

# 15-kvartetten 30.august 2025

4 etapper i stedet for 15 løpere som den egentlige stafetten har.

Liveresultater: <http://live.oppstal.com/results/15-kvartetten>

Resultater: <https://eventor.orientering.no/Events/Show/20843>

## 1.etappe:

|     |                              |                 |                     |     |                            |         |
|-----|------------------------------|-----------------|---------------------|-----|----------------------------|---------|
| #1  | Oppsal Orientering 1<br>#102 | Nikolaisen      | 11:00:00 → 11:24:06 | 1/1 | 11:24:06<br>Total: 0:24:06 | 👑       |
| #2  | Halden SK 1<br>#101          | Wey             | 11:00:00 → 11:26:24 | 1/1 | 11:26:24<br>Total: 0:26:24 | 0:02:18 |
| #3  | Nydalens SK 1<br>#106        | Kubinová        | 11:00:00 → 11:28:09 | 1/1 | 11:28:09<br>Total: 0:28:09 | 0:04:03 |
| #4  | Heming Orientering 2<br>#107 | Arnesen         | 11:00:00 → 11:28:55 | 1/1 | 11:28:55<br>Total: 0:28:55 | 0:04:49 |
| #5  | Heming Orientering 1<br>#103 | Kristensen      | 11:00:00 → 11:29:35 | 1/1 | 11:29:35<br>Total: 0:29:35 | 0:05:29 |
| #6  | Lillomarka OL 3<br>#113      | Haugen          | 11:00:00 → 11:29:52 | 1/1 | 11:29:52<br>Total: 0:29:52 | 0:05:46 |
| #7  | Oppsal Orientering 3<br>#105 | Syversen Gihle  | 11:00:00 → 11:32:01 | 1/1 | 11:32:01<br>Total: 0:32:01 | 0:07:55 |
| #8  | Østmarka OK 2<br>#112        | Hygen           | 11:00:00 → 11:32:32 | 1/1 | 11:32:32<br>Total: 0:32:32 | 0:08:26 |
| #9  | Asker Skiklubb 1<br>#110     | Olsen           | 11:00:00 → 11:35:06 | 1/1 | 11:35:06<br>Total: 0:35:06 | 0:11:00 |
| #10 | Østmarka OK 1<br>#109        | Vogt            | 11:00:00 → 11:35:13 | 1/1 | 11:35:13<br>Total: 0:35:13 | 0:11:07 |
| #11 | Oppsal Orientering 2<br>#104 | Keyser          | 11:00:00 → 11:37:36 | 1/1 | 11:37:36<br>Total: 0:37:36 | 0:13:30 |
| #12 | Lillomarka OL 1<br>#108      | Keltzow Ødegård | 11:00:00 → 11:41:49 | 1/1 | 11:41:49<br>Total: 0:41:49 | 0:17:43 |
| #13 | Oppsal Orientering 4<br>#114 | Krohn Merland   | 11:00:00 → 11:47:46 | 1/1 | 11:47:46<br>Total: 0:47:46 | 0:23:48 |
| #14 | Lillomarka OL 2<br>#111      | Sæther          | 11:00:00 → 11:51:43 | 1/1 | 11:51:43<br>Total: 0:51:43 | 0:27:37 |

## 2.etappe:

|     |                              |                 |                     |     |                            |         |
|-----|------------------------------|-----------------|---------------------|-----|----------------------------|---------|
| #1  | Halden SK 1<br>#101          | Burgmair        | 11:27:12 → 11:48:41 | 1/1 | 11:48:41<br>Total: 0:48:41 | 👑       |
| #2  | Oppsal Orientering 1<br>#102 | Brox Rayamajhi  | 11:25:05 → 11:50:32 | 1/1 | 11:50:32<br>Total: 0:50:32 | 0:01:51 |
| #3  | Heming Orientering 1<br>#103 | Prestgard       | 11:34:07 → 11:52:10 | 1/1 | 11:52:10<br>Total: 0:52:10 | 0:03:29 |
| #4  | Nydalens SK 1<br>#106        | Debernard       | 11:28:57 → 11:56:30 | 1/1 | 11:56:30<br>Total: 0:56:30 | 0:07:49 |
| #5  | Asker Skiklubb 1<br>#110     | Mortensen       | 11:35:36 → 11:58:47 | 1/1 | 11:58:47<br>Total: 0:58:47 | 0:10:06 |
| #6  | Østmarka OK 2<br>#112        | Hygen           | 11:32:32 → 12:02:42 | 1/1 | 12:02:42<br>Total: 1:02:42 | 0:14:01 |
| #7  | Oppsal Orientering 3<br>#105 | Berger Gjelstad | 11:33:17 → 12:02:52 | 1/1 | 12:02:52<br>Total: 1:02:52 | 0:14:11 |
| #8  | Heming Orientering 2<br>#107 | Prestgard       | 11:34:03 → 12:05:29 | 1/1 | 12:05:29<br>Total: 1:05:29 | 0:16:48 |
| #9  | Oppsal Orientering 2<br>#104 | Fjogstad        | 11:30:05 → 12:10:51 | 1/1 | 12:10:51<br>Total: 1:10:51 | 0:22:10 |
| #10 | Lillomarka OL 3<br>#113      | Mestad          | 11:31:44 → 12:13:24 | 1/1 | 12:13:24<br>Total: 1:13:24 | 0:24:43 |
| #11 | Østmarka OK 1<br>#109        | Juhász          | 11:35:51 → 12:15:53 | 1/1 | 12:15:53<br>Total: 1:15:53 | 0:27:12 |
| #12 | Lillomarka OL 1<br>#108      | Grand           | 11:42:31 → 12:16:24 | 1/1 | 12:16:24<br>Total: 1:16:24 | 0:27:43 |
| #13 | Oppsal Orientering 4<br>#114 | Salvesen        | 11:48:10 → 12:30:26 | 1/1 | 12:30:26<br>Total: 1:30:26 | 0:41:45 |
| #14 | Lillomarka OL 2<br>#111      | Blindheim       | 11:52:35 → 12:37:32 | 1/1 | 12:37:32<br>Total: 1:37:32 | 0:48:51 |

3.etappe:

|     |                      |             |                     |     |          |                |         |
|-----|----------------------|-------------|---------------------|-----|----------|----------------|---------|
| #1  | Halden SK 1          | Saksæther   | 11:49:08 → 12:20:42 | 1/1 | 12:20:42 | Total: 1:20:42 | 👑       |
| #2  | Heming Orientering 1 | Kristensen  | 11:53:04 → 12:24:40 | 1/1 | 12:24:40 | Total: 1:24:40 | 0:03:58 |
| #3  | Oppsal Orientering 1 | Moll        | 11:52:53 → 12:25:07 | 1/1 | 12:25:07 | Total: 1:25:07 | 0:04:25 |
| #4  | Nydalens SK 1        | Bråten      | 11:57:05 → 12:30:46 | 1/1 | 12:30:46 | Total: 1:30:46 | 0:10:04 |
| #5  | Asker Skiklubb 1     | Martemyanov | 11:59:23 → 12:40:19 | 1/1 | 12:40:19 | Total: 1:40:19 | 0:19:37 |
| #6  | Heming Orientering 2 | Green       | 12:06:16 → 12:43:02 | 1/1 | 12:41:02 | Total: 1:43:02 | 0:20:20 |
| #7  | Østmarka OK 2        | Kvisten     | 12:03:17 → 12:42:10 | 1/1 | 12:42:10 | Total: 1:42:10 | 0:21:28 |
| #8  | Østmarka OK 1        | Farkas      | 12:12:08 → 12:49:08 | 1/1 | 12:49:08 | Total: 1:52:53 | 0:28:26 |
| #9  | Oppsal Orientering 3 | Røhjel      | 12:03:43 → 12:51:42 | 1/1 | 12:51:42 | Total: 1:51:42 | 0:31:00 |
| #10 | Lillomarka OL 3      | Dähnn       | 12:12:08 → 12:53:29 | 1/1 | 12:53:29 | Total: 1:54:45 | 0:32:47 |
| #11 | Oppsal Orientering 2 | Medhus      | 12:11:14 → 12:53:45 | 1/1 | 12:53:45 | Total: 1:53:45 | 0:33:03 |
| #12 | Oppsal Orientering 4 | Enggrav     | 12:12:08 → 12:54:02 | 1/1 | 12:54:02 | Total: 2:12:20 | 0:33:20 |
| #13 | Lillomarka OL 1      | Vaadal      | 12:12:08 → 12:54:22 | 1/1 | 12:54:22 | Total: 1:58:38 | 0:33:40 |
| #14 | Lillomarka OL 2      | Vold        | 12:12:08 → 13:06:54 | 1/1 | 13:06:54 | Total: 2:33:55 | 0:46:12 |

4.etappe / resultat

Det var fellesstart ca 1 min etter at jeg løp ut. Og resultatene er basert på rekkefølgen når lagene kom inn. Dvs fellesstarten nullstilte status på det tidspunktet.

|     |                      |             |                     |     |          |                |         |
|-----|----------------------|-------------|---------------------|-----|----------|----------------|---------|
| #1  | Halden SK 1          | Helgerud    | 12:21:27 → 13:11:28 | 1/1 | 13:11:28 | Total: 2:11:28 | 👑       |
| #2  | Heming Orientering 1 | Wallberg    | 12:25:48 → 13:16:26 | 1/1 | 13:16:26 | Total: 2:16:26 | 0:04:58 |
| #3  | Oppsal Orientering 1 | Grindedal   | 12:27:03 → 13:17:03 | 1/1 | 13:17:03 | Total: 2:17:03 | 0:05:35 |
| #4  | Nydalens SK 1        | Aune        | 12:31:16 → 13:21:09 | 1/1 | 13:21:09 | Total: 2:21:09 | 0:09:41 |
| #5  | Heming Orientering 2 | Lund        | 12:41:02 → 13:32:04 | 1/1 | 13:32:04 | Total: 2:32:04 | 0:20:36 |
| #6  | Østmarka OK 1        | Kortner     | 12:43:43 → 13:32:32 | 1/1 | 13:32:32 | Total: 2:41:42 | 0:21:04 |
| #7  | Asker Skiklubb 1     | Mortensen   | 12:40:57 → 13:40:29 | 1/1 | 13:40:29 | Total: 2:40:29 | 0:29:01 |
| #8  | Lillomarka OL 1      | Blindheim   | 12:43:43 → 13:42:24 | 1/1 | 13:42:24 | Total: 2:57:19 | 0:30:56 |
| #9  | Lillomarka OL 3      | Benjaminsen | 12:43:43 → 13:43:44 | 1/1 | 13:43:44 | Total: 2:54:46 | 0:32:16 |
| #10 | Oppsal Orientering 2 | Ettestal    | 12:43:43 → 13:44:57 | 1/1 | 13:44:57 | Total: 2:54:59 | 0:33:29 |
| #11 | Oppsal Orientering 4 | Unneberg    | 12:43:43 → 13:45:00 | 1/1 | 13:45:00 | Total: 3:13:37 | 0:33:32 |
| #12 | Oppsal Orientering 3 | Pedersen    | 12:43:43 → 13:45:41 | 1/1 | 13:45:41 | Total: 2:53:48 | 0:34:13 |
| #13 | Østmarka OK 2        | Helland     | 12:42:37 → 13:46:39 | 1/1 | 13:46:39 | Total: 2:40:39 | 0:35:11 |
| #14 | Lillomarka OL 2      | Berg        | 12:43:43 → 13:55:32 | 1/1 | 13:55:32 | Total: 3:45:40 | 0:44:04 |

Sluttstilling

Resultatliste 15-Kvartetten 2025

| #  | snr. | Navn                 | Løpstið | Etter   |
|----|------|----------------------|---------|---------|
| 1  | 101  | Halden SK 1          | 2:11:28 | 0:00:00 |
| 2  | 103  | Heming Orientering 1 | 2:16:26 | 0:04:58 |
| 3  | 102  | Oppsal Orientering 1 | 2:17:03 | 0:05:35 |
| 4  | 106  | Nydalens SK 1        | 2:21:09 | 0:09:41 |
| 5  | 107  | Heming Orientering 2 | 2:32:04 | 0:20:36 |
| 6  | 109  | Østmarka OK 1        | 2:41:42 | 0:21:04 |
| 7  | 110  | Asker Skiklubb 1     | 2:40:29 | 0:29:01 |
| 8  | 108  | Lillomarka OL 1      | 2:57:19 | 0:30:56 |
| 9  | 113  | Lillomarka OL 3      | 2:54:46 | 0:32:16 |
| 10 | 104  | Oppsal Orientering 2 | 2:54:59 | 0:33:29 |
| 11 | 114  | Oppsal Orientering 4 | 3:13:37 | 0:33:32 |
| 12 | 105  | Oppsal Orientering 3 | 2:53:40 | 0:34:13 |
| 13 | 112  | Østmarka OK 2        | 2:46:39 | 0:35:11 |
| 14 | 111  | Lillomarka OL 2      | 3:45:40 | 0:44:04 |

Etappetider 5,7 km

Velg etappe:

Etappe 1

Etappe 2

Etappe 3

Etappe 4

Etappe 13

Etappe 14

Etappe 15

| POS | LØPER                   | LAG & KLUBB                        | START    | MÅL      | LØPSTID | ETTER LEDER |
|-----|-------------------------|------------------------------------|----------|----------|---------|-------------|
| 1   | Sindre Østgulen Deisz   | Nydalens SK 1<br>Nydalens SK       | 12:13:43 | 12:51:13 | 0:37:30 | 👑           |
| 2   | Bojan Blumenstein       | Nydalens SK 1<br>Nydalens SK       | 12:13:25 | 12:53:03 | 0:39:38 | 0:02:08     |
| 3   | Håvard Funkqvist Haga   | Nydalens SK 2<br>Nydalens SK       | 12:21:21 | 13:01:03 | 0:39:42 | 0:02:12     |
| 4   | Rasmus Rørholt Theisen  | Nydalens SK 1<br>Nydalens SK       | 12:10:55 | 12:51:13 | 0:40:18 | 0:02:48     |
| 5   | Bjørn Fjeldbo Ekeberg   | Tyrving IL 1<br>Tyrving IL         | 12:17:03 | 12:58:16 | 0:41:13 | 0:03:43     |
| 6   | Filip Kubina            | Nydalens SK 3<br>Nydalens SK       | 12:43:43 | 13:25:23 | 0:41:40 | 0:04:10     |
| 7   | Carl Godager Kaas       | Bækkelaget SK 1<br>Bækkelaget SK   | 12:35:36 | 13:17:23 | 0:41:47 | 0:04:17     |
| 8   | Vegard Blomseth Johnsen | Nydalens SK 2<br>Nydalens SK       | 12:24:08 | 13:05:57 | 0:41:49 | 0:04:19     |
| 9   | Håkon Jarvis Drage      | Tyrving IL 1<br>Tyrving IL         | 12:14:12 | 12:57:20 | 0:43:08 | 0:05:38     |
| 10  | Espen Jakobsen          | Tyrving IL 1<br>Tyrving IL         | 12:13:52 | 12:57:23 | 0:43:31 | 0:06:01     |
| 11  | Simen Dalen Eriksen     | Asker Skiklubb 1<br>Asker Skiklubb | 12:34:37 | 13:18:32 | 0:43:55 | 0:06:25     |

|      |                        |                                                  |          |          |         |         |
|------|------------------------|--------------------------------------------------|----------|----------|---------|---------|
| #42  | Rolf Pettersen Mo      | Gje-Vard OL / OL Toten-Troll 1<br>OL Toten-Troll | 12:43:43 | 13:42:29 | 0:58:46 | 0:21:16 |
| #43  | Jens Erik Mortensen    | Asker Skiklubb 1<br>Asker Skiklubb               | 12:40:57 | 13:40:29 | 0:59:32 | 0:22:02 |
| #44  | Peter Telle-Hansen     | Tyrving IL 2<br>Tyrving IL                       | 12:34:42 | 13:34:21 | 0:59:39 | 0:22:09 |
| #45  | Vidar Benjaminsen      | Lilomarka OL 3<br>Lilomarka OL                   | 12:43:43 | 13:43:44 | 1:00:01 | 0:22:31 |
| #46  | Kristian Kihle         | Ringerike OL 1<br>Ringerike OL                   | 12:43:43 | 13:44:04 | 1:00:21 | 0:22:51 |
| #47  | Finn Gjerull Rygh      | Koll, IL 1<br>Koll, IL                           | 12:27:08 | 13:28:11 | 1:01:03 | 0:23:33 |
| #48  | Erling Melvær Ettestøl | Oppsal Orientering 2<br>Oppsal Orientering       | 12:43:43 | 13:44:57 | 1:01:14 | 0:23:44 |
| #49  | Sigurd Bjella Unneberg | Oppsal Orientering 4<br>Oppsal Orientering       | 12:43:43 | 13:45:00 | 1:01:17 | 0:23:47 |
| #50  | Donatas Kontautas      | OK Moss 1<br>OK Moss                             | 12:43:43 | 13:45:23 | 1:01:40 | 0:24:10 |
| #51  | Nils-Erik Hirsch       | Tyrving IL 2<br>Tyrving IL                       | 12:41:54 | 13:43:49 | 1:01:55 | 0:24:25 |
| #52  | Ulrik Juveli Pedersen  | Oppsal Orientering 3<br>Oppsal Orientering       | 12:43:43 | 13:45:41 | 1:01:58 | 0:24:28 |
| #53  | Trond Kjetil Nyland    | Koll, IL 3<br>Koll, IL                           | 12:43:43 | 13:46:34 | 1:02:51 | 0:25:21 |
| #54  | Thomas Roskifte        | OK Moss 1<br>OK Moss                             | 12:43:43 | 13:46:36 | 1:02:53 | 0:25:23 |
| #55  | Kristoffer Jordheim    | Koll, IL 2<br>Koll, IL                           | 12:43:43 | 13:46:43 | 1:03:00 | 0:25:30 |
| #56  | Anders Sollien         | Gje-Vard OL / OL Toten-Troll 1<br>OL Toten-Troll | 12:43:43 | 13:46:52 | 1:03:09 | 0:25:39 |
| #57  | John Åsmund Westberg   | Koll, IL 3<br>Koll, IL                           | 12:43:43 | 13:47:02 | 1:03:19 | 0:25:49 |
| #58  | Knut Edvard Helland    | Østmarka OK 2<br>Østmarka OK                     | 12:42:37 | 13:46:39 | 1:04:02 | 0:26:32 |
| #59  | Mats Lindaas           | Bækkelagets SK 1<br>Bækkelagets SK               | 12:26:31 | 13:35:16 | 1:08:45 | 0:31:15 |
| #60  | Christoffer Sletten    | Raumar Orientering 1<br>Raumar Orientering       | 12:43:43 | 13:53:53 | 1:10:10 | 0:32:40 |
| #61  | Mats Olav Berg         | Lilomarka OL 2<br>Lilomarka OL                   | 12:43:43 | 13:55:32 | 1:11:49 | 0:34:19 |
| #62  | Morten Moe             | Fet OL 1<br>Fet OL                               | 12:43:43 | 13:59:56 | 1:16:13 | 0:38:43 |
| #63  | Frank Åge Kippernes    | Koll, IL 2<br>Koll, IL                           | 12:43:43 | 14:11:14 | 1:27:31 | 0:50:01 |
| #64  | Terje Bråten           | Raumar Orientering 1<br>Raumar Orientering       | 12:43:43 | 14:15:01 | 1:31:18 | 0:53:48 |
| DISK | Åsmund Sunde Valseth   | Koll, IL 3<br>Koll, IL                           | 12:43:43 | 14:56:42 | 2:12:59 | -       |