

# Rankingløp

Dato/sted: 6. mai 2026 - Sognsvann  
Kart: Svartkulp  
Arr: OSI v/Magdalen Havnen og Øivind Due Trier  
Antall: Totalt: 116 (GeoForm: 18, OSI: 2, DNV: 4, Andre: 92)  
Løpsrapport: Alder: 21-: 115, 17-20: 0, 13-16: 0, 0-12: 1  
Startkont: kr. 50: 92 kr. 30: 24 kr. 0: 0  
Betalt: kr. 50: 92 kr. 30: 20 kr. 0: 4  
Leiebrikker: 10 stk

Resultater: [Lang\(38\)](#) | [Mellom\(56\)](#) | [Kort\(22\)](#) | [Grafisk](#)  
Strekketider: [Lang\(38\)](#) | [Mellom\(56\)](#) | [Kort\(22\)](#)

## Resultater Lang (6,1 km)

Class	Navn	Klubb	Tid	Poeng
1	Prydz, Espen Beer	Heming Orientering	0:45:41 + 00:00	151,06
2	Olausson, Mikael	IL GeoForm	0:46:29 + 00:48	150,64
3	Sommerfeldt, Erling	Aksker Skiklubb	0:48:28 + 02:47	149,60
4	Watterdal, Eirik	Fossum IF	0:48:37 + 02:56	149,52
5	Hansen, Sigrid Ottestad	IL Koll	0:49:14 + 03:33	149,19
6	Aurmo, Halvor	Heming Orientering	0:51:52 + 06:11	147,81
7	Standal, Helge	IL Koll	0:52:00 + 06:19	147,74
8	Coward, Thor Christian	OK Sør	0:52:46 + 07:05	147,34
9	Heitmann, Ståle	IL GeoForm	0:54:01 + 08:20	146,69
10	Kristensen, Ole Kristian	Fossum IF	0:54:47 + 09:06	146,29
11	Hallan, Bjørn	Fossum IF	0:56:31 + 10:50	145,38
12	Bjørnerud, Erik	IL GeoForm	0:56:38 + 10:57	145,32
13	Korvald, Christian	Oslo Universitetssykehus	BIL0:57:00 + 11:19	145,12
14	Systad, Rolf Anders	Lyn Ski	0:57:53 + 12:12	144,66
15	Birkeland, Roger	Telenor BIL	0:58:50 + 13:09	144,16
16	Kongsnes, Vemund	Østmarka OK	0:59:06 + 13:25	144,02
17	Waage, Jens	Lillomarka OL	1:00:32 + 14:51	143,27
18	Farkas, Lorent	Østmarka OK	1:01:35 + 15:54	142,72
19	Holm, Espen	Overtoppen	1:01:45 + 16:04	142,63
20	Onsager, Knut	IL GeoForm	1:03:48 + 18:07	141,56
21	Iwe, Harald	IL GeoForm	1:03:51 + 18:10	141,53
22	Ask, Kjetil	Nittedal OL	1:05:11 + 19:30	140,83
23	Heilemann, Nicolai	IL GeoForm	1:05:20 + 19:39	140,76
24	Fagerhaug, Are	IL GeoForm	1:08:44 + 23:03	138,97
25	Dybwad, Jacob	VBIL	1:11:17 + 25:36	137,64
26	Brækken, Bård	Lyn Ski	1:12:25 + 26:44	137,04
27	Bergan, Nils	Nydalens SK	1:14:19 + 28:38	136,05

28	Omdal, Marianne	Privat	1:14:48 + 29:07	135,79
29	Braadlie, Jo	Heming Orientering	1:15:32 + 29:51	135,41
30	Aulie, Harald	Heming Orientering	1:18:25 + 32:44	133,90
31	Fixdal, Trude	Heming Orientering	1:18:35 + 32:54	133,81
32	Bratsberg, Bo	Privat	1:19:26 + 33:45	133,37
33	Sverdrup-Thygeson, Kjetil	NGI	1:19:43 + 34:02	133,22
34	Bremnes, John Bjørnar	IL GeoForm	1:22:30 + 36:49	131,76
35	Høyvold, Erik	IL GeoForm	1:23:21 + 37:40	131,31
36	Wergeland, Ivar	Nydalens SK	1:32:48 + 47:07	126,36
37	Åm, Martin	IL GeoForm	1:45:42 +1:00:01	119,60
	Dahlen, Eskil	Telenor BIL	DELTATT	50,00

## Resultater Mellom (3,9 km)

Class	Navn	Klubb	Tid	Poeng
1	Backer-Tellnes, Jakob	Privat	+ 00:00	152,50
2	Breitschädel, Felix	Bækkelagets SK	0:29:39 + 29:39	132,06
3	Henriksen, Jan Tore	Norges Bank BIL	0:30:49 + 30:49	131,25
4	Lian, Odd Arne	IL Koll	0:33:09 + 33:09	129,64
5	Helland, Knut	Østmarka OK	0:33:17 + 33:17	129,55
6	Ferrand, Raphael	Privat	0:34:06 + 34:06	128,99
7	Tenstad, Amund	Privat	0:34:13 + 34:13	128,91
8	Knapp Kongsberg, Markus	IL Tyrving	0:34:41 + 34:41	128,59
9	Sætran, Bjørn Idar	IF Trauma	0:35:22 + 35:22	128,11
10	Kjenseth, Jon	Heming Orientering	0:35:52 + 35:52	127,77
11	Åsmul, Eskil	OL Trollelg	0:37:48 + 37:48	126,44
12	Granly, Martin	Siemens	0:39:30 + 39:30	125,26
13	Therkelsen, Pål	Privat	0:39:32 + 39:32	125,24
14	Solhjem, Bjørn	Sørkedalens IF	0:39:56 + 39:56	124,97
15	Teigen, Jorunn	Privat	0:40:51 + 40:51	124,33
16	Bugge, Georg	Nord Consult	0:41:24 + 41:24	123,95
17	Hjermstad, Lars	Fossum IF	0:41:53 + 41:53	123,62
18	Johansson, Pär	Privat	0:42:05 + 42:05	123,48
19	Heggland, Knut	Privat	0:42:36 + 42:36	123,13
20	Ringstad, Tor	Hedrum OL	0:42:58 + 42:58	122,87
21	Kjenseth, Celine	Heming Orientering	0:43:21 + 43:21	122,61
22	Grinde, Bjørn	Oslostudentenes IK	0:43:49 + 43:49	122,29
23	Hinsch, Paul	Kustein	0:44:26 + 44:26	121,86
24	Skantze, Kjersti	IL Tyrving	0:44:45 + 44:45	121,64
25	Jensen, Einar	Nydalens SK	0:44:49 + 44:49	121,60
26	Hetland, Jens	Nydalens SK	0:45:44 + 45:44	120,97
27	Johansen, Erlend	Privat	0:46:02 + 46:02	120,76
28	Hov, Kjersti	Fossum IF	0:46:51 + 46:51	120,20
29	Egge, Guttorm	IL GeoForm	0:47:08 + 47:08	120,00
30	Lahlum, Jon	IL GeoForm	0:47:41 + 47:41	119,62

31	Christiansen, Håvard	Privat	0:47:46 + 47:46	119,56
32	Kamsvåg, Frode	VBIL	0:48:16 + 48:16	119,22
33	Flemming, Øystein	Geoform IL	0:48:27 + 48:27	119,09
34	Wang, Dag	Lillomarka OL	0:48:31 + 48:31	119,05
35	Danielsen, Anne	Nydalens SK	0:48:53 + 48:53	118,79
36	Melkild, Dagrun	Heming Orientering	0:49:29 + 49:29	118,38
37	Ekeberg, Per Kristian	Tyrving IL	0:50:06 + 50:06	117,96
38	Kongsberg, Morten	Tyrving IL	0:51:16 + 51:16	117,15
39	Herud, Tone Jahren	Fossum IF	0:52:25 + 52:25	116,36
40	Brenna, Celine Amlie	Heming Orientering	0:53:28 + 53:28	115,63
41	Brenna, Ulf	Heming Orientering	0:53:33 + 53:33	115,58
42	Elvekrok, Vidar	Eiker OL	0:54:09 + 54:09	115,16
43	Roti, Tora Drage	Fossum IF	0:54:27 + 54:27	114,96
44	Roti, Torunn Drage	IL GeoForm	0:54:30 + 54:30	114,92
45	Skantze, Don	IL Tyrving	0:56:29 + 56:29	113,55
46	Jensen, Audun Dahl	Oslostudentenes IK	0:56:48 + 56:48	113,34
47	Rikheim, Harald	Privat	0:57:08 + 57:08	113,11
48	Sundelin Rørvik, Gisela	Heming Orientering	0:59:11 + 59:11	111,69
49	Flydal, Roar	Oppsal IF	1:04:49 +1:04:49	107,81
50	Borge, Karsten	Brandval/Kongsvinger OK	1:06:27 +1:06:27	106,68
51	Malm, Susannah	Statnett	1:09:13 +1:09:13	104,77
52	Staurnes, Ingrid	Kårvåg IL	1:17:31 +1:17:31	100,00
53	Myhr, Bjørn		1:41:42 +1:41:42	100,00
DSQ	Sætre, Knut Bjarne	Bærum kommune	0:47:22 (-1 poster)	95,45
DSQ	Rådahl, Tom	IL Tyrving	1:05:16 (-1 poster)	95,45
	Christiansen , Lars	Veritas BIL	DELTATT	50,00

## Resultater Kort (2,0 km)

Plass	Navn	Klubb	Tid	Poeng
1	Berteig, Vidar	IL GeoForm	0:20:57 + 00:00	121,65
2	Løken, Knut Anders	IL Koll	0:23:22 + 02:25	120,68
3	Jacobsen, Kjetil	Hamar OK	0:26:49 + 05:52	119,31
4	Clasen, Claus Frimann	Lyberg & Partnere	0:26:54 + 05:57	119,27
5	Sæther, Øystein	Lillomarka OL	0:27:22 + 06:25	119,09
6	Broadwell, Sharon Lynn	IL GeoForm	0:31:19 + 10:22	117,51
7	Løken, Aleidis	Heming Orientering	0:31:31 + 10:34	117,43
8	Huseth, Egil	Kamp/Vestheim IF	0:32:58 + 12:01	116,86
9	Sandelien, Bjørn	Heming Orientering	0:33:25 + 12:28	116,68
10	Lea, Tor	Nydalens SK	0:33:37 + 12:40	116,60
11	Bjørgum, Hallvard	Veritas BIL	0:33:39 + 12:42	116,58
12	Tho, Kjersti	Stabæk IF	0:40:00 + 19:03	114,05
13	Fougner, Jon C.	Heming Orientering	0:42:27 + 21:30	113,07
14	Nordland, Janicke Dahl	Lyn Ski	0:45:27 + 24:30	111,88
15	Flydal, Åse	Oppsal IF	0:46:04 + 25:07	111,63

16	Solhjell, Kaare	Privat	0:48:40 + 27:43	110,60
17	Dahl, Anne	Nydalens SK	0:49:49 + 28:52	110,14
18	Bugge, Merete	Privat	0:51:11 + 30:14	109,59
19	Aagaard, Per	Heming Orientering	1:02:21 + 41:24	105,14
20	Grandum, Sigurd	IL GeoForm	1:08:10 + 47:13	102,82
21	Grandum, Øyvind	IL GeoForm	1:08:15 + 47:18	102,79
22	Thronsen, Terje	Nittedal OL	1:14:00 + 53:03	100,49

## Strekktider Lang

Class	Navn	Klubb	Tid	Poeng
1	<b>Prydz, Espen Beer</b>	<b>Heming Orientering</b>	<b>0:45:41 + 00:00</b>	<b>151,06</b>
	01:08-2 04:08-2 05:40-1 07:56-1 11:38-1 13:11-1 16:40-1 19:03-1 25:41-1 26:25-1 33:58-1 38:35-2 42:12-2 43:27-2 45:03-1 45:41-1			
	01:08-2 03:00-2 01:32-1 02:16-1 03:42-1 01:33-2 03:29-1 02:23-1 06:38-5 00:44-1 07:33-7 04:37-4 03:37-11 01:15-1 01:36-1 00:38-5			
	00:03+ 00:08+ 00:00= 00:00= 00:00= 00:01+ 00:00= 00:00= 00:55# 00:00= 00:47# 00:33# 00:36# 00:00= 00:00= 00:05#			
2	<b>Olausson, Mikael</b>	<b>IL GeoForm</b>	<b>0:46:29 + 00:48</b>	<b>150,64</b>
	01:11-4 04:03-1 05:42-2 08:01-2 12:01-2 13:33-2 17:03-2 20:04-2 26:38-2 27:26-2 34:13-2 38:32-1 41:33-1 43:20-1 45:49-2 46:29-2			
	01:11-4 02:52-1 01:39-2 02:19-2 04:00-4 01:32-1 03:30-2 03:01-2 06:34-4 00:48-3 06:47-2 04:19-2 03:01-1 01:47-11 02:29-21 00:40-8			
	00:06+ 00:00= 00:07+ 00:03+ 00:18+ 00:00= 00:01+ 00:38& 00:51# 00:04+ 00:01+ 00:15+ 00:00= 00:32& 00:53& 00:07#			
3	<b>Sommerfeldt, Erling</b>	<b>Aksker Skiklubb</b>	<b>0:48:28 + 02:47</b>	<b>149,60</b>
	01:05-1 04:30-4 06:17-4 09:39-6 13:30-4 15:32-5 19:28-5 23:57-7 29:40-5 30:25-5 37:11-4 41:15-3 44:25-3 46:12-3 47:49-3 48:28-3			
	01:05-1 03:25-6 01:47-6 03:22-18 03:51-2 02:02-13 03:56-3 04:29-26 05:43-1 00:45-2 06:46-1 04:04-1 03:10-2 01:47-11 01:37-2 00:39-7			
	00:00= 00:33# 00:15# 01:06& 00:09+ 00:30& 00:27# 02:06& 00:00= 00:01+ 00:00= 00:00= 00:09+ 00:32& 00:01+ 00:06#			
4	<b>Watterdal, Eirik</b>	<b>Fossum IF</b>	<b>0:48:37 + 02:56</b>	<b>149,52</b>
	01:10-3 04:20-3 06:03-3 09:09-3 13:33-5 15:20-4 19:28-4 22:49-4 28:51-4 29:49-4 36:43-3 41:22-4 44:51-4 46:13-4 47:56-4 48:37-4			
	01:10-3 03:10-3 01:43-4 03:06-13 04:24-5 01:47-4 04:08-5 03:21-10 06:02-2 00:58-14 06:54-3 04:39-5 03:29-8 01:22-2 01:43-3 00:41-11			
	00:05+ 00:18# 00:11# 00:50& 00:42# 00:15# 00:39# 00:58& 00:19+ 00:14& 00:08+ 00:35# 00:28# 00:07+ 00:07+ 00:08#			
5	<b>Hansen, Sigrid Ottestad</b>	<b>IL Koll</b>	<b>0:49:14 + 03:33</b>	<b>149,19</b>
	01:30-10 04:59-8 06:41-7 09:12-4 13:05-3 14:42-3 18:50-3 21:58-3 28:37-3 29:29-3 37:17-5 41:53-5 45:20-5 46:53-5 48:36-5 49:14-5			
	01:30-9 03:29-7 01:42-3 02:31-3 03:53-3 01:37-3 04:08-5 03:08-5 06:39-6 00:52-6 07:48-10 04:36-3 03:27-6 01:33-3 01:43-3 00:38-5			
	00:25& 00:37# 00:10# 00:15# 00:11+ 00:05+ 00:39# 00:45& 00:56# 00:08# 01:02# 00:32# 00:26# 00:18# 00:07+ 00:05#			
6	<b>Aurmo, Halvor</b>	<b>Heming Orientering</b>	<b>0:51:52 + 06:11</b>	<b>147,81</b>
	01:25-8 05:29-12 07:19-11 10:19-11 14:47-10 16:47-10 20:49-8 23:52-6 31:11-6 32:04-6 39:28-7 44:11-7 47:54-7 49:33-6 51:19-6 51:52-6			
	01:25-8 04:04-18 01:50-7 03:00-11 04:28-7 02:00-9 04:02-4 03:03-3 07:19-15 00:53-7 07:24-6 04:43-8 03:43-12 01:39-5 01:46-5 00:33-1			
	00:20& 01:12& 00:18# 00:44& 00:46# 00:28& 00:33# 00:40& 01:36& 00:09# 00:38+ 00:39# 00:42# 00:24& 00:10# 00:00=			
7	<b>Standal, Helge</b>	<b>IL Koll</b>	<b>0:52:00 + 06:19</b>	<b>147,74</b>
	01:18-5 04:37-5 06:37-6 09:56-10 14:22-7 16:32-9 21:40-10 24:55-10 31:19-7 32:19-7 39:13-6 43:53-6 47:48-6 49:34-7 51:20-7 52:00-7			
	01:18-5 03:19-5 02:00-11 03:19-16 04:26-6 02:10-19 05:08-16 03:15-7 06:24-3 01:00-17 06:54-3 04:40-7 03:55-14 01:46-10 01:46-5 00:40-8			
	00:13# 00:27# 00:28& 01:03& 00:44# 00:38& 01:39& 00:52& 00:41# 00:16& 00:08+ 00:36# 00:54& 00:31& 00:10# 00:07#			
8	<b>Coward, Thor Christian</b>	<b>OK Sør</b>	<b>0:52:46 + 07:05</b>	<b>147,34</b>
	01:38-13 04:48-6 06:33-5 09:13-5 14:04-6 16:05-6 20:36-6 23:41-5 31:32-8 32:23-8 39:30-8 44:38-8 48:09-8 50:07-8 52:04-8 52:46-8			
	01:38-13 03:10-3 01:45-5 02:40-4 04:51-14 02:01-11 04:31-11 03:05-4 07:51-19 00:51-5 07:07-5 05:08-10 03:31-9 01:58-19 01:57-9 00:42-13			
	00:33& 00:18# 00:13# 00:24# 01:09& 00:29& 01:02& 00:42& 02:08& 00:07# 00:21+ 01:04& 00:30# 00:43& 00:21# 00:09&			
9	<b>Heitmann, Ståle</b>	<b>IL GeoForm</b>	<b>0:54:01 + 08:20</b>	<b>146,69</b>
	01:39-15 05:10-10 07:00-10 09:46-9 14:31-9 16:18-7 20:38-7 24:13-8 32:47-12 33:43-12 41:41-12 46:20-11 49:39-9 51:31-9 53:21-9 54:01-9			

01:39-15	03:31-8	01:50-7	02:46-6	04:45-10	01:47-4	04:20-7	03:35-17	08:34-24	00:56-11	07:58-12	04:39-5	03:19-3	01:52-17	01:50-7	00:40-8
00:34&	00:39#	00:18#	00:30#	01:03&	00:15#	00:51#	01:12&	02:51&	00:12&	01:12#	00:35#	00:18+	00:37&	00:14#	00:07#
<b>10</b>	<b>Kristensen, Ole Kristian</b>	<b>Fossum IF</b>				<b>0:54:47 +</b>	<b>09:06</b>		<b>146,29</b>						
01:19-6	04:51-7	06:53-8	09:45-8	15:09-11	17:02-11	21:45-11	25:08-11	31:48-9	32:36-9	40:48-10	46:16-9	50:18-11	51:57-11	54:02-10	54:47-10
01:19-6	03:32-9	02:02-12	02:52-9	05:24-16	01:53-7	04:43-13	03:23-12	06:40-8	00:48-3	08:12-14	05:28-16	04:02-18	01:39-5	02:05-12	00:45-17
00:14#	00:40#	00:30&	00:36&	01:42&	00:21#	01:14&	01:00&	00:57#	00:04+	01:26#	01:24&	01:01&	00:24&	00:29&	00:12&
<b>11</b>	<b>Hallan, Bjørn</b>	<b>Fossum IF</b>				<b>0:56:31 +</b>	<b>10:50</b>		<b>145,38</b>						
01:52-25	05:48-18	07:57-15	10:56-13	15:41-12	17:31-12	21:54-12	25:15-12	32:18-11	33:15-11	41:05-11	46:28-12	49:51-10	51:34-10	55:44-11	56:31-11
01:52-25	03:56-16	02:09-15	02:59-10	04:45-10	01:50-6	04:23-9	03:21-10	07:03-11	00:57-13	07:50-11	05:23-12	03:23-4	01:43-8	04:10-33	00:47-20
00:47&	01:04&	00:37&	00:43&	01:03&	00:18#	00:54&	00:58&	01:20#	00:13&	01:04#	01:19&	00:22#	00:28&	02:34@	00:14&
<b>12</b>	<b>Bjørnerud, Erik</b>	<b>IL GeoForm</b>				<b>0:56:38 +</b>	<b>10:57</b>		<b>145,32</b>						
01:23-7	05:03-9	06:56-9	09:41-7	14:30-8	16:31-8	21:01-9	24:53-9	31:48-10	32:44-10	40:27-9	46:19-10	50:43-12	54:03-12	55:57-12	56:38-12
01:23-7	03:40-10	01:53-9	02:45-5	04:49-13	02:01-11	04:30-10	03:52-20	06:55-10	00:56-11	07:43-9	05:52-20	04:24-22	03:20-34	01:54-8	00:41-11
00:18&	00:48&	00:21#	00:29#	01:07&	00:29&	01:01&	01:29&	01:12#	00:12&	00:57#	01:48&	01:23&	02:05@	00:18#	00:08#
<b>13</b>	<b>Korvald, Christian</b>	<b>Oslo Universitetssykehus</b>	<b>BIL0:57:00 +</b>	<b>11:19</b>					<b>145,12</b>						
															57:00-13
<b>14</b>	<b>Systad, Rolf Anders</b>	<b>Lyn Ski</b>				<b>0:57:53 +</b>	<b>12:12</b>		<b>144,66</b>						
01:40-16	05:50-19	08:10-21	11:32-17	16:25-15	18:29-14	23:56-15	27:30-15	34:42-15	35:41-14	43:53-13	49:09-13	53:10-14	55:00-14	57:09-13	57:53-14
01:40-16	04:10-22	02:20-19	03:22-18	04:53-15	02:04-14	05:27-17	03:34-14	07:12-13	00:59-16	08:12-14	05:16-11	04:01-17	01:50-15	02:09-13	00:44-15
00:35&	01:18&	00:48&	01:06&	01:11&	00:32&	01:58&	01:11&	01:29&	00:15&	01:26#	01:12&	01:00&	00:35&	00:33&	00:11&
<b>15</b>	<b>Birkeland, Roger</b>	<b>Telenor BIL</b>				<b>0:58:50 +</b>	<b>13:09</b>		<b>144,16</b>						
03:44-34	07:33-33	09:41-29	12:44-25	17:29-19	19:57-19	24:44-17	28:18-17	35:30-17	36:31-17	44:54-16	49:54-15	53:27-15	55:03-15	58:06-14	58:50-15
03:44-34	03:49-14	02:08-14	03:03-12	04:45-10	02:28-25	04:47-15	03:34-14	07:12-13	01:01-19	08:23-16	05:00-9	03:33-10	01:36-4	03:03-27	00:44-15
02:39@	00:57&	00:36&	00:47&	01:03&	00:56&	01:18&	01:11&	01:29&	00:17&	01:37#	00:56#	00:32#	00:21&	01:27&	00:11&
<b>16</b>	<b>Kongsnes, Vemund</b>	<b>Østmarka OK</b>				<b>0:59:06 +</b>	<b>13:25</b>		<b>144,02</b>						
01:41-17	06:27-26	08:51-23	12:10-19	16:54-17	18:54-17	24:24-16	27:40-16	35:09-16	36:09-16	44:49-15	50:12-16	54:19-16	56:21-16	58:21-15	59:06-16
01:41-17	04:46-27	02:24-22	03:19-16	04:44-9	02:00-9	05:30-18	03:16-8	07:29-16	01:00-17	08:40-19	05:23-12	04:07-19	02:02-20	02:00-10	00:45-17
00:36&	01:54&	00:52&	01:03&	01:02&	00:28&	02:01&	00:53&	01:46&	00:16&	01:54&	01:19&	01:06&	00:47&	00:24&	00:12&
<b>17</b>	<b>Waage, Jens</b>	<b>Lillmarka OL</b>				<b>1:00:32 +</b>	<b>14:51</b>		<b>143,27</b>						
01:43-19	05:30-13	08:09-20	10:57-14	16:22-14	18:38-15	22:59-14	26:34-14	34:32-14	35:49-15	45:45-17	51:19-17	55:09-17	56:56-17	59:56-16	60:32-17
01:43-19	03:47-13	02:39-29	02:48-7	05:25-17	02:16-22	04:21-8	03:35-17	07:58-20	01:17-33	09:56-23	05:34-18	03:50-13	01:47-11	03:00-26	00:36-2
00:38&	00:55&	01:07&	00:32#	01:43&	00:44&	00:52#	01:12&	02:15&	00:33&	03:10&	01:30&	00:49&	00:32&	01:24&	00:03+
<b>18</b>	<b>Farkas, Lorent</b>	<b>Østmarka OK</b>				<b>1:01:35 +</b>	<b>15:54</b>		<b>142,72</b>						
01:36-12	05:35-14	07:49-13	11:05-15	15:43-13	17:42-13	22:25-13	25:49-13	33:26-13	34:30-13	43:55-14	49:23-14	52:49-13	54:31-13	60:46-17	61:35-18
01:36-11	03:59-17	02:14-17	03:16-15	04:38-8	01:59-8	04:43-13	03:24-13	07:37-17	01:04-23	09:25-22	05:28-16	03:26-5	01:42-7	06:15-34	00:49-23
00:31&	01:07&	00:42&	01:00&	00:56&	00:27&	01:14&	01:01&	01:54&	00:20&	02:39&	01:24&	00:25#	00:27&	04:39@	00:16&
<b>19</b>	<b>Holm, Espen</b>	<b>Overtoppen</b>				<b>1:01:45 +</b>	<b>16:04</b>		<b>142,63</b>						
01:30-9	05:36-15	08:08-19	13:45-31	19:34-26		27:51-25	31:03-22	38:14-20	39:09-19	47:43-20		56:54-18	58:48-18	60:58-18	61:45-19
01:30-9	04:06-19	02:32-23	05:37-35	05:49-21			03:12-6	07:11-12	00:55-9	08:34-18			01:54-18	02:10-14	00:47-20
00:25&	01:14&	01:00&	03:21@	02:07&			00:49&	01:28&	00:11&	01:48&			00:39&	00:34&	00:14&
<b>20</b>	<b>Onsager, Knut</b>	<b>IL GeoForm</b>				<b>1:03:48 +</b>	<b>18:07</b>		<b>141,56</b>						
01:46-21	05:41-16	07:55-14	11:19-16	17:02-18	19:30-18	25:15-18	28:49-18	36:28-18	37:33-18	46:55-18	52:20-18	58:33-20	60:53-20	62:56-19	63:48-20
01:46-21	03:55-15	02:14-17	03:24-21	05:43-20	02:28-25	05:45-21	03:34-14	07:39-18	01:05-24	09:22-20	05:25-15	06:13-32	02:20-24	02:03-11	00:52-24
00:41&	01:03&	00:42&	01:08&	02:01&	00:56&	02:16&	01:11&	01:56&	00:21&	02:36&	01:21&	03:12@	01:05&	00:27&	00:19&
<b>21</b>	<b>Iwe, Harald</b>	<b>IL GeoForm</b>				<b>1:03:51 +</b>	<b>18:10</b>		<b>141,53</b>						
01:36-11	05:16-11	07:28-12	10:55-12	16:26-16	18:38-16	26:18-19	30:08-19	38:11-19	39:09-20	47:33-19	53:12-19	57:23-19	60:44-19	63:06-20	63:51-21

01:36-11	03:40-10	02:12-16	03:27-22	05:31-18	02:12-20	07:40-33	03:50-19	08:03-21	00:58-14	08:24-17	05:39-19	04:11-21	03:21-35	02:22-17	00:45-17
00:31&	00:48&	00:40&	01:11&	01:49&	00:40&	04:11@	01:27&	02:20&	00:14&	01:38#	01:35&	01:10&	02:06@	00:46&	00:12&
<b>22</b>	<b>Ask, Kjetil</b>														
01:48-22	06:11-23	08:45-22	12:13-20	18:54-23	21:12-23	27:06-21	31:01-21	39:06-22	40:11-21	49:33-21	55:35-20	59:43-22	61:47-22	64:09-21	65:11-22
01:48-22	04:23-26	02:34-27	03:28-24	06:41-28	02:18-23	05:54-23	03:55-22	08:05-22	01:05-24	09:22-20	06:02-22	04:08-20	02:04-21	02:22-17	01:02-29
00:43&	01:31&	01:02&	01:12&	02:59&	00:46&	02:25&	01:32&	02:22&	00:21&	02:36&	01:58&	01:07&	00:49&	00:46&	00:29&
<b>23</b>	<b>Heilemann, Nicolai</b>														
02:11-31	05:51-20	10:37-34	13:25-28	20:35-30	22:44-30	27:24-23	33:52-28	40:42-23	41:37-23	49:42-22	55:42-21	59:38-21	61:25-21	64:44-22	65:20-23
02:11-31	03:40-10	04:46-36	02:48-7	07:10-31	02:09-18	04:40-12	06:28-35	06:50-9	00:55-9	08:05-13	06:00-21	03:56-15	01:47-11	03:19-29	00:36-2
01:06@	00:48&	03:14@	00:32#	03:28&	00:37&	01:11&	04:05@	01:07#	00:11&	01:19#	01:56&	00:55&	00:32&	01:43@	00:03+
<b>24</b>	<b>Fagerhaug, Are</b>														
01:38-14	05:44-17	08:06-18	11:45-18	18:02-20	20:33-20	26:27-20	30:21-20	39:03-21	40:16-22	50:32-23	57:20-22	62:19-23	65:19-23	67:51-23	68:44-24
01:38-13	04:06-19	02:22-20	03:39-26	06:17-25	02:31-27	05:54-23	03:54-21	08:42-25	01:13-30	10:16-25	06:48-25	04:59-23	03:00-31	02:32-22	00:53-25
00:33&	01:14&	00:50&	01:23&	02:35&	00:59&	02:25&	01:31&	02:59&	00:29&	03:30&	02:44&	01:58&	01:45@	00:56&	00:20&
<b>25</b>	<b>Dybwad, Jacob</b>														
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01:57-27	04:54-29	03:02-33	03:51-29			08:37-35	03:20-9	08:58-26	01:08-26	10:42-28	05:24-14	05:19-28	02:04-21	02:19-16	00:53-25
00:52&	02:02&	01:30&	01:35&			05:08@	00:57&	03:15&	00:24&	03:56&	01:20&	02:18&	00:49&	00:43&	00:20&
<b>26</b>	<b>Brækken, Bård</b>														
01:51-24	06:07-22	08:04-17	14:44-34	21:47-33	25:10-33	30:49-32	39:51-34	46:30-33	47:40-33	55:17-29	63:20-29	66:47-26	69:08-25	71:49-25	72:25-26
01:51-23	04:16-23	01:57-10	06:40-36	07:03-29	03:23-34	05:39-19	09:02-36	06:39-6	01:10-27	07:37-8	08:03-30	03:27-6	02:21-25	02:41-25	00:36-2
00:46&	01:24&	00:25&	04:24@	03:21&	01:51@	02:10&	06:39@	00:56#	00:26&	00:51#	03:59&	00:26#	01:06&	01:05&	00:03+
<b>27</b>	<b>Bergan, Nils</b>														
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02:00-28	04:18-24	02:42-31	03:32-25	06:17-25	02:35-29	07:20-31	04:30-27	09:38-30	01:30-34	10:30-26	06:23-24	05:25-30	03:00-31	03:29-31	01:10-33
00:55&	01:26&	01:10&	01:16&	02:35&	01:03&	03:51@	02:07&	03:55&	00:46@	03:44&	02:19&	02:24&	01:45@	01:53@	00:37@
<b>28</b>	<b>Omdal, Marianne</b>														
02:03-30	06:23-25	08:55-25	12:22-22	19:47-27	22:38-29	29:18-29	35:11-31	43:16-29	44:29-29	55:13-28	62:52-28	68:13-29	71:24-30	73:48-27	74:48-28
02:03-30	04:20-25	02:32-23	03:27-22	07:25-33	02:51-31	06:40-29	05:53-34	08:05-22	01:13-30	10:44-29	07:39-28	05:21-29	03:11-33	02:24-19	01:00-28
00:58&	01:28&	01:00&	01:11&	03:43@	01:19&	03:11&	03:30@	02:22&	00:29&	03:58&	03:35&	02:20&	01:56@	00:48&	00:27&
<b>29</b>	<b>Braadlie, Jo</b>														
01:42-18	07:06-30	09:38-28	12:49-26	18:56-24	21:10-22	28:13-27	32:33-24	42:41-27	43:34-27	53:33-26	59:54-23	69:23-30	71:07-29	74:28-28	75:32-29
01:42-18	05:24-33	02:32-23	03:11-14	06:07-22	02:14-21	07:03-30	04:20-25	10:08-32	00:53-7	09:59-24	06:21-23	09:29-35	01:44-9	03:21-30	01:04-30
00:37&	02:32&	01:00&	00:55&	02:25&	00:42&	03:34@	01:57&	04:25&	00:09#	03:13&	02:17&	06:28@	00:29&	01:45@	00:31&
<b>30</b>	<b>Aulie, Harald</b>														
01:52-26	07:11-31	09:49-30	13:37-29	19:51-28	21:55-25	27:37-24	32:35-25	41:39-25	42:41-24	53:11-24	62:12-26	67:15-28	69:55-27	77:26-30	78:25-30
01:52-25	05:19-32	02:38-28	03:48-28	06:14-24	02:04-14	05:42-20	04:58-31	09:04-28	01:02-20	10:30-26	09:01-32	05:03-25	02:40-27	07:31-36	00:59-27
00:47&	02:27&	01:06&	01:32&	02:32&	00:32&	02:13&	02:35@	03:21&	00:18&	03:44&	04:57@	02:02&	01:25@	05:55@	00:26&
<b>31</b>	<b>Fixdal, Trude</b>														
02:01-29	07:15-32	09:55-32	13:49-32	19:59-29	22:07-26	28:00-26	32:44-26	41:43-26	42:46-25	53:30-25	62:12-27	67:13-27	70:02-28	77:25-29	78:35-31
02:01-29	05:14-31	02:40-30	03:54-30	06:10-23	02:08-16	05:53-22	04:44-28	08:59-27	01:03-21	10:44-29	08:42-31	05:01-24	02:49-29	07:23-35	01:10-33
00:56&	02:22&	01:08&	01:38&	02:28&	00:36&	02:24&	02:21&	03:16&	00:19&	03:58&	04:38@	02:00&	01:34@	05:47@	00:37@
<b>32</b>	<b>Bratsberg, Bo</b>														
01:51-23	05:58-21	08:03-16	12:30-23	18:07-21	20:39-21	27:18-22	31:31-23	41:36-24	42:49-26	59:25-32	66:38-30	73:32-32	76:30-32	78:43-32	79:26-32
01:51-23	04:07-21	02:05-13	04:27-33	05:37-19	02:32-28	06:39-27	04:13-23	10:05-31	01:13-30	16:36-36	07:13-26	06:54-34	02:58-30	02:13-15	00:43-14
00:46&	01:15&	00:33&	02:11&	01:55&	01:00&	03:10&	01:50&	04:22&	00:29&	09:50@	03:09&	03:53@	01:43@	00:37&	00:10&
<b>33</b>	<b>Sverdrup-Thygeson, Kjetil</b>														
02:23-32	07:34-34	10:36-33	14:34-33	21:42-32	24:49-32	31:12-34	36:14-33	45:40-32	47:12-32	59:02-31	66:59-31	72:34-31	75:10-31	78:28-31	79:43-33

02:23-32	05:11-30	03:02-33	03:58-31	07:08-30	03:07-33	06:23-25	05:02-32	09:26-29	01:32-35	11:50-33	07:57-29	05:35-31	02:36-26	03:18-28	01:15-35
01:18@	02:19&	01:30&	01:42&	03:26&	01:35@	02:54&	02:39@	03:43&	00:48@	05:04&	03:53&	02:34&	01:21@	01:42@	00:42@
<b>34</b>	<b>Bremnes, John Bjørnar</b>		<b>IL GeoForm</b>			<b>1:22:30 +</b>	<b>36:49</b>		<b>131,76</b>						
01:44-20	06:30-28	09:02-27	13:00-27	19:32-25	22:16-27	29:56-30	35:30-32	51:51-35	53:01-35	64:23-34	71:37-32	76:52-33	78:42-33	81:22-33	82:30-34
01:44-20	04:46-27	02:32-23	03:58-31	06:32-27	02:44-30	07:40-33	05:34-33	16:21-35	01:10-27	11:22-31	07:14-27	05:15-27	01:50-15	02:40-24	01:08-32
00:39&	01:54&	01:00&	01:42&	02:50&	01:12&	04:11@	03:11@	10:38@	00:26&	04:36&	03:10&	02:14&	00:35&	01:04&	00:35@
<b>35</b>	<b>Høyvold, Erik</b>		<b>IL GeoForm</b>			<b>1:23:21 +</b>	<b>37:40</b>		<b>131,31</b>						
	06:28-27	08:51-24	12:14-21	21:10-31	23:36-31	30:04-31	34:23-29	44:47-31	45:59-31	60:10-33	73:56-33	77:52-34	80:07-34	82:33-34	83:21-35
		02:23-21	03:23-20	08:56-35	02:26-24	06:28-26	04:19-24	10:24-33	01:12-29	14:11-34	13:46-35	03:56-15	02:15-23	02:26-20	00:48-22
		00:51&	01:07&	05:14@	00:54&	02:59&	01:56&	04:41&	00:28&	07:25@	09:42@	00:55&	01:00&	00:50&	00:15&
<b>36</b>	<b>Wergeland, Ivar</b>		<b>Nydalens SK</b>			<b>1:32:48 +</b>	<b>47:07</b>		<b>126,36</b>						
02:41-33	09:04-35	12:42-35	17:30-35	24:41-34	27:42-34	35:06-35	40:03-35	51:02-34	52:52-34	67:23-35	77:29-34	84:04-35	87:34-35	91:24-35	92:48-36
02:41-33	06:23-34	03:38-35	04:48-34	07:11-32	03:01-32	07:24-32	04:57-30	10:59-34	01:50-36	14:31-35	10:06-33	06:35-33	03:30-36	03:50-32	01:24-36
01:36@	03:31@	02:06@	02:32@	03:29&	01:29&	03:55@	02:34@	05:16&	01:06@	07:45@	06:02@	03:34@	02:15@	02:14@	00:51@
<b>37</b>	<b>Åm, Martin</b>		<b>IL GeoForm</b>			<b>1:45:42 +1:00:01</b>			<b>119,60</b>						
06:13-35	13:07-36	16:07-36	19:54-36	27:24-35	29:32-35	36:11-36	40:59-36	68:45-36	69:48-36	81:32-36	94:06-35	99:17-36	101:59-36	104:38-36	105:42-37
06:13-35	06:54-35	03:00-32	03:47-27	07:30-34	02:08-16	06:39-27	04:48-29	27:46-36	01:03-21	11:44-32	12:34-34	05:11-26	02:42-28	02:39-23	01:04-30
05:08@	04:02@	01:28&	01:31&	03:48@	00:36&	03:10&	02:25@	22:03@	00:19&	04:58&	08:30@	02:10&	01:27@	01:03&	00:31&
	<b>Dahlen, Eskil</b>		<b>Telenor BIL</b>			<b>DELTATT</b>			<b>50,00</b>						

## Strekktider Mellom

Class	Navn	Klubb	Tid	Poeng								
1	Backer-Tellnes, Jakob	Privat	+ 00:00	152,50								
2	Breitschädel, Felix	Bækkelagets SK	0:29:39 + 29:39	132,06								
	01:17-3	04:57-5	06:47-5	09:12-2	12:53-1	14:25-1	18:07-1	22:50-1	25:43-1	27:07-1	28:59-1	29:39-1
	01:17-3	03:40-6	01:50-4	02:25-1	03:41-1	01:32-2	03:42-4	04:43-3	02:53-1	01:24-1	01:52-2	00:40-4
	00:04+	00:21#	00:06+	00:00=	00:00=	00:03+	00:24#	00:14+	00:00=	00:00=	00:02+	00:06#
3	Henriksen, Jan Tore	Norges Bank BIL	0:30:49 + 30:49	131,25								
	01:18-4	04:47-4	06:35-3	09:29-4	13:30-2	14:59-2	18:20-2	23:27-3	26:37-2	28:16-2	30:06-2	30:49-2
	01:18-4	03:29-3	01:48-3	02:54-6	04:01-3	01:29-1	03:21-2	05:07-5	03:10-2	01:39-4	01:50-1	00:43-8
	00:05+	00:10+	00:04+	00:29#	00:20+	00:00=	00:03+	00:38#	00:17+	00:15#	00:00=	00:09&
4	Lian, Odd Arne	IL Koll	0:33:09 + 33:09	129,64								
	01:32-8	05:19-8	07:10-6	09:52-5	14:02-4	15:58-4	19:47-4		28:20-4	30:24-4	32:24-3	33:09-3
	01:32-8	03:47-7	01:51-5	02:42-4	04:10-4	01:56-6	03:49-5			02:04-15	02:00-4	00:45-9
	00:19&	00:28#	00:07+	00:17#	00:29#	00:27&	00:31#			00:10+	00:11&	
5	Helland, Knut	Østmarka OK	0:33:17 + 33:17	129,55								
	01:31-7	05:10-6	07:16-7	10:27-7	14:47-7	16:45-7	20:20-5	25:17-5	28:54-5	30:34-5	32:35-4	33:17-4
	01:31-7	03:39-5	02:06-9	03:11-8	04:20-6	01:58-8	03:35-3	04:57-4	03:37-4	01:40-5	02:01-5	00:42-6

00:18#	00:20#	00:22#	00:46&	00:39#	00:29&	00:17+	00:28#	00:44&	00:16#	00:11#	00:08#
<b>6</b>	<b>Ferrand, Raphael</b>			<b>Privat</b>			<b>0:34:06 +</b>	<b>34:06</b>	<b>128,99</b>		
01:15-2	04:43-2	06:27-2	10:03-6	13:56-3	15:29-3	18:47-3	23:16-2	26:48-3	28:23-3	33:27-5	34:06-5
01:15-2	03:28-2	01:44-1	03:36-20	03:53-2	01:33-3	03:18-1	04:29-1	03:32-3	01:35-2	05:04-49	00:39-3
00:02+	00:09+	00:00=	01:11&	00:12+	00:04+	00:00=	00:00=	00:39#	00:11#	03:14@	00:05#
<b>7</b>	<b>Tenstad, Amund</b>			<b>Privat</b>			<b>0:34:13 +</b>	<b>34:13</b>	<b>128,91</b>		
01:26-6	04:45-3	06:46-4	09:24-3	14:23-6	16:24-5	20:25-6	25:05-4	29:53-6	31:29-6	33:39-6	34:13-6
01:26-6	03:19-1	02:01-7	02:38-2	04:59-11	02:01-11	04:01-9	04:40-2	04:48-20	01:36-3	02:10-10	00:34-1
00:13#	00:00=	00:17#	00:13+	01:18&	00:32&	00:43#	00:11+	01:55&	00:12#	00:20#	00:00=
<b>8</b>	<b>Knapp Kongsberg, Markus</b>			<b>IL Tyrving</b>			<b>0:34:41 +</b>	<b>34:41</b>	<b>128,59</b>		
01:13-1	04:42-1	06:27-1	09:07-1	14:15-5	16:27-6	20:26-7	26:10-6	30:15-7	32:05-7	34:03-7	34:41-7
01:13-1	03:29-3	01:45-2	02:40-3	05:08-14	02:12-21	03:59-8	05:44-8	04:05-9	01:50-7	01:58-3	00:38-2
00:00=	00:10+	00:01+	00:15#	01:27&	00:43&	00:41#	01:15&	01:12&	00:26&	00:08+	00:04#
<b>9</b>	<b>Sætran, Bjørn Idar</b>			<b>IF Trauma</b>			<b>0:35:22 +</b>	<b>35:22</b>	<b>128,11</b>		
01:45-15	05:40-10	07:45-9	10:34-8	15:24-8	17:14-8	21:06-8	26:13-7	30:27-8	32:15-8	34:40-8	35:22-8
01:45-15	03:55-10	02:05-8	02:49-5	04:50-8	01:50-5	03:52-6	05:07-5	04:14-11	01:48-6	02:25-20	00:42-6
00:32&	00:36#	00:21#	00:24#	01:09&	00:21#	00:34#	00:38#	01:21&	00:24&	00:35&	00:08#
<b>10</b>	<b>Kjenseth, Jon</b>			<b>Heming Orientering</b>			<b>0:35:52 +</b>	<b>35:52</b>	<b>127,77</b>		
01:34-10	06:37-23	08:33-15	11:27-11	15:40-9	17:26-9	21:22-9	27:17-8	31:03-9	32:56-9	35:02-9	35:52-9
01:34-9	05:03-30	01:56-6	02:54-6	04:13-5	01:46-4	03:56-7	05:55-11	03:46-5	01:53-8	02:06-7	00:50-15
00:21&	01:44&	00:12#	00:29#	00:32#	00:17#	00:38#	01:26&	00:53&	00:29&	00:16#	00:16&
<b>11</b>	<b>Åsmul, Eskil</b>			<b>OL Trollelg</b>			<b>0:37:48 +</b>	<b>37:48</b>	<b>126,44</b>		
01:37-11	05:45-11	07:59-10	11:31-12	16:32-11	18:38-11	23:12-10	28:57-9	32:47-10	35:02-10	37:07-10	37:48-10
01:37-11	04:08-13	02:14-13	03:32-18	05:01-12	02:06-14	04:34-14	05:45-9	03:50-6	02:15-22	02:05-6	00:41-5
00:24&	00:49#	00:30&	01:07&	01:20&	00:37&	01:16&	01:16&	00:57&	00:51&	00:15#	00:07#
<b>12</b>	<b>Granly, Martin</b>			<b>Siemens</b>			<b>0:39:30 +</b>	<b>39:30</b>	<b>125,26</b>		
01:47-18	06:10-15	08:43-18	12:27-20	17:29-16	19:35-16	23:38-11	30:33-13	34:25-13	36:18-11	38:38-11	39:30-11
01:47-17	04:23-18	02:33-29	03:44-24	05:02-13	02:06-14	04:03-10	06:55-32	03:52-7	01:53-8	02:20-13	00:52-21
00:34&	01:04&	00:49&	01:19&	01:21&	00:37&	00:45#	02:26&	00:59&	00:29&	00:30&	00:18&
<b>13</b>	<b>Therkelsen, Pål</b>			<b>Privat</b>			<b>0:39:32 +</b>	<b>39:32</b>	<b>125,24</b>		
01:38-12	05:27-9	08:00-11	11:25-9	16:21-10	18:33-10	23:39-12	30:03-11	34:02-11	36:33-12	38:39-12	39:32-12
01:38-12	03:49-8	02:33-29	03:25-14	04:56-10	02:12-21	05:06-26	06:24-22	03:59-8	02:31-34	02:06-7	00:53-25
00:25&	00:30#	00:49&	01:00&	01:15&	00:43&	01:48&	01:55&	01:06&	01:07&	00:16#	00:19&
<b>14</b>	<b>Solhjem, Bjørn</b>			<b>Sørkedalens IF</b>			<b>0:39:56 +</b>	<b>39:56</b>	<b>124,97</b>		
01:50-22	06:31-22	08:58-22	12:24-19	17:11-13	19:11-13	23:51-13	29:54-10	34:15-12	36:42-13	39:04-13	39:56-13
01:50-22	04:41-23	02:27-25	03:26-16	04:47-7	02:00-9	04:40-18	06:03-15	04:21-13	02:27-31	02:22-17	00:52-21
00:37&	01:22&	00:43&	01:01&	01:06&	00:31&	01:22&	01:34&	01:28&	01:03&	00:32&	00:18&
<b>15</b>	<b>Teigen, Jorunn</b>			<b>Privat</b>			<b>0:40:51 +</b>	<b>40:51</b>	<b>124,33</b>		
01:58-32	06:23-19	08:46-20	12:46-22	18:01-17	20:09-17	24:21-15	30:30-12	35:17-14	37:18-14	39:46-14	40:51-14
01:58-32	04:25-19	02:23-19	04:00-31	05:15-16	02:08-18	04:12-12	06:09-17	04:47-19	02:01-13	02:28-22	01:05-45
00:45&	01:06&	00:39&	01:35&	01:34&	00:39&	00:54&	01:40&	01:54&	00:37&	00:38&	00:31&
<b>16</b>	<b>Bugge, Georg</b>			<b>Nord Consult</b>			<b>0:41:24 +</b>	<b>41:24</b>	<b>123,95</b>		
01:58-33	06:30-20	08:42-17	12:02-14	16:57-12	18:54-12	25:17-17	30:52-14	35:30-15	37:43-15	40:34-15	41:24-15
01:58-32	04:32-20	02:12-12	03:20-12	04:55-9	01:57-7	06:23-48	05:35-7	04:38-15	02:13-20	02:51-29	00:50-15
00:45&	01:13&	00:28&	00:55&	01:14&	00:28&	03:05&	01:06#	01:45&	00:49&	01:01&	00:16&
<b>17</b>	<b>Hjermstad, Lars</b>			<b>Fossum IF</b>			<b>0:41:53 +</b>	<b>41:53</b>	<b>123,62</b>		
01:46-16	07:09-32	09:34-29	12:51-23	18:12-19	20:20-19	24:56-16	30:58-15	36:38-17	38:46-16	41:06-16	41:53-16
01:46-16	05:23-37	02:25-21	03:17-10	05:21-17	02:08-18	04:36-16	06:02-14	05:40-38	02:08-17	02:20-13	00:47-12

00:33&	02:04&	00:41&	00:52&	01:40&	00:39&	01:18&	01:33&	02:47&	00:44&	00:30&	00:13&
<b>18</b>	<b>Johansson, Pär</b>			<b>Privat</b>			<b>0:42:05 +</b>	<b>42:05</b>	<b>123,48</b>		
01:49-20	07:15-35	09:33-28	13:25-29	19:09-25	21:17-22	25:57-22	31:50-17	36:34-16	38:48-17	41:17-17	42:05-17
01:49-20	05:26-38	02:18-15	03:52-29	05:44-22	02:08-18	04:40-18	05:53-10	04:44-18	02:14-21	02:29-23	00:48-13
00:36&	02:07&	00:34&	01:27&	02:03&	00:39&	01:22&	01:24&	01:51&	00:50&	00:39&	00:14&
<b>19</b>	<b>Heggland, Knut</b>			<b>Privat</b>			<b>0:42:36 +</b>	<b>42:36</b>	<b>123,13</b>		
01:23-5	05:14-7	07:36-8	11:27-10	17:12-14	19:30-15	24:14-14	31:43-16	36:58-18	38:51-18	41:46-18	42:36-18
01:23-5	03:51-9	02:22-18	03:51-28	05:45-23	02:18-26	04:44-21	07:29-36	05:15-31	01:53-8	02:55-31	00:50-15
00:10#	00:32#	00:38&	01:26&	02:04&	00:49&	01:26&	03:00&	02:22&	00:29&	01:05&	00:16&
<b>20</b>	<b>Ringstad, Tor</b>			<b>Hedrum OL</b>			<b>0:42:58 +</b>	<b>42:58</b>	<b>122,87</b>		
01:59-34	06:49-26	09:07-23	13:07-26	18:20-20	20:26-20	25:32-19	32:17-19	37:36-20	39:59-19	42:08-19	42:58-19
01:59-34	04:50-26	02:18-15	04:00-31	05:13-15	02:06-14	05:06-26	06:45-28	05:19-32	02:23-26	02:09-9	00:50-15
00:46&	01:31&	00:34&	01:35&	01:32&	00:37&	01:48&	02:16&	02:26&	00:59&	00:19#	00:16&
<b>21</b>	<b>Kjenseth, Celine</b>			<b>Heming Orientering</b>			<b>0:43:21 +</b>	<b>43:21</b>	<b>122,61</b>		
01:44-14	06:20-18	08:29-14	12:11-17	18:09-18	20:13-18	25:36-20	33:09-21	37:15-19	40:08-20	42:30-20	43:21-20
01:44-13	04:36-21	02:09-10	03:42-23	05:58-25	02:04-13	05:23-31	07:33-37	04:06-10	02:53-40	02:22-17	00:51-20
00:31&	01:17&	00:25#	01:17&	02:17&	00:35&	02:05&	03:04&	01:13&	01:29@	00:32&	00:17&
<b>22</b>	<b>Grinde, Bjørn</b>			<b>Oslostudentenes IK</b>			<b>0:43:49 +</b>	<b>43:49</b>	<b>122,29</b>		
01:50-23	05:56-12	08:16-13	12:18-18	20:54-33	23:06-32	28:08-31	34:18-26	38:40-23	40:36-21	42:55-21	43:49-21
01:50-22	04:06-12	02:20-17	04:02-34	08:36-48	02:12-21	05:02-24	06:10-18	04:22-14	01:56-11	02:19-12	00:54-29
00:37&	00:47#	00:36&	01:37&	04:55@	00:43&	01:44&	01:41&	01:29&	00:32&	00:29&	00:20&
<b>23</b>	<b>Hinsch, Paul</b>			<b>Kustein</b>			<b>0:44:26 +</b>	<b>44:26</b>	<b>121,86</b>		
01:49-21	05:57-13	08:46-21	12:27-21	18:33-21	20:51-21	25:39-21	32:09-18	38:35-22	40:53-23	43:34-22	44:26-22
01:49-20	04:08-13	02:49-36	03:41-22	06:06-28	02:18-26	04:48-23	06:30-24	06:26-46	02:18-23	02:41-27	00:52-21
00:36&	00:49#	01:05&	01:16&	02:25&	00:49&	01:30&	02:01&	03:33@	00:54&	00:51&	00:18&
<b>24</b>	<b>Skantze, Kjersti</b>			<b>IL Tyrving</b>			<b>0:44:45 +</b>	<b>44:45</b>	<b>121,64</b>		
01:52-26	06:52-27	09:17-26	14:07-33	19:40-26	21:47-24	26:54-24	34:09-25	39:03-25	41:25-25	43:50-23	44:45-23
01:52-26	05:00-29	02:25-21	04:50-50	05:33-19	02:07-17	05:07-28	07:15-34	04:54-22	02:22-25	02:25-20	00:55-32
00:39&	01:41&	00:41&	02:25@	01:52&	00:38&	01:49&	02:46&	02:01&	00:58&	00:35&	00:21&
<b>25</b>	<b>Jensen, Einar</b>			<b>Nydalens SK</b>			<b>0:44:49 +</b>	<b>44:49</b>	<b>121,60</b>		
03:51-53	08:00-42	10:26-37	14:16-35	21:39-36	24:02-34	28:32-33	34:30-27	39:12-27	41:35-26	43:56-24	44:49-24
03:51-53	04:09-15	02:26-23	03:50-27	07:23-39	02:23-30	04:30-13	05:58-12	04:42-17	02:23-26	02:21-15	00:53-25
02:38@	00:50&	00:42&	01:25&	03:42@	00:54&	01:12&	01:29&	01:49&	00:59&	00:31&	00:19&
<b>26</b>	<b>Hetland, Jens</b>			<b>Nydalens SK</b>			<b>0:45:44 +</b>	<b>45:44</b>	<b>120,97</b>		
02:26-48	10:31-51	13:01-48	16:45-47	22:14-39	24:14-35	28:56-35	34:54-28	39:57-29	42:38-30	44:59-25	45:44-25
02:26-46	08:05-52	02:30-26	03:44-24	05:29-18	02:00-9	04:42-20	05:58-12	05:03-27	02:41-36	02:21-15	00:45-9
01:13@	04:46@	00:46&	01:19&	01:48&	00:31&	01:24&	01:29&	02:10&	01:17&	00:31&	00:11&
<b>27</b>	<b>Johansen, Erlend</b>			<b>Privat</b>			<b>0:46:02 +</b>	<b>46:02</b>	<b>120,76</b>		
01:34-9	07:30-38	09:39-30	13:45-30	19:50-27	22:55-31	27:29-27	33:47-24	39:23-28	42:41-31	45:12-26	46:02-26
01:34-9	05:56-42	02:09-10	04:06-36	06:05-27	03:05-48	04:34-14	06:18-20	05:36-37	03:18-44	02:31-24	00:50-15
00:21&	02:37&	00:25#	01:41&	02:24&	01:36@	01:16&	01:49&	02:43&	01:54@	00:41&	00:16&
<b>28</b>	<b>Hov, Kjersti</b>			<b>Fossum IF</b>			<b>0:46:51 +</b>	<b>46:51</b>	<b>120,20</b>		
02:10-41	07:29-37	10:21-35	14:50-38	20:53-32	23:10-33	28:14-32	35:02-30	40:29-30	42:36-29	45:41-27	46:51-27
02:10-41	05:19-34	02:52-38	04:29-47	06:03-26	02:17-25	05:04-25	06:48-30	05:27-34	02:07-16	03:05-35	01:10-50
00:57&	02:00&	01:08&	02:04&	02:22&	00:48&	01:46&	02:19&	02:34&	00:43&	01:15&	00:36@
<b>29</b>	<b>EGge, Guttorm</b>			<b>IL GeoForm</b>			<b>0:47:08 +</b>	<b>47:08</b>	<b>120,00</b>		
01:54-29	05:59-14	08:14-12	11:33-13	17:13-15	19:15-14	25:24-18	32:23-20	39:06-26	42:04-27	46:22-29	47:08-28
01:54-28	04:05-11	02:15-14	03:19-11	05:40-21	02:02-12	06:09-44	06:59-33	06:43-48	02:58-43	04:18-48	00:46-11

00:41&	00:46#	00:31&	00:54&	01:59&	00:33&	02:51&	02:30&	03:50@	01:34@	02:28@	00:12&
<b>30</b>	<b>Lahlum, Jon</b>			<b>IL GeoForm</b>		<b>0:47:41 +</b>	<b>47:41</b>	<b>119,62</b>			
02:06-38	06:57-29	09:51-32	14:14-34	21:37-35	24:38-36	30:05-36	36:41-33	41:32-32	43:43-32	46:37-30	47:41-30
02:06-38	04:51-27	02:54-39	04:23-43	07:23-39	03:01-44	05:27-34	06:36-25	04:51-21	02:11-19	02:54-30	01:04-42
00:53&	01:32&	01:10&	01:58&	03:42@	01:32@	02:09&	02:07&	01:58&	00:47&	01:04&	00:30&
<b>31</b>	<b>Christiansen, Håvard</b>			<b>Privat</b>		<b>0:47:46 +</b>	<b>47:46</b>	<b>119,56</b>			
02:05-37	07:42-39	10:29-38	13:57-32	21:25-34	24:40-37	30:06-37	36:46-34	41:27-31	43:57-33	46:53-31	47:46-31
02:05-37	05:37-41	02:47-35	03:28-17	07:28-42	03:15-50	05:26-33	06:40-27	04:41-16	02:30-33	02:56-32	00:53-25
00:52&	02:18&	01:03&	01:03&	03:47@	01:46@	02:08&	02:11&	01:48&	01:06&	01:06&	00:19&
<b>32</b>	<b>Kamsvåg, Frode</b>			<b>VBIL</b>		<b>0:48:16 +</b>	<b>48:16</b>	<b>119,22</b>			
02:01-35	06:37-24	09:21-27	12:55-25	18:52-24	21:19-23	26:40-23	36:14-31	42:06-34	44:09-34	47:09-32	48:16-32
02:01-35	04:36-21	02:44-33	03:34-19	05:57-24	02:27-31	05:21-29	09:34-48	05:52-41	02:03-14	03:00-34	01:07-46
00:48&	01:17&	01:00&	01:09&	02:16&	00:58&	02:03&	05:05@	02:59@	00:39&	01:10&	00:33&
<b>33</b>	<b>Flemming, Øystein</b>			<b>Geoform IL</b>		<b>0:48:27 +</b>	<b>48:27</b>	<b>119,09</b>			
01:53-27	07:13-34	09:46-31	13:51-31	20:18-29	22:48-30	28:50-34	36:38-32	42:33-36	45:19-36	47:34-34	48:27-33
01:53-27	05:20-35	02:33-29	04:05-35	06:27-29	02:30-33	06:02-42	07:48-40	05:55-42	02:46-38	02:15-11	00:53-25
00:40&	02:01&	00:49&	01:40&	02:46&	01:01&	02:44&	03:19&	03:02@	01:22&	00:25#	00:19&
<b>34</b>	<b>Wang, Dag</b>			<b>Lillomarka OL</b>		<b>0:48:31 +</b>	<b>48:31</b>	<b>119,05</b>			
01:51-25	06:45-25	09:11-24	12:55-24	20:21-30	22:41-28	27:17-26	33:32-23	38:52-24	40:52-22	47:31-33	48:31-34
01:51-24	04:54-28	02:26-23	03:44-24	07:26-41	02:20-28	04:36-16	06:15-19	05:20-33	02:00-12	06:39-52	01:00-35
00:38&	01:35&	00:42&	01:19&	03:45@	00:51&	01:18&	01:46&	02:27&	00:36&	04:49@	00:26&
<b>35</b>	<b>Danielsen, Anne</b>			<b>Nydalens SK</b>		<b>0:48:53 +</b>	<b>48:53</b>	<b>118,79</b>			
02:26-47	08:57-45	11:42-44	15:42-43	22:51-43	25:35-43	31:53-43	38:14-37	42:31-35	45:13-35	48:01-35	48:53-35
02:26-46	06:31-44	02:45-34	04:00-31	07:09-33	02:44-36	06:18-47	06:21-21	04:17-12	02:42-37	02:48-28	00:52-21
01:13@	03:12&	01:01&	01:35&	03:28&	01:15&	03:00&	01:52&	01:24&	01:18&	00:58&	00:18&
<b>36</b>	<b>Melkild, Dagrun</b>			<b>Heming Orientering</b>		<b>0:49:29 +</b>	<b>49:29</b>	<b>118,38</b>			
01:57-31	10:28-50	12:59-47	16:38-46	22:15-40	24:44-39	30:50-42	36:58-35	42:00-33	45:53-38	48:30-36	49:29-36
01:57-31	08:31-54	02:31-27	03:39-21	05:37-20	02:29-32	06:06-43	06:08-16	05:02-26	03:53-48	02:37-26	00:59-34
00:44&	05:12@	00:47&	01:14&	01:56&	01:00&	02:48&	01:39&	02:09&	02:29@	00:47&	00:25&
<b>37</b>	<b>Ekeberg, Per Kristian</b>			<b>Tyrving IL</b>		<b>0:50:06 +</b>	<b>50:06</b>	<b>117,96</b>			
02:07-39	07:17-36	10:24-36	14:44-37	21:53-37	24:42-38	30:15-38	38:14-36	43:13-37	45:39-37	49:06-37	50:06-37
02:07-39	05:10-31	03:07-42	04:20-42	07:09-33	02:49-40	05:33-36	07:59-41	04:59-24	02:26-28	03:27-40	01:00-35
00:54&	01:51&	01:23&	01:55&	03:28&	01:20&	02:15&	03:30&	02:06&	01:02&	01:37&	00:26&
<b>38</b>	<b>Kongsberg, Morten</b>			<b>Tyrving IL</b>		<b>0:51:16 +</b>	<b>51:16</b>	<b>117,15</b>			
02:07-40	06:53-28	10:15-34	14:43-36	22:12-38	24:49-40	30:20-39	38:58-40	44:01-40	46:10-39	50:15-38	51:16-38
02:07-39	04:46-25	03:22-46	04:28-46	07:29-43	02:37-35	05:31-35	08:38-45	05:03-27	02:09-18	04:05-47	01:01-37
00:54&	01:27&	01:38&	02:03&	03:48@	01:08&	02:13&	04:09&	02:10&	00:45&	02:15@	00:27&
<b>39</b>	<b>Herud, Tone Jahren</b>			<b>Fossum IF</b>		<b>0:52:25 +</b>	<b>52:25</b>	<b>116,36</b>			
02:26-46	09:50-47	13:25-49	18:39-49	26:25-49	28:46-49	33:30-46	40:08-41	45:08-41	47:27-40	51:28-39	52:25-39
02:26-46	07:24-48	03:35-48	05:14-51	07:46-46	02:21-29	04:44-21	06:38-26	05:00-25	02:19-24	04:01-44	00:57-33
01:13@	04:05@	01:51@	02:49@	04:05@	00:52&	01:26&	02:09&	02:07&	00:55&	02:11@	00:23&
<b>40</b>	<b>Brenna, Celine Amlie</b>			<b>Heming Orientering</b>		<b>0:53:28 +</b>	<b>53:28</b>	<b>115,63</b>			
01:44-13	07:00-30	11:01-39	15:17-40	22:29-41	25:16-41	30:39-40	38:17-38	43:50-38	49:56-43	52:20-40	53:28-40
01:44-13	05:16-32	04:01-51	04:16-39	07:12-35	02:47-39	05:23-31	07:38-38	05:33-36	06:06-52	02:24-19	01:08-49
00:31&	01:57&	02:17@	01:51&	03:31&	01:18&	02:05&	03:09&	02:40&	04:42@	00:34&	00:34@
<b>41</b>	<b>Brenna, Ulf</b>			<b>Heming Orientering</b>		<b>0:53:33 +</b>	<b>53:33</b>	<b>115,58</b>			
01:48-19	07:05-31	11:04-41	15:21-41	22:36-42	25:21-42	30:42-41	38:21-39	43:53-39	49:55-42	52:29-41	53:33-41
01:48-19	05:17-33	03:59-50	04:17-41	07:15-38	02:45-37	05:21-29	07:39-39	05:32-35	06:02-51	02:34-25	01:04-42

00:35&	01:58&	02:15@	01:52&	03:34&	01:16&	02:03&	03:10&	02:39&	04:38@	00:44&	00:30&
<b>42</b>	<b>Elvekrok, Vidar</b>			<b>Eiker OL</b>				<b>0:54:09 + 54:09</b>	<b>115,16</b>		
02:24-45	07:54-40	11:05-42	15:21-42	23:16-44	26:06-44	32:35-44	41:09-42	47:11-42	49:40-41	52:59-42	54:09-42
02:24-45	05:30-40	03:11-44	04:16-39	07:55-47	02:50-41	06:29-49	08:34-43	06:02-43	02:29-32	03:19-37	01:10-50
01:11&	02:11&	01:27&	01:51&	04:14@	01:21&	03:11&	04:05&	03:09@	01:05&	01:29&	00:36@
<b>43</b>	<b>Roti, Tora Drage</b>			<b>Fossum IF</b>				<b>0:54:27 + 54:27</b>	<b>114,96</b>		
01:56-30	06:16-17	08:39-16	12:04-15	18:45-22	22:04-25	27:55-28	42:23-43	47:32-43	49:58-44	53:25-43	54:27-43
01:56-30	04:20-17	02:23-19	03:25-14	06:41-31	03:19-51	05:51-40	14:28-52	05:09-29	02:26-28	03:27-40	01:02-39
00:43&	01:01&	00:39&	01:00&	03:00&	01:50@	02:33&	09:59@	02:16&	01:02&	01:37&	00:28&
<b>44</b>	<b>Roti, Torunn Drage</b>			<b>IL GeoForm</b>				<b>0:54:30 + 54:30</b>	<b>114,92</b>		
01:54-28	06:12-16	08:44-19	12:08-16	18:51-23	22:10-26	28:00-29	42:23-44	47:36-44	50:02-45	53:28-44	54:30-44
01:54-28	04:18-16	02:32-28	03:24-13	06:43-32	03:19-51	05:50-39	14:23-51	05:13-30	02:26-28	03:26-39	01:02-39
00:41&	00:59&	00:48&	00:59&	03:02&	01:50@	02:32&	09:54@	02:20&	01:02&	01:36&	00:28&
<b>45</b>	<b>Skantze, Don</b>			<b>IL Tyrving</b>				<b>0:56:29 + 56:29</b>	<b>113,55</b>		
02:19-44	09:29-46	12:45-46	17:09-48	24:22-46	27:22-46	35:54-49	43:12-47	48:52-46	51:27-47	55:22-45	56:29-45
02:19-44	07:10-47	03:16-45	04:24-44	07:13-37	03:00-43	08:32-52	07:18-35	05:40-38	02:35-35	03:55-43	01:07-46
01:06&	03:51@	01:32&	01:59&	03:32&	01:31@	05:14@	02:49&	02:47&	01:11&	02:05@	00:33&
<b>46</b>	<b>Jensen, Audun Dahl</b>			<b>Oslostudentenes IK</b>				<b>0:56:48 + 56:48</b>	<b>113,34</b>		
01:51-24	07:12-33	10:03-33	13:18-27	20:30-31	22:45-29	26:56-25	33:20-22	38:17-21	41:14-24	56:00-46	56:48-46
01:51-24	05:21-36	02:51-37	03:15-9	07:12-35	02:15-24	04:11-11	06:24-22	04:57-23	02:57-42	14:46-54	00:48-13
00:38&	02:02&	01:07&	00:50&	03:31&	00:46&	00:53&	01:55&	02:04&	01:33@	12:56@	00:14&
<b>47</b>	<b>Rikheim, Harald</b>			<b>Privat</b>				<b>0:57:08 + 57:08</b>	<b>113,11</b>		
02:30-49	07:57-41	11:02-40	15:13-39	24:43-47	27:29-47	34:21-48	42:57-46	49:46-47	52:40-48	56:04-47	57:08-47
02:30-49	05:27-39	03:05-41	04:11-37	09:30-51	02:46-38	06:52-50	08:36-44	06:49-49	02:54-41	03:24-38	01:04-42
01:17@	02:08&	01:21&	01:46&	05:49@	01:17&	03:34@	04:07&	03:56@	01:30@	01:34&	00:30&
<b>48</b>	<b>Sundelin Rørvik, Gisela</b>			<b>Heming Orientering</b>				<b>0:59:11 + 59:11</b>	<b>111,69</b>		
02:15-42	08:40-43	11:38-43	16:10-45	24:49-48	28:03-48	34:19-47	43:22-48	50:40-48	54:15-49	58:04-48	59:11-48
02:15-42	06:25-43	02:58-40	04:32-48	08:39-50	03:14-49	06:16-45	09:03-46	07:18-50	03:35-46	03:49-42	01:07-46
01:02&	03:06&	01:14&	02:07&	04:58@	01:45@	02:58&	04:34@	04:25@	02:11@	01:59@	00:33&
<b>49</b>	<b>Flydal, Roar</b>			<b>Oppsal IF</b>				<b>1:04:49 +1:04:49</b>	<b>107,81</b>		
02:44-51	10:08-49	13:49-50	20:05-51	30:49-53	33:46-53	40:02-52	49:05-50	55:44-50	59:32-50	63:34-49	64:49-49
02:44-51	07:24-48	03:41-49	06:16-52	10:44-52	02:57-42	06:16-45	09:03-46	06:39-47	03:48-47	04:02-45	01:15-52
01:31@	04:05@	01:57@	03:51@	07:03@	01:28&	02:58&	04:34@	03:46@	02:24@	02:12@	00:41@
<b>50</b>	<b>Borge, Karsten</b>			<b>Brandval/Kongsvinger OK</b>				<b>1:06:27 +1:06:27</b>	<b>106,68</b>		
02:16-43	08:53-44	12:18-45	16:10-44	23:55-45	26:57-45	32:58-45	42:39-45	48:24-45	51:13-46	65:09-51	66:27-51
02:16-43	06:37-45	03:25-47	03:52-29	07:45-45	03:02-46	06:01-41	09:41-49	05:45-40	02:49-39	13:56-53	01:18-53
01:03&	03:18&	01:41&	01:27&	04:04@	01:33@	02:43&	05:12@	02:52&	01:25@	12:06@	00:44@
<b>51</b>	<b>Malm, Susannah</b>			<b>Statnett</b>				<b>1:09:13 +1:09:13</b>	<b>104,77</b>		
02:03-36	10:07-48	15:21-52	20:00-50	28:37-50	31:41-50	39:13-51	53:00-51	59:02-51	62:26-52	68:19-52	69:13-52
02:03-36	08:04-51	05:14-53	04:39-49	08:37-49	03:04-47	07:32-51	13:47-50	06:02-43	03:24-45	05:53-51	00:54-29
00:50&	04:45@	03:30@	02:14&	04:56@	01:35@	04:14@	09:18@	03:09@	02:00@	04:03@	00:20&
<b>52</b>	<b>Staurnes, Ingrid</b>			<b>Kårvåg IL</b>				<b>1:17:31 +1:17:31</b>	<b>100,00</b>		
02:34-50	10:39-52	17:30-54	21:57-52	29:41-52	33:08-52	55:20-53	62:06-52	68:22-52	73:39-53	76:37-53	77:31-53
02:34-50	08:05-52	06:51-54	04:27-45	07:44-44	03:27-53	22:12-54	06:46-29	06:16-45	05:17-50	02:58-33	00:54-29
01:21@	04:46@	05:07@	02:02&	04:03@	01:58@	18:54@	02:17&	03:23@	03:53@	01:08&	00:20&
<b>53</b>	<b>Myhr, Bjørn</b>							<b>1:41:42 +1:41:42</b>	<b>100,00</b>		
02:46-52	10:45-53	14:46-51	28:31-53	41:54-54	45:58-54	58:27-54	72:59-53	90:16-53	95:01-54	100:12-54	101:42-54
02:46-52	07:59-50	04:01-51	13:45-53	13:23-53	04:04-54	12:29-53	14:32-53	17:17-52	04:45-49	05:11-50	01:30-54

01:33@	04:40@	02:17@	11:20@	09:42@	02:35@	09:11@	10:03@	14:24@	03:21@	03:21@	00:56@
<b>DSQ</b>	<b>Sætre, Knut Bjarne</b>			<b>Bærum kommune</b>		<b>0:47:22</b>	<b>(-1 poster)</b>		<b>95,45</b>		
01:47-17	06:30-21	09:11-25	13:23-28	19:54-28	22:25-27	28:08-30	35:00-29		42:18-28	46:21-28	47:22-29
01:47-17	04:43-24	02:41-32	04:12-38	06:31-30	02:31-34	05:43-37	06:52-31			04:03-46	01:01-37
00:34&	01:24&	00:57&	01:47&	02:50&	01:02&	02:25&	02:23&			02:13@	00:27&
<b>DSQ</b>	<b>Rådahl, Tom</b>			<b>IL Tyrving</b>		<b>1:05:16</b>	<b>(-1 poster)</b>		<b>95,45</b>		
06:14-54	13:10-54	16:19-53		28:43-51	31:44-51	37:29-50	45:58-49	54:52-49	61:07-51	64:14-50	65:16-50
06:14-54	06:56-46	03:09-43			03:01-44	05:45-38	08:29-42	08:54-51	06:15-53	03:07-36	01:02-39
05:01@	03:37@	01:25&			01:32@	02:27&	04:00&	06:01@	04:51@	01:17&	00:28&
	<b>Christiansen , Lars</b>			<b>Veritas BIL</b>		<b>DELTATT</b>			<b>50,00</b>		

## Strekktider Kort

Class	Navn	Klubb	Tid	Poeng						
1	Berteig, Vidar	IL GeoForm	0:20:57 + 00:00	121,65						
	01:53-3	06:09-1	08:54-1	10:57-1	15:20-1	17:34-1	20:08-1	20:57-1		
	01:53-3	04:16-1	02:45-1	02:03-1	04:23-1	02:14-1	02:34-2	00:49-1		
	00:28&	00:00=	00:00=	00:00=	00:00=	00:00=	00:12+	00:00=		
2	Løken, Knut Anders	IL Koll	0:23:22 + 02:25	120,68						
	01:25-1	06:30-2	09:26-2	11:49-2	17:00-2	19:41-2	22:26-2	23:22-2		
	01:25-1	05:05-3	02:56-3	02:23-2	05:11-3	02:41-4	02:45-3	00:56-3		
	00:00=	00:49#	00:11+	00:20#	00:48#	00:27#	00:23#	00:07#		
3	Jacobsen, Kjetil	Hamar OK	0:26:49 + 05:52	119,31						
	02:21-8	07:35-4	10:43-4	13:40-4	19:24-3	22:05-3	25:34-3	26:49-3		
	02:21-8	05:14-4	03:08-4	02:57-5	05:44-4	02:41-4	03:29-5	01:15-6		
	00:56&	00:58#	00:23#	00:54&	01:21&	00:27#	01:07&	00:26&		
4	Clasen, Claus Frimann	Lyberg & Partnere	0:26:54 + 05:57	119,27						
	01:53-4	07:46-5	10:31-3	13:33-3	21:04-5	23:39-5	26:01-4	26:54-4		
	01:53-3	05:53-7	02:45-1	03:02-6	07:31-11	02:35-2	02:22-1	00:53-2		
	00:28&	01:37&	00:00=	00:59&	03:08&	00:21#	00:00=	00:04+		
5	Sæther, Øystein	Lillomarka OL	0:27:22 + 06:25	119,09						
	02:07-6	09:14-9	12:36-7	15:09-6	20:18-4	22:54-4	26:14-5	27:22-5		
	02:07-6	07:07-12	03:22-5	02:33-3	05:09-2	02:36-3	03:20-4	01:08-4		
	00:42&	02:51&	00:37#	00:30#	00:46#	00:22#	00:58&	00:19&		
6	Broadwell, Sharon Lynn	IL GeoForm	0:31:19 + 10:22	117,51						
	02:01-5	07:48-6	11:36-6	15:43-7	22:11-7	26:00-7	29:49-6	31:19-6		
	02:01-5	05:47-6	03:48-10	04:07-14	06:28-6	03:49-12	03:49-6	01:30-13		
	00:36&	01:31&	01:03&	02:04@	02:05&	01:35&	01:27&	00:41&		
7	Løken, Aleidis	Heming Orientering	0:31:31 + 10:34	117,43						
	02:33-10	09:46-12	13:15-12	16:37-9	23:36-9	26:20-8	30:10-7	31:31-7		
	02:33-10	07:13-13	03:29-6	03:22-7	06:59-9	02:44-6	03:50-7	01:21-10		
	01:08&	02:57&	00:44&	01:19&	02:36&	00:30#	01:28&	00:32&		

<b>8</b>	<b>Huseth, Egil</b>		<b>Kamp/Vestheim IF</b>	<b>0:32:58 + 12:01</b>	<b>116,86</b>		
02:32-9	09:00-8	13:09-11	16:31-8	23:35-8	27:10-9	31:28-8	32:58-8
02:32-9	06:28-8	04:09-14	03:22-7	07:04-10	03:35-10	04:18-10	01:30-13
01:07&	02:12&	01:24&	01:19&	02:41&	01:21&	01:56&	00:41&
<b>9</b>	<b>Sandelien, Bjørn</b>		<b>Heming Orientering</b>	<b>0:33:25 + 12:28</b>	<b>116,68</b>		
02:33-11	09:30-11	13:02-10	18:01-12	24:35-11	27:39-10	31:47-9	33:25-9
02:33-10	06:57-11	03:32-7	04:59-18	06:34-7	03:04-8	04:08-9	01:38-15
01:08&	02:41&	00:47&	02:56@	02:11&	00:50&	01:46&	00:49@
<b>10</b>	<b>Lea, Tor</b>		<b>Nydalens SK</b>	<b>0:33:37 + 12:40</b>	<b>116,60</b>		
01:45-2	06:49-3	10:49-5	13:41-5	21:57-6	24:49-6	32:17-10	33:37-10
01:45-2	05:04-2	04:00-13	02:52-4	08:16-13	02:52-7	07:28-15	01:20-9
00:20#	00:48#	01:15&	00:49&	03:53&	00:38&	05:06@	00:31&
<b>11</b>	<b>Bjørgum, Hallvard</b>		<b>Veritas BIL</b>	<b>0:33:39 + 12:42</b>	<b>116,58</b>		
02:35-12	09:16-10	12:57-9	17:34-10	24:25-10	27:40-11	32:25-11	33:39-11
02:35-12	06:41-10	03:41-9	04:37-15	06:51-8	03:15-9	04:45-11	01:14-5
01:10&	02:25&	00:56&	02:34@	02:28&	01:01&	02:23@	00:25&
<b>12</b>	<b>Tho, Kjersti</b>		<b>Stabæk IF</b>	<b>0:40:00 + 19:03</b>	<b>114,05</b>		
10:40-21	16:13-18	19:52-18	24:40-17	31:04-15	34:44-13	38:42-12	40:00-12
10:40-21	05:33-5	03:39-8	04:48-16	06:24-5	03:40-11	03:58-8	01:18-8
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<b>13</b>	<b>Fougner, Jon C.</b>		<b>Heming Orientering</b>	<b>0:42:27 + 21:30</b>	<b>113,07</b>		
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<b>14</b>	<b>Nordland, Janicke Dahl</b>		<b>Lyn Ski</b>	<b>0:45:27 + 24:30</b>	<b>111,88</b>		
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<b>15</b>	<b>Flydal, Åse</b>		<b>Oppsal IF</b>	<b>0:46:04 + 25:07</b>	<b>111,63</b>		
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<b>16</b>	<b>Solhjell, Kaare</b>		<b>Privat</b>	<b>0:48:40 + 27:43</b>	<b>110,60</b>		
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01:42@	09:21@	03:16@	01:30&	04:16&	03:32@	03:48@	00:58@
<b>17</b>	<b>Dahl, Anne</b>		<b>Nydalens SK</b>	<b>0:49:49 + 28:52</b>	<b>110,14</b>		
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<b>18</b>	<b>Bugge, Merete</b>		<b>Privat</b>	<b>0:51:11 + 30:14</b>	<b>109,59</b>		
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<b>19</b>	<b>Aagaard, Per</b>		<b>Heming Orientering</b>	<b>1:02:21 + 41:24</b>	<b>105,14</b>		
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<b>20</b>	<b>Grandum, Sigurd</b>		<b>IL GeoForm</b>		<b>1:08:10 + 47:13</b>	<b>102,82</b>
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<b>21</b>	<b>Grandum, Øyvind</b>		<b>IL GeoForm</b>		<b>1:08:15 + 47:18</b>	<b>102,79</b>
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02:57@	10:35@	05:08@	04:55@	06:47@	09:37@	06:43@ 01:16@
<b>22</b>	<b>Thronsen, Terje</b>		<b>Nittedal OL</b>		<b>1:14:00 + 53:03</b>	<b>100,49</b>
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