16)
17	Axel Bromander OK Moss	1:24.29	+28.25	14.14 (15)	4.52 (13)	7.49 (18)	10.08 (18)	16.33 (18)	13.22 (17)	3.35 (12)	8.45 (20)	3.35 (17)	1.36 (14)
				14.14 (15)	19.06 (16)	26.55 (15)	37.03 (15)	53.36 (15)	1:06.58 (15)	1:10.33 (14)	1:19.18 (16)	1:22.53 (17)	1:24.29 (17)
18	Peer Stiansen Nydalens SK	1:25.44	+29.40	15.09 (18)	5.06 (17)	7.46 (17)	10.09 (19)	16.19 (17)	13.08 (16)	3.50 (15)	8.53 (21)	3.43 (18)	1.41 (17)
				15.09 (18)	20.15 (17)	28.01 (17)	38.10 (16)	54.29 (17)	1:07.37 (16)	1:11.27 (16)	1:20.20 (18)	1:24.03 (18)	1:25.44 (18)
19	Christopher Schive OK Moss	1:28.11	+32.07	14.23 (16)	4.27 (8)	6.40 (13)	8.06 (7)	20.14 (21)	14.59 (19)	3.29 (11)	8.28 (19)	5.34 (22)	1.51 (21)
				14.23 (16)	18.50 (14)	25.30 (13)	33.36 (11)	53.50 (16)	1:08.49 (18)	1:12.18 (17)	1:20.46 (19)	1:26.20 (19)	1:28.11 (19)
20	Bjørn Willadssen Heming Orientering	1:33.20	+37.16	16.47 (22)	6.05 (19)	8.03 (19)	11.03 (21)	18.18 (19)	15.35 (21)	4.32 (19)	7.23 (18)	3.51 (20)	1.43 (19)
				16.47 (22)	22.52 (22)	30.55 (20)	41.58 (19)	1:00.16 (19)	1:15.51 (20)	1:20.23 (20)	1:27.46 (20)	1:31.37 (20)	1:33.20 (20)
21	Kåre Kullerud Varteig OL	1:36.38	+40.34	15.41 (20)	5.27 (18)	16.11 (22)	9.52 (17)	19.31 (20)	15.14 (20)	4.14 (16)	5.35 (11)	3.15 (9)	1.38 (16)
				15.41 (20)	21.08 (19)	37.19 (21)	47.11 (20)	1:06.42 (21)	1:21.56 (21)	1:26.10 (21)	1:31.45 (21)	1:35.00 (21)	1:36.38 (21)
22	Roy Gjerding OK Moss	1:59.37	+1:03.33	21.34 (23)	7.13 (23)	12.35 (21)	11.07 (22)	24.37 (22)	20.58 (22)	5.15 (21)	9.22 (22)	4.38 (21)	2.18 (23)
				21.34 (23)	28.47 (23)	41.22 (22)	52.29 (22)	1:17.06 (22)	1:38.04 (22)	1:43.19 (22)	1:52.41 (22)	1:57.19 (22)	1:59.37 (22)
	Ivar Maalen Ås-NMBU Orientering	feilst		11.41 (7)	6.17 (21)	7.03 (15)							1.35 (13)
				11.41 (7)	17.58 (12)	25.01 (11)						1:08.18	1:09.53